THUNDER VOLLEYBALL CLUB Code of Ethics Player / Parent Contract Club Rules and Policies

I will be at practice and tournaments on time at the time determined by my coach or the club.

On time means I will have my VB gear on, water bottle and personal needs taken care of before the start of practice.

I will wear appropriate clothing. My shirt will be tucked into my shorts and I will look presentable at practice and tournaments. I will wear the uniform and VB gear that is presented to me as my uniform for the tournaments.

No jewelry of any kind, rings, earrings, necklaces, watches, none, period.....

Long hair must be pulled back with appropriate head bands. No bobby pins or any kind of metal or plastic hair clips. No hair or head wraps.

No tank tops, sleeveless t-shirts, slit or cut out sides on t-shirts. If your sports bra can be seen you need to change your shirt. Preferably wear t-shirts or old jerseys.

Absolutely NOTHING with any volleyball club logo other than Thunder VBS (school logo is okay). In short, if you cannot wear it in a game, you cannot wear it to practice.

My bag and personal effects will be neatly lined up with the rest of my teams gear at the designated location by the start of practice or tournament.

I will develop a work ethic that will produce success on the court.

I will overcome the urge to complain, think negatively, backstab, take part in cliques, act selfishly, or engage in any other behavior that disrupts team chemistry.

I will treat all members of the club, players, coaches, and parent with respect. When a coach, instructor or director is speaking I will not bounce a ball, make side conversation or show any signs of disrespect.

I will be accountable for all team requirements and operate with a high level of respect for what this program has provided me as in completing drills as instructed; being dependable, being on time, picking up after myself and/or being prepared for practice. I will do this with a sense of pride.

I will run to shag balls during all drills. I will shag all balls up before a water break. I will learn to be aware of the effects of my mood swings on my teammates and coaches, and learn to keep these swings under control.

Code of Ethics Contract / Rules and Policies (cont.)

Players and parents: Please do not text Thunder VBC. We do not text. You will not get a reply.

As per the rules, no directors, coaches or any Thunder VBC staff members can transport a player to or from practice or a tournament.

I will support the decisions of the coaches regarding playing time. I will support my teammates when I am not in the game.

I will contact the club or my coach if I cannot attend practice as soon as I possibly can.

I will contact the club and my coach via email if I cannot attend a tournament. This will be done at least (2) weeks prior to the day of the tournament, unless prohibited by an emergency situation.

I will provide a legitimate excuse as to why a practice or tournament is missed. Frequent missing of practices will result in reduced playing time at tournaments. In short, if you cannot practice you cannot play. Each practice session is vitally important to the development of every player so they do not miss individual or team instruction.

There will be NO cell phone (this includes text messaging and Snapchat) at practice or tournaments. When a player walks into the gym from the car they will turn their cell phones off. They may turn them on when the tournament or practice is over on the way back to the car. Although each and every one of our players are special, we are relatively sure that the president or anyone of his status will not be contacting any of our players with a matter of national security. Should there be a situation that requires a player to have a phone turned on, the player's parents will have to let the club director and coach know the details of the situation in advance.

Under no circumstances will there be any refunds. Your money is spent before you pay Thunder VBC. Every financial entity within the club is added up and then divided by the total number of players we have. Once this is done there is no turning back as we would then have to go to each parent and request additional funds to cover the cost of the player dropping out.

Although we will try, we generally do not perform miracles here at Thunder VBC. We only have your children for (2) hours a week. We have what we feel is the very best coaching staff assembled, however again we only have (2) hours. We run closed practices so that we may have your child's undivided attention. Parents are welcome to stay in the hallway during practice. Perhaps bring a book, laptop, coffee, (etc.), meeting one another is nice, it's a long season. Practices will be open to the parents the last 15 minutes. We will occasionally run open practices so that parents can see what we are doing. (Don't worry. We are not beating them with sticks.) When we switch to mid-week practices around the beginning of March, all practices will be open to the parents. If we have not

gotten the player undivided attention by then well......you get our point. Players must be at practice, do what they're told, remain coachable and with parents support this will produce an improved player.

Although we will try to give equal playing time to each athlete, we cannot guarantee equal playing time for any player on any team at any tournament. Playing time for the athlete is determined by numerous factors including attendance, attitude, effort, performance, and what the team needs are on the court at that time. This is left solely up to the discretion of the coach. Code of Ethics Contract / Rules and Policies (cont.)

We will try (no guarantees) to assemble teams to help out with travel and other players and parent arraignments, particularly for the 14 and younger ages. If you should have any of these need please bring them to our attention when you are notified that you have made the club.

However, selections of teams are done first by following the guidelines set up by the OVR and then by the needs of the teams and the club. Players can be moved from team to team during the course of the season. This will be determined by the staff of the club as to the needs of the teams and club.

There will be no conversation with the coach on tournament day concerning any matters pertaining to the athlete's participation or coaching decisions. Cordial conversation, "Can I help you with anything", "Nice weather", "How about those Indians?" etc., is acceptable. Parents please remember our coaches are doing this for the love of the players and the game. Although they are paid, we are quite sure that none of them will be able to quit their day jobs for the monetary gains provided form coaching club ball.

Should your team lose in a tournament ALL players will stay to officiate unless an emergency situation should arrive. Should a player leave unexcused they will not play in the next tournament. We come as a team, we leave as a team.

If a player cannot attend a tournament for the duration of the whole tournament they will be replaced by a player from another team that can play the whole tournament, if possible. It is not fair to ask a player to fill in for a player and they only get to play half of the tournament. Should the two players agree to split playing time, than that would be acceptable.

Friends or boyfriend of the players are allowed to attend the tournaments. Should either one become a problem they will not be allowed to attend future tournaments. Parents, this is a bit of a touchy subject. We know you all know what we are talking about, so we would ask you to get our point across to your children. We Thank You.

The athlete and her parent/guardian agree to pay all appropriate fees associated with participation with THUNDER VOLLEYBALL CLUB and to participate only with (TVBC) for the 2025 / 2026 season. Again there will be no refunds. If you do

not pay you do not receive a uniform and you do not play. There will be a \$60.00 charge for any NSF checks.

Parents, please remember this club is not just about you and your child, but it is about every young player in the club including yours. It has been our experience that we have never had any bad players, just some shall we say...uncooperative parents. Please do not be one of them.

Parents, please refrain from negative comments around your child and the other athletes and parents. Young players are vulnerable, and exposure to complaining and negative comments about the coach, their coaching style or Thunder VBC policies can have an adverse effect on their performance and/or attitude. The parent sitting next to you is at the tournament to enjoy watching their child play, not hear you complain. So please do not bother them with your problems as there is nothing they can do to help you anyhow. Also, parents please watch what you say and where you say it. You just never know whose parents, grandparents, aunts, uncles, brothers, sisters, friends, cats or dogs, etc. might be next to you. You just never know................................ If you, as a parent, are unhappy about something, you should follow the grievance procedure to resolve the issue. Failure to do so may be the sole determination of the club to have a member removed from the club.

Code of Ethics Contract / Rules and Policies (cont.)

Under NO circumstances will there be any physical contact or fighting between the players or parents with one another, with anyone form another club, any tournament officials or with any of the staff of Thunder VBC. Should this occur you will be immediately removed from the facility and you will be immediately excused from the club.

Penalties for Rule Violations

Unless noted otherwise previously above: Players:

1st Offense 2nd Offense 3rd Offense

Written, verbal warning or meeting Player will sit next tournament Player will be dismissed from club

Unless noted otherwise previously above: Parents:

1st Offense 2nd Offense 3rd Offense

Written, verbal warning or meeting

Parent(s) cannot attend next tournament or practice Parent(s) cannot attend any more tournaments or practices

Grievance Procedures

Players and parents and/or guardians will not communicate nor confront any other player, parent, coach, official or any member including the directors of Thunder VBC or any other club in a negative manner. It is inappropriate for an athlete or parent to approach other Thunder VBC members about a concern that

the parent or the athlete is having with a Thunder VBC policy.

Any concerns of grievances that a player or parent may have with a coaching or a Thunder VBC decision must be handled in the following manner: ALL issues will be emailed to Thunder VBC at thundervbc@zoominternet.net . The staff will handle these issues in a timely manner and will respond via email or phone call. If deemed necessary, a meeting with the involved parties will be set up.

Any concerns can be emailed to Thunder VBC twenty-four (24) hours after the completion of the tournament or practice.

Violation of Grievance Procedures may result in the athlete being dismissed from Thunder Volleyball Club without a refund.

MANDATORY PARENTS MEETING

There will be a parents meeting this year 12/3/23 at 1:00PM at AMS. The meeting should last about an hour. The staff will be in attendance to go over club rules and policies. There will be a question and answer session after should you still have any questions. A parent or guardian must attend the meeting if your child is going to play.

Notes to Parents:

The club will make hundreds of calls throughout the year to the players and parents alone. As a parent if we call you and leave a message, please call us back. As not to sound rude, we enjoy conversing with you but there are times when we are not calling to chit chat. We are calling concerning something that we need to speak to you about and then move on to the next family to call. Should we miss your returned call please leave us a message and we will call you back ASAP. In short we understand that everybody's time is limited but we do need you as a parent to make yourself available to the club as most of your children are minor and by the rules we must speak to you concerning most matters. When emailing the club or returning a phone call with a voicemail concerning anything, please include your child's name so we know who we are dealing with. It will take us a bit of time to get to know everyone's name, we will however do our best.

Also any payments made by check, if you would be so kind as to write the players name on the check please. We would like to thank you in advance for your understanding of all aforementioned subjects.

Athlete's Bill of Right / Club Commitment

By signing this contact the player and parent or guardian acknowledges that they have read and understand the THUNDER VOLLEYBALL CLUB code of ethics – players/parents contract and the Ohio Valley Region Athletes Bill of Rights. You will be contacted via a phone call by Wednesday of this week that you have (1) made the club, (2) not made the club, or (3) you will be put on a waiting list. If you are selected to play with TVBC you will need to bring the following 4 items: your

deposit, the last page of this contract signed by player and parent/guardian (unless the player is 18 years of age), and an OVR / SportEngine completed membership card which you can get via your email once you have completed your club membership and a signed copy of the Lindsay's Law acknowledging that you have watched the video. The athlete and her parents are then bound to the clubs contract and policies for the 2025 / 2026 season.

Completion of Club Membership

NOTE: Please be patient with the following. The system, SportsEngine that you used to register with the league can be shall we say challenging at times. If you have trouble with it please contact THUNDER VBC via email and we will get back to you ASAP to help you or refer you to someone that can.

After tryouts and you have made your decision to play for THUNDER VOLLEYBALL CLUB you and the club will need to do the following.

(1) You will receive a club assignment from THUNDER VOLLEYBALL CLUB to join the club. (2) You must accept this assignment from THUNDER VOLLEYBALL CLUB to proceed.

NOTE: If the individual does not already have a membership purchased, they will be directed to purchase a full membership before the association is complete. This will complete the process which will now make you a member of THUNDER VOLLEYBALL CLUB for the 2025 / 2026 season.

PLEASE FILL OUT AND RETURN THUNDER VOLLEYBALL CLUB Code of Ethics Player / Parent Contract

I have read in full the Thunder VBC Code of Ethics Player / Parent Contract and the Ohio Valley Region Athletes Bill of Rights. I understand and accept the terms of the contract for the 2025/ 2026 season.

_ Print Players Name	
_ Signed Players Name	
_ Print Parent/Guardian's Name	
_Signed Parent/Guardian's Name	
_ Street Address	
_ City, State Zip Code	
_ Date	

THUNDER VOLLEYBALL CLUB

www.thundervolleyballclub.net (330) 717-6721 thundervbc@zoominternet.net (If instructed to; mail this page to the following address) THUNDER VBC P.O. BOX 4502
YOUNGSTOWN, OH 44515