

First Nations Agricultural Association News Letter



Welcome to First Nations Agriculture Association's Newsletter by Geri Collins

Discussions around the need for a First Nations Agriculture Association (FNAA) have been ongoing since 2018. With the realization that Indigenous People in BC have a lot of unused land; there are many opportunities to make use of it. We spent some time having Agricultural Conferences and invited many different speakers and people from around the province to attend. Our last conference was in 2019 and resulted in the formation of the First Nations Agriculture Association of BC at the end of the Conference. I was fortunate to be voted one of 3 Board of Directors, also including Harold Aljam, and Lorna Shuter. We registered the Society and decided that we would work with Trevor Kempthorne to get started. We also entered into discussion with other First Nations Agricultural initiatives in Canada.

FNAA is working with the

Federal Government through the Minister of Agriculture and Agri Food for the purpose of facilitating and developing sustainable economic activity in the agriculture and agri-food sector. Working on sustainable economic activity is beneficial for First Nations communities, producers, and agribusiness by providing agriculture extension services and addressing known barriers to participation and success. Canada's First Nation Agriculture has agreed to support our agricultural activity through a contract with the Indian Agricultural Association of Ontario (IAPO) who has entered subcontracts with Aboriginal Agricultural Capital Corporations in Saskatchewan, Alberta, and ourselves in BC. We will be seeking help and input from our Indigenous People and Communities to explore and implement Agricultural related activities and initiatives throughout BC. We have full time staff in place and

will welcome your input and support, please contact Casey Barron at collin-scasey60@gmail.com or Trevor Kempthorne at trevor@fnaabc.com for information or to provide feedback.

We have a great land base here in BC and we are not utilizing it, this is a wonderful opportunity to change that. Since retiring my husband and I have some cattle that augments our annual income and helps to ensure that we have enough funds to support ourselves. As an association, we have some ideas that will help you to get started in something that can supplement financially. First Nations Agriculture Association can assist in any agricultural activities you may be interested in such as; greenhouses, gardens, 4H clubs for our youth, orchards, forage crops, livestock enterprises, bee keeping and food processing. Please let us know what your interests are.

Indigenous Food Security article from CAHRC

In March 2020 the Canadian Agriculture Human Resource Council of Canada had arranged for a meeting of Indigenous agriculture stakeholders from across the country to meet in Winnipeg unfortunately Covid 19 forced the cancellation of the meeting. So instead 3 Zoom

meetings were held in different regions of the country, all were facilitated by Beverly O'Neil. Beverly also distributed a survey for all the stakeholders to answer, this was the foundation for the discussions. Some of the areas of interest included: finance, horticulture, apiary

crop science, and animal husbandry. Other areas that were discussed were management and labor challenges as well as marketing. To read the entire report you can go to our website at <https://fnaabc.com>. You can see the results from the survey too.

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First Nations

Newsletter Date

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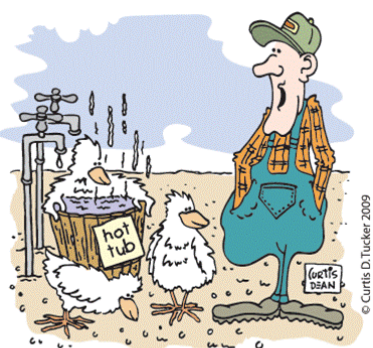
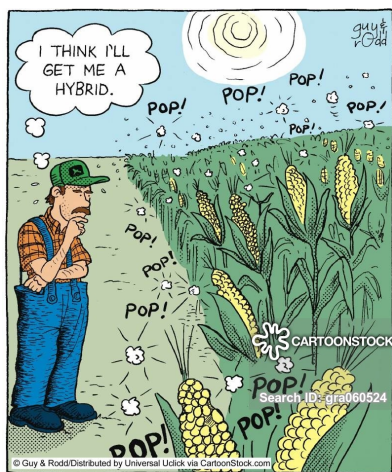
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- *First Nations and Indigenous people history in agriculture and agri-foods has existed long before Canada was confederated.*

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Fraser Valley Auctions (1983) Ltd.

Saturday October 3, 2020



"Okay, which one of you has been laying the hard boiled eggs?"

Item Description	Weight (lbs)	Price per Head
Pigs:		
Weaners		\$60.00
Feeders		None
Hogs		\$130.00-\$180.00
Sows		\$190.00-\$230.00
Boars		None
Goats:		
Nannies		\$190.00 - \$280.00
Billies or Wethers		\$160.00 - \$520.00
Kids		\$40.00 - \$130.00
Doe / Kid Pairs		\$470.00
Sheep:		
Lambs		\$85.00-\$280.00
Rams		\$200.00 - \$380.00
Ewes		\$100.00 - \$250.00
Ewe / Lamb Pairs		None

Garden fresh Vegetable Beef Soup

Ingredients

3 tablespoons of vegetable oil
2 tablespoons of all-purpose flour

1.5 pounds beef stew meat, trimmed
1 (32 ounce) carton beef stock
4 cups hot water
1 (15 ounce) can tomato sauce
1 (14.5 ounce) can stewed tomatoes

1.5 cups of corn kernels

1 cup chopped celery

1 yellow onion, diced

1/2 cup sweet peas

4 teaspoons beef bouillon granules

3 tablespoons dried parsley

2 bay leaves

1 teaspoon thyme

1/2 teaspoon chili powder

1/2 teaspoon ground black pepper

Instructions

1) Heat vegetable oil in a large stockpot over medium heat.

2) Put flour into a wide, shallow dish. Dredge beef chunks in flour to coat.

3) Cook beef in hot oil completely browned, 3 to 5 minutes. Add beef stock, hot water, vegetables, tomato sauce, beef bouillon granules, and spices to stockpot; stir, place a cover on the stockpot, and reduce heat to medium low. Simmer for 4-6 hours

4-H British Columbia

What is 4-H British Columbia?

4-H BC is an organization dedicated to helping young people reach their full potential. The purpose of the 4-H program is to prepare youth, from ages 6 to 21, for their future as adult citizens. 4-H provides members with real life skills such as public speaking, record keeping and critical thinking skills.

Members belong to a club, enroll in projects and learn from the guidance of volunteer leaders. By participating in a variety of activities youth gain mastery in leadership, develop citizenship, and confidence. Members complete project work, participate in public speaking, keep a detailed record of their projects and 4-H year, learn critical thinking skills through judging, and can explore many varied travel opportunities.

The philosophy of 4-H: Learn

To Do By Doing and the 4-H's stands for: Head, Heart, Hands, Health

The 4-H pledge describes the significance of the four H's:

I pledge: My HEAD to clearer thinking, HEART to greater loyalty, HANDS to larger service, My HEALTH to better living, For my Club, my Community and my Country, and my World.

Having a club in a community allows the youth to learn the importance of agriculture, enjoy fun projects, experience teamwork, gain knowledge about projects, develop confidence, participate in decision making, and grow their leadership abilities.

Members can discover and pursue educational goals through their 4-H experiences as well as attain Grade 11 and 12 course credits or explore scholarship opportunities available only to 4-H Members

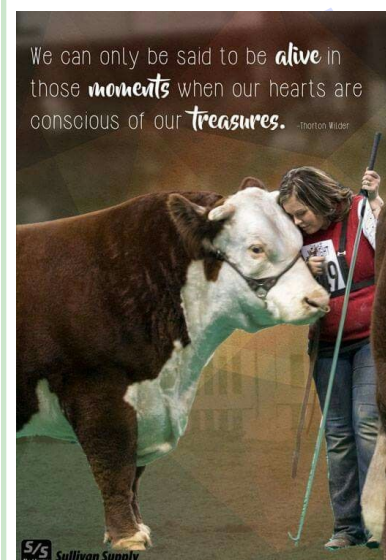
4-H projects fall under the four pillars of 4-H: Community Engagement & Communications, Science & Technology, Environment & Healthy Living, Sustainable Agriculture & Food Security.

4-H BC partners with the Ministry of Agriculture and their Youth Development Staff and together with 4-H BC, are working hard to bring 4-H to communities around the province. The program is very flexible and there is something for every youth and their community.

For more information contact BC 4-H at: Toll Free: 1-866-776-0373, Phone: 250-545-0336 or Email: mail@bc4h.bc.ca

Here is a link to an introductory video.

<https://www.youtube.com/watch?v=bV584A-qr0w>



I pledge: My HEAD to clearer thinking, HEART to greater loyalty, HANDS to larger service, My HEALTH to better living, For my Club, my Community and my Country, and my World.

Why Develop a Succession Plan and Who should be involved

Succession planning is not just about the future of your farm or ranch; it's a benchmark to your agricultural legacy and to protect the heirs who will inherit it.

Because of its complicated nature, succession planning is not a DIY process. Instead, it's essential to have a team of resources who can advise you on best practices and put all of the paperwork in place to ensure a smooth transition.

Your succession planning team should include these people:

Current partners:

The stakeholders in the current operation need to be involved in all of the decisions relating to the future of the farm or ranch. Be sure to include your spouse, siblings and business partners who have financial interests in the operation.

Heirs:

Your heirs are an essential part of the succession planning team. Leaving heirs out of the process could mean

making errors about who wants to take over the business and failing to incorporate their vision for how it will operate after you retire.

Accountant:

Different succession strategies have different financial and tax implications. An accountant familiar with farm and ranch businesses and succession planning can offer valuable advice about the best way to handle the transaction. cont'd page3

Succession planning is not just about the future of your farm or ranch; it's a benchmark to your agricultural legacy



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WE'RE ON THE WEB
WWW.FNAABC.COM



Market Report For: Williams Lake - Thursday, September 24, 2020.

Upcoming Bred cow sales :

**Williams Lake November 04,
Vanderhoof 10am start November 13,
OK Falls November 23,
Kamloops November 27.**

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Lawyer:

In addition to drawing up the necessary paperwork to transfer ownership, a lawyer can provide invaluable advice about the legal implications of various succession strategies. Succession is also an excellent time to update (or create) your estate planning documents.

Insurance agent:

You'll need advice about how different kinds of insurance, in-

cluding life and disability policies, will factor into the overall succession plan.

Lender:

Succession is a financial transaction, and your lender can explain the financing options as well as the funds that are needed to transfer ownership of the land and/or equipment.

Market Report

BC Livestock Association provides livestock market, auction and sales information to ranchers and other industries. Our auctions, equipment sales and weekly updated market information reports supply the livestock industry with all the information it needs to run smoothly in British Columbia.

Steers

Weight	High	Average
300-399lb	267.50	252.43
400-499lb	246.00	226.11
500-599lb	230.00	218.90
600-699lb	225.00	208.02
700-799lb	193.00	193.00
800-899lb	188.00	170.91
900lb+	146.00	146.00
Butcher Bulls:	103.99	
D1/D2 Cows	77.24	

Heifers

Weight	High	Average
300-399lb	235.00	185.38
400-499lb	215.00	200.42
500-599lb	211.00	190.65
600-699lb	178.00	174.44
700-799lb	163.00	163.00
800-899lb	165.00	165.00
900lb+	103.00	103.00
Bred Cows/Heifers	N/A	
Cow Calf pairs	N/A	

