



CYCLING WITHOUT AGE

MARC RINEHART IS MAKING A DIFFERENCE

By Kathleen Hanvey, Resident Editor and Writer

Willow Spring resident Marc Rinehart is making a difference in our community through Cycling Without Age (CWA), providing bike riding experiences to the elderly and those less able, allowing them to feel "the wind in their hair" on a custom-built trishaw.

Marc began piloting in June after seeing his first trishaw bike on the Platte River Trail. "The passengers and pilot were having a great time. After researching the CWA program, I was so impressed and I quickly contacted CWA Littleton," says Marc.

Marc's first passengers were a 90- and 86-year-old couple who were thrilled to get out for a ride, share stories, and wave at all the fellow bikers on the trail. He was immediately hooked and has since piloted an average of five rides per month. Marc says, "I pilot the trishaw and give my passengers a smooth biking experi-

ence along the Platte River Trail. This section of the trail is rich in history and beauty with lakes, Hudson Gardens, Carson Nature Center, Chatfield Dam, and a monument to the flood of 1965."

Marc was drawn to CWA by Barb Lotze of Visiting Angels/CWA Littleton who explains, "Giving seniors and the community this opportunity when they can no longer ride a bike is very appealing and inspiring to me. I think our world would be a much better place if every day we were intentional about making one person's day better."

Marc and his wife Peg moved to Willow Springs in 2004 and couldn't be happier here. "After a flying career of 22 years in the Air Force and 15 years with American Airlines, we were ready to get established in a community close to our kids that offered an active lifestyle. Red Rocks Country Club and the Willow Springs area continue to be the best decision of our lives. It checks all the boxes - golf, mountain and road biking, pickleball, and a special neighborhood and community of friends," Marc explains.

Through CWA, Marc is able to give back to the community and stay actively involved. He loves meeting new people and finds talking with seniors, learning about their lives, and sharing sto-

An anonymous donor recently pledged \$5,000 towards a second trishaw bike for our Cycling Without Age Littleton chapter! Turns out this donor is a big fan themselves of the rides and wanted to help make it a possibility for more people to enjoy since it's bringing joy to so many! In total, we need to raise \$12,000! That will purchase the second bike, as well as cover the cost to fix our current one! Our goal is to have the additional \$7,000 raised by October 1st! Donations can be made at CWALittleton.com



Marc Finnhart's first passengers – Ahmed and Angela

rides very rewarding. "This is perfect because I can plan the bike ride around each passenger's needs and desires," he explains.

CWA Littleton was created by Barb Lotze, director of business development at Visiting Angels, and a few founding members. They have one trishaw bike that is housed at River Pointe Senior Community of Littleton. There are more than 2,200 CWA chapters worldwide, with over 33,000 pilots, ensuring that the elderly get out on the bikes to enjoy the fresh air and the community around them.

To learn more about Cycling Without Age, visit their website at cyclingwithoutage.com. If you are interested in a trishaw ride for you or an elderly loved one, or in volunteering to be a pilot, contact Barb Lotze at (720) 981-0904 or blotze@visitingangels.com.

While CWA rides are free, tax deductible donations are accepted and appreciated at the CWA Littleton website: cwalittleton.com.



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