



# Why Book Tim Steinruck

Speaker | Award Winning Musician | Producer | Facilitator

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Tim Serves Universities, Colleges & High Schools. He has led corporate keynotes and has participated in songwriting conferences and award ceremonies.



*Tim's training is helping me stay accountable to myself and others, the rewards of this daily discipline have already begun to show themselves after only a few days in a row. I feel stronger, more focused, aligned and peaceful. - Sarah S.*



This is an easy and progressive solution to mental health challenges. The Transformation Day event has been designed to shift an entire organization or student body in one 12 hour event.

Your audience will develop new and powerful habits to thrive in a chaotic world. It will help recalibrate an individual's relationship with life and discover their own powerful personal empowerment. They will integrate these tools to become a master of their life. This will improve overall mental and physical well-being.

Tim Presented "The Blissiplines" to 350 faculty and staff at the University of Quindio in Colombia. The event was filmed live and featured two translators. Tim continues to present virtually to the university on a monthly basis.

On the next page you will see our Press Releases and Noteworthy Moments, The East End Boys Club is an organization created by the ownership of the Vancouver Canucks, the



Such deep gratitude for this daily routines. I won't stop. These minimal daily actions are the really BIG steps in my life. Mind is changing. Body is changing. Soul opens up. It's not hard work. It's HeartWork! - Felix K.

# Press & Noteworthy Moments

Aquilini Family



## Canada: East End Boys Club

Presented and practiced "The Blissiplines" with 60 underserved youth and their mentors. Will be presenting to the Girls Club in early 2026

[Youth Empowerment: Breakthrough Night at East End Boys Club](#)

Colombia University Of Quindio 1:

[A shout from the heart to the rhythm of Rock and Roll](#)

Colombia University Of Quindio 2:

[At UQ we move between mental and physical well-being through rock music](#)

Argentina: [The Mighty One presenta 'Kickin' Stones', una canción que invita a preservar la vida - Billboard Argentina](#)

USA: [Alt-Rocker Tim Steinruck shares the power of release with soulful single, Letting You Go](#)

USA: [The Mighty One steals the show at the 2024 ISSA Awards in Atlanta! - International Singer-Songwriters Association](#)

UK: [Steinruck & Annette Ducharme Unveil "Atmosphere" Illuminating Modern Chaos - FindYourSounds](#)





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# Press & Noteworthy Moments



"The relationship in the classrooms, between teachers and students transcends academics today more than ever. At the center of our concerns and actions should always be the well-being of students, hence the importance of having listened to Tim Steinruck today. Your experience, the ability you have to tackle momentous issues such as mental health, gives us all new elements to better address the demands, concerns, social and personal challenges of our university student population." - Luis Fernando Polania Obundo ★★★★★

**Professor and Rector, University Of Quindio in Armenia, Colombia**