



Welcome to Little Life Warriors Play Therapy. Below, you will find some details about Early Childhood Intervention Support.

### **What is Early Childhood Intervention Support?**

- A play-based learning session that is tailored specifically for your child's developmental strengths, needs and interests. Most of all its learning and fun at the same time!
- Your child may be needing support in one or more areas of development, including language and literacy, fine and gross motor, cognitive, numeracy, social and emotional and self-help.
- You may be looking to ensure your child is ready for kindergarten or prep.
- Alison is an Early Childhood teacher with almost 30 years experience teaching young children and helping them reach their potential. She is also a registered play therapist.
- Alison with your input will assess your child's development and tailor a program with goals and outcomes that are individual and take a Neuro-affirming and holistic approach.
- Alison is passionate about early childhood development and learning, specifically fostering your child's self-esteem, self-confidence and developing a sense of belonging.

### **Who Are Early Childhood Intervention Support Sessions for?**

- Children aged 3-7 years of age.
- All children benefit from Early Childhood Intervention Support Sessions, and the sessions are tailored to your child's individual development.
- There is no need for a referral, and both NDIS plan and self-managed funded children and private children can access the service.

### **Early Childhood Intervention Session Details**

- Your child's Early Childhood Intervention sessions are scheduled either weekly or fortnightly, with each session lasting 45 minutes.
- A 1-hour slot is dedicated to your child's appointment to allow for smooth transitions, discussions, and packing up.
- The frequency and duration of sessions are tailored to your child's developmental stage and specific needs, which will be determined during the initial meeting.

- Maintaining consistency in appointment times is essential to provide your child with a sense of predictability and security during their playtime.
- While we aim to be punctual, occasional delays may happen; in such cases, we will extend the session to ensure your child gets the full allocated time.
- If you are running late for a session, we will end at the scheduled time unless a rescheduling arrangement has been agreed upon in advance.
- A typical session will start with greetings, check in and then play based learning activities that are tailored specifically for your child. We always end our session with a reflection on learning, your child's input to their learning and a mindfulness activity.

### **Parental Involvement - Early Childhood Intervention Sessions**

- In the beginning, we kindly ask you to stay in the waiting room for the initial few sessions and then touch base with the therapist.
- If your child is calm and settled, you can take a short stroll while keeping your phone close by for accessibility.
- If your child needs hands-on help with toileting, we request that you stay in the reception area as our therapists are unable to assist with this.
- Alison is always available by phone or email and encourages open communication about your child's sessions.
- Each week you will receive a story about your child's session, and these will be collated into a portfolio of your child's learning, telling the story of their progress and could be an amazing tool to use for transitions to school or Kindy.
- Along with your child's learning story, each week Alison will send some follow-on activities to try at home to enhance their learning.
- A comprehensive parent consultation will be scheduled after every term, or upon request.

### **Post-Session Communication with Your Child**

- Instead of asking direct questions about the playroom experience, respond positively to what your child shares.
- Encourage your child's self-expression without delving into probing questions, honoring their comfort level in discussing the session.
- When your child shows you artwork, appreciate their effort and time invested rather than concentrating on the aesthetics.
- Every creation in Intervention Support sessions is valuable, regardless of its appearance, as it represents a meaningful expression from your child.

### **Concerns about Child's Progress**

If your child is encountering difficulties at kindergarten, preschool, or school, we are here to assist you by collaborating with teachers and other professionals in your child's life. This partnership enables us to provide the very best intervention that is unique to your child. Prior to any communication, we will need your written consent to engage with the teacher and other professionals. Your comfort and comprehension are our main concerns, and we will offer feedback after these discussions.

### **Payment Process for Early Childhood Intervention Support Sessions**

Typically, an invoice is created within seven days, and you can discuss payment options with your therapist. If you are using NDIS funding, payment information will be specified in your service agreement.

### **Requesting a Progress Report**

You have the option to ask your therapist for a comprehensive report summarizing your child's Intervention Support progress, journey, and recommendations for continued support. These reports are created based on an hourly rate, and the completion timeframe will be arranged with you beforehand. For prompt delivery, kindly request reports with ample notice. In case of urgent requests, accommodations can be made depending on your therapist's schedule.

Feel free to reach out with any further queries or concerns.

Little Life Warriors Play Therapy

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