



**Supportive
friendly and
flexible care,
to help with your
daily living and individual needs.**






- Personal Care
- Dementia Care
- Complex Care
- 1:1, 1:2 Care
- Physical Disabilities
- Mental Health Conditions
- Promoting Independence
- Respite Services
- Live in Care
- Shopping
- Meal Preparation
- Companionship
- Medication Support
- Accompanied Outings
- Daily Activities
- Bathing & Washing
- Dressing
- Housework



Considering home care for yourself or a loved one?

Contact our friendly team today to arrange a free, no obligation appointment. We'll be glad to discuss your very individual personal circumstances.



 **0191 548 2637**
 **info@westhomecare.org**
 **www.westhomecare.org**

 **5 Defender Court
Sunderland Enterprise Park
Sunderland
Tyne & Wear, SR5 3PE**



PROFESSIONAL HOMECARE SERVICES

Quality daily care in the safety
and comfort of your own home

Tel: 0191 548 2637
www.westhomecare.org



provide a quality care service
for you and your family
24 hours a day,
7 days a week



You will feel comfortable and safe with our friendly staff who are available to assist you in your daily living within the following areas, all of which are flexible and tailored to meet your needs:

- Personal Care
- Companionship
- Overnight Care
- Meal Preparation
- Daily Activities
- Housework/Shopping



Skilled & Trained Staff

All our staff are trained to carry out a quality service. The training is continually reviewed and updated to meet the changing needs of our Service Users. This enables us to match your carer with your specific needs.

- Our management and senior staff have extensive experience in the care sector, they are approachable and able to offer advice if needed.
- All staff are trained to high standards with continuing development.
- Any changes to your existing careplan are handled with due consideration.
- We offer advice on your care budget, so you don't feel confused or overwhelmed.
- All our care services are especially tailored to fit individual needs.



Our Training Includes

- Moving & Handling
- First Aid
- Food Hygiene
- Fire Safety
- Medication
- Complex Care
- Learning Disabilities
- Dementia Care
- Autism
- Infection Control
- Challenging Behaviour
- Health and Safety

Why Choose Westhome

- Personalised Care
- Excellent Standards
- Cheery Visits
- Allocated Care Assistant
- Family Contact
- Confidentiality



Our Areas of Care & Support

- All ages and disabilities
- Assistance with washing, Bathing
- Dressing • Ironing • Laundry (inc. Bed changing)
- Medication • Shopping, which includes accompaniment if requested
- Family Support • Overnight Care
- 24 Hour Care • Social Inclusion
- Escort to Day Centres
- Clubs • Hospital/Personal Appointments etc.
- Companionship within the home.
- Nutritional Care • Meal preparation
- Assistance with nutrition advice