Aging and Distressing Project

Character: Shaun from *Shaun of the Dead*

Shaun is a man in his thirties working in an electronics store and living with his best mate Ed in a small flat in London. After just being broken up with by his girlfriend Liz for going no where in life a Zombie wonders into his backyard signaling the coming battle. After some deliberation him and Ed decide to collect Shaun's mom and Kate and head to his favorite spot, The Winchester. Much chaos ensues as their small group of friends travel to the Winchester jumping fences and killing zombies along the way. A window ends up being broken letting the zombies in and there is a massive fight between their small group and the zombie hoard. Shaun and Liz end up escaping and being rescued by the British Army but sadly Ed had already been bitten and everyone else either killed or eaten. Shaun and Liz get back together, and he keeps Ed in his shed in the backyard where they continue to play video games despite Ed being a Zombie.

New aging and distressing technique: Blood Splatter

Making splatter with a dense bristle brush:
https://www.youtube.com/watch?v=JsGCcMA66qk&t=111s
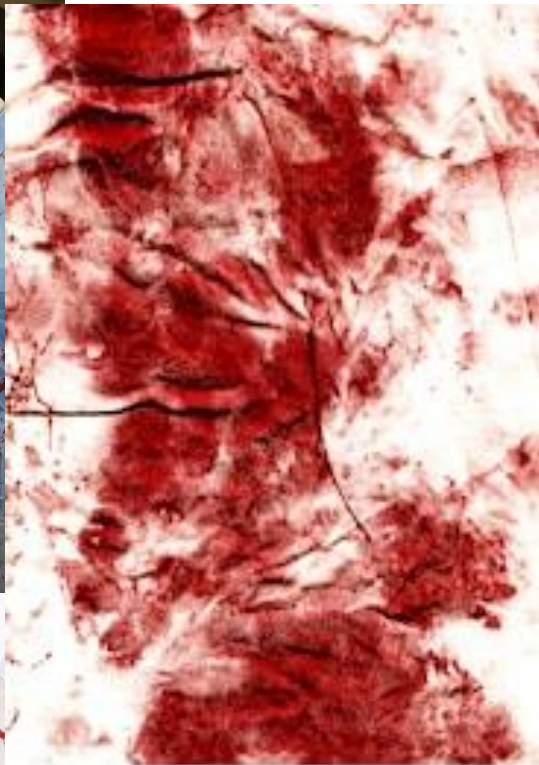
Different ways to apply fake blood:

https://www.youtube.com/watch?v=y0YAxHXVJag

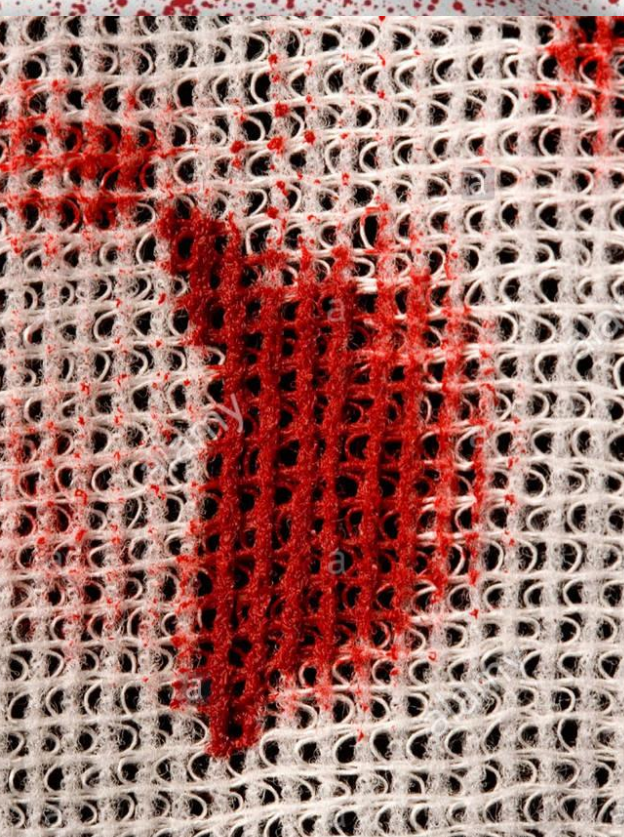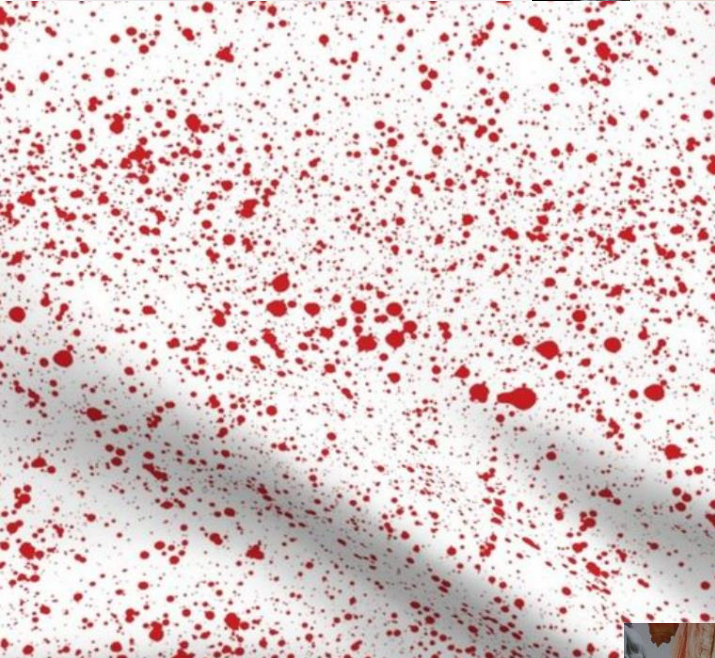**Research:**

Starting Garment: Men's Long Sleeve White Button Down 60% Cotton 40% Polyester (From Thrift Store)

Materials:

Sandpaper	Matte Medium
Wire Brush	Plastic Cups
Sewing machine and thread	Stirring Stick
Scissors	Paint Brush
Ruler	Red Acrylic Inc
Chalk Pencil	Dye-na-flow (806 Brilliant Red)
Dress Form	Landry Detergent
Plastic and trash bags	Clothesline and clips
Spray Bottles	Water
Acrylic Paint (Apple Barrel)	Iron
Textile Medium	Dense Bristle Brush

Procedure:

1. The first thing I did to my shirt was turn it into a short sleeve button down. This was done by putting on the shirt and marking where I wanted to sleeves to come to. Next, I toke off the shirt and used a straight edge and pastel pencil to make a straight line across both sleeves adding 1.5 inches to the length I wanted the finished sleeve to be. I cut the sleeve along the line. After that I folded up 1/2 inch and then again at 1 inch (a small snip had to be made to allow the inch to flip up. I stitched the hem down lining up the fold with the left side of my presser foot. The hems were then ironed to make them sharp.

2. After that I used sandpaper and a wire brush to rough up the fabric. I didn't want to make any obvious rips of tears instead going for an old shirt look by creating piles. (The sandpaper was used on the majority of the shirt, and the wire brush was used on the thicker parts such as collar and button area)
3. I mixed up the first layer of grime and dirt. I did this by adding about a tablespoon of matte medium, a tablespoon of textile medium, brown and black acrylic paint, and water. I shock up the bottle and sprayed it on a test piece (I used the bottom of the sleeves) and added paint/ water until I got a color I liked. To protect my dress form I covered it with two trash bags and toke it outside. Next, I put the shirt on the dress form and buttoned the second button. Using the spay I targeted the bottom of the shirt and sleeves as well as a little spray over the whole shirt. After that I used a small brush to paint on the acrylic ink trying to match the reference photos from the movie. Finally, this layer was left to dry.

4. Next, I mixed up more colors of paint in spray bottles in the same way as before this time making a darker tan, a green brown, and a dark brow. I sprayed these colors using more of the lighter colors and keeping the darker colors focused on the hems and collar of the shirt. Once that was done, I let the colors dry.

5. Next, I made a green color in a spray bottle following the same steps as the other colors. I also cleaned out a bottle and filled it with water. I sprayed the hems of the shirt and a little on the rest of the shirt with the green color. In order to get the color softer in a few areas I sprayed it with water to help it blend with the fabric. Once I was done, I left the shirt to dry. This was the finale layer of grime so once it was dry, I hand washed it with laundry detergent being a rough as I could be. When I was done washing it, I hung it up on a clothesline and left it to dry.
6. The first step to doing the blood splatter was mixing up a light pink color (following the same steps as the other paint) in a spray bottle. I put the shirt back on the dress form outside and sprayed it with the pink all over the shirt. Next, I mixed a red brown color adding the matte medium and textile medium in a plastic cup but did not add any water

and used the stirring stick to mix it. I dipped my dense bristle brush in the paint and ran my finger along the bristle to make splatters of pain. I focused the most of the spatter on the sides and breast area of the shirt but made sure to get splatter everywhere. I made bigger splatters by dipping my stirring stick in the paint and flinging the paint on the shirt. Using my hand, I blended some of the splatter on the right side of the shirt. I also used a paint brush to paint the blood on the inside of the collar. After that I left the paint to dry. Once I dry, I hand washed it with detergent being as rough as possible and then hung it on a clothesline to dry.

7. The next step was adding the blood drips using dye-na-flow. This was done by putting the shirt back on the dress form and them using a brush to put on the paint. I added water using the same brush to blend out the color and cause drips. I also splattered the paint by flinging it off the brush. The shirt was then left to dry on the dress form.

8. Once the shirt was dry I followed the instructions on the dye-na-flow package and ironed over the entire shirt from the inside (I ironed over the whole thing because there are small slaters over the entire shirt). After ironing I washed the shirt one final time and hung it up to dry.

Complete:

Techniques Used:

Distressing with sandpaper and wire brush (all over)

Acrylic paint dirt and grime (all over but focused on hems)

Acrylic paint blood splatter (all over)

Dye-na-flow (large spot on right breast but large spots and splatters all over)

Notes:

I was surprise how little paint washed out each time I washed the shirt. There was barley a difference before and after each was washed aside from the shirt no longer being as crunchy. I expected the shirt to come out a little more screen accurate but, in the end, I decided to exaggerate the dirt and grime. However, I was going for the shirt at the end of the movie that is not seen in good lighting so it is possible that the shirt has more dirt then the screen captures I toke while watching it. I was surprised when using the dye-na-flow because I thought it would drip a lot easier than it did. I had to use a lot of water which caused the color to be diluted. I would have liked the large drip on the front right to be darker, but I did not want to use acrylic paint because when painted on thick it has a shine. I was happy with the color I sprayed on because they do not have any shine, but thicker painted and splattered on spots do.