



24



25



182 STUDENTS
35+ EVENTS
ONE CLEAR
MISSION:
BE THE
CHANGE





100 Creative Ideas for Youth in Prevention

Catalyst is a high school club at Stevenson High School in Lincolnshire, IL. Our club has 183 members, 22 committee directors, and 18 committees with 10 members each. Each committee is responsible for completing specific projects on their committee's action plans. **Directors** build leadership among younger members by assigning them tasks and projects to complete.

Member Engagement onboards new members, trains volunteers for our events, and provides member education, guest speakers, and bonding events.

President and VP lead general meetings and director meetings, produce a bi-monthly club newsletter, attend local coalition meetings, and present at conferences. Three **sponsors** oversee all projects and handle logistics related to funding, scheduling, leader development, field trips and transportation. We partner regularly with our **local coalition, Stand Strong**, and our community.



Email: catalystsponsors@d125.org
Podcast: [Sparking Change on Spotify](#)
Social Media - Instagram, FB, Youtube
Website: shscatalyst.com

Our School Safety Dogs are on Insta!

What's Your Why? Campaign

THERE ARE SO MANY REASONS TO LIVE DRUG-FREE!

WHAT'S YOUR

WHY?

HEALTH * BELIEF * SCHOOL * GOALS * FAMILY



[podcasters.spotify.com/
pod/show/shs-catalyst](https://podcasters.spotify.com/pod/show/shs-catalyst)



Patriot Parents'
for Prevention



[shs_catalyst](#)
[shs_safety_dogs](#)



100 Creative Ideas for Youth in Prevention



Athletics - Sponsor athletic event nights "Catalyst Night of Champions", create video with drug-free message for athletes, design headbands/sportsbags for athletes, partner with Human Performance Project, locker room posters, coach teambuilding - team creed

Patriot Education - Develop/present classroom presentations for Health and Drivers Ed classes each semester, design posters for classrooms

Teacher Training - Host Lunch n Learn for teachers/coaches/staff, provide WYW t-shirts and welcome kit to new staff, create monthly newsletter for staff bathrooms "Stall Street Journal"

Sender Schools- Invite middle school students to high school for monthly meetings led by high school Catalyst students, Red Ribbon Week activities/spirit week, mural project, Legislative Luncheon (policy topics), staff "Snowflakes" for Operation Snowball events at middle schools



Special Events - Plan fun, interactive activities for SHS students with drug-free messaging prior to Homecoming, Prom, and school breaks. Ex: Dunk tank at school carnival, Jeopardy, Chalk the Walk, Rubber Duck Hunt, Red Ribbon Week Spirit Week, Catalympics

Freshman Advisory - Plan fun prevention presentations and activities for freshman advisory, What's Your Why? videos

What's Your Why? Promotion - Plan fun interactive monthly games and activities to spread prevention and WYW message before school or lunch, Ex: trivia wheel, Beanboozled game, Plinko trivia, Jeopardy, Basketball, WYW Photo Booth



Podcast - Interview leaders in the prevention community to feature on a monthly podcast



Canva / Graphic Design - Create 3 designs per year for billboard near school, design creative ads for school newsmagazine, design Sticker Shock posters, bottle tags and window clings, design ads for school scoreboards and TV monitors, create light pole banners for streetlights, design banner to hang in school pre-prom & Red Ribbon Month

Community Connections - speak at local youth groups, churches, and other community organizations, host fundraising events to fund Catalyst Courage Scholarship, participate in Illinois Prevention Network projects

Parent Outreach - Partner with local coalition to plan annual speaker event for parents, partner with local PPA to provide napkins with prevention messaging for their treat sale fundraiser, plan Healthy Transitions night for incoming freshman and parents

Policy and Legislation - Local & State - Work with local legislators to enact policy change in our local communities and state. Working on countywide flavor ban, Kratom regulation, and marijuana regulation. Lead 70 Catalyst students on Advocacy Day at State Capitol.



Research - Support the work of Policy and other Catalyst committees by creating a clearinghouse with the latest research on substances, partner with local coalition to create & present a Community Scan Report



Youth Activism - Partner with local police officers and coalition to host 3 Sticker Shock events/year, host Drug Take Back Days, distribute Detera and Narcan to community



Catalyst students created the bottle hanger and poster for Sticker Shock!