

SOURDOUGH SCHEDULE

THE NIGHT BEFORE

TIME

TO DO

MAKE LEVAIN

MORNING

TIME

TO DO

MAKE DOUGH

MIX IN SALT

AFTERNOON

TIME

TO DO

STRETCH & FOLD #1

STRETCH & FOLD #2

STRETCH & FOLD #3

STRETCH & FOLD #4

EVENING

TIME

TO DO

TIME

TO DO

PRE-SHAPE

SHAPE

FOLLOWING DAY

TIME

TO DO

BAKE!

SOURDOUGH SCHEDULE

THE NIGHT BEFORE

TIME

TO DO

FEED STARTER

MORNING

TIME

TO DO

MAKE DOUGH

MIX IN SALT

AFTERNOON

TIME

TO DO

STRETCH & FOLD #1

STRETCH & FOLD #2

STRETCH & FOLD #3

STRETCH & FOLD #4

EVENING

TIME

TO DO

TIME

TO DO

PRE-SHAPE

SHAPE

FOLLOWING DAY

TIME

TO DO

BAKE!
