

CYCLING WITHOUT AGE LITTLETON



Special Events June & July 2024

July 10th - Meet the Rose & Water Gardeners



Hudson Gardens (Depart from RiverPointe)



Depart RiverPointe at 9:30 am, return at approximately 11:30 am

- We will visit with the Denver Rose Society to learn about the varieties of roses growing at Hudson Gardens.
- We will then pay a visit to the Water Gardeners.
- **Limited to 6 Trishaw passengers**



June 18th & July 16th - Third Tuesday Art Ride



Hudson Gardens (Depart from RiverPointe)



Depart RiverPointe at 10:00 am,
return at approximately 12:00 pm

- Did you know there are 21 sculptures in Hudson Gardens? We will stop, view, and discuss some of these interesting pieces of art.
- **Limited to 8 Trishaw passengers**



June 22nd & July 20th - Sound Bath with Judy Thurman



Hudson Gardens (Depart from RiverPointe)



Depart RiverPointe at 9:30 am / Sound Bath 10:00 am - 11:00 am / Return at approximately 11:30 am

- Enjoy the therapeutic sounds of singing bowls, gongs, and chimes.
- Participants may lie on a mat, sit in a folding chair, or remain in a trishaw. Bring pillows & blankets if you like.
- There is a \$20 fee for this event. CWAL will handle payment and registration for all participants, who may then reimburse CWAL the \$20.
June 22nd event is sold out with a waiting list - July 20th is open.



Register for either event with our CWAL Scheduler, Jinny.

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