**Weight Loss jabs- patient information regarding safe prescribing**

We have been informed you may have started a weight loss medication via a private/online source. They have provided a list of conditions you should have declared to them prior to commencing the medication. This is to ensure the medication is safe for people with certain medical history/medications. The list is found below. **We do not directly communicate with third parties without our patients express consent. I would therefore be grateful if you could inform the company should any of the below apply to you.**

**If you are taking contraception**, there is ADDITIONAL information below the list as some weight loss medication interferes with certain contraception and **there is increased risk of pregnancy.**

Please inform your private prescriber if you have EVER been diagnosed with any of the following:

* Heart disease (ischaemic heart disease, previous angina or heart attack, Heart failure)
* Kidney impairment
* Diabetic retinopathy
* Pancreatitis (current or previous diagnosis)
* Gastroparesis
* Ulcerative colitis or Crohns disease
* Thyroid cancer, medullary thyroid cancer Men2
* Any current cancer, recent chemo or radiotherapy
* Diabetes controlled by other medication aside metformin.
* History of low blood sugar (hypoglycaemia)
* History of eating disorder
* Pregnancy or breast feeding
* Acromegally or any history of problems with growth hormone
* Malabsorption problems including previous gastric surgery/bypass/sleeve or balloon
* Cushings syndrome
* Gallbladder bile duct or pancreas disease

**Contraceptives:**

If you have been prescribed Tirzepatide (brand names include Mounjaro) and take the oral contraceptive (any contraceptive pill via mouth) extra precautions need to be taken for **4 WEEKS AFTER STARTING THE MEDICATION AND FOR 4 WEEKS AFTER EVERY DOSE INCREASE.** Extra precautions include changing to a non oral contraceptive such as implant/ coil, OR by using barrier methods such as condoms for the above period of time.