



Professional Independence Statement

Last updated: **Friday 13th March 2026**

Sentinel First Aid & Medical Advisory operates as an independent consultancy providing professional advice relating to first aid provision, event medical planning, compliance, and governance.

Our role is to provide organisations with clear, impartial, and defensible advice to support responsible decision-making and compliance with relevant legislation and recognised industry guidance.

Independent Advisory Role

Sentinel provides consultancy services including:

- Event medical needs assessments
- Workplace first aid needs assessments
- Medical planning documentation
- Governance and compliance reviews
- Independent audits of existing arrangements
- Advisory support to organisations and event organisers

Our work focuses on risk assessment, planning, and governance rather than operational delivery.

No Operational Medical Services

Sentinel does not provide operational medical cover, ambulance services, clinical treatment, or first aid training.

This separation ensures that our advice remains focused solely on:

- compliance
- safety
- governance
- risk management

without commercial influence relating to operational services.

Impartial Recommendations

Sentinel does not routinely promote, endorse, or recommend specific medical providers, training organisations, or equipment suppliers.

Where recommendations are requested as part of a consultancy project, these will be based on objective criteria such as:

- competence
- compliance with recognised guidance
- suitability for the environment
- demonstrable capability

Recommendations are provided solely to support informed decision-making.

Professional Standards

Sentinel aims to ensure that advice and consultancy work is informed by relevant legislation and recognised guidance, including where appropriate:

- The Health and Safety (First Aid) Regulations 1981
- The Purple Guide to Health, Safety and Welfare at Music and Other Events
- Resuscitation Council UK guidance
- Health and Safety Executive (HSE) guidance
- other recognised professional standards

Our objective is to help organisations develop arrangements that are proportionate, appropriate, and defensible.