

Emergency Procedures

Situation	What can you do to prevent this happening?	What will you do if it does happen?
1. Your team gets off route and does not know where it is.		
2. Following heavy rain a stream on your path which can be crossed easily at most times is now a raging torrent.		
3. You arrive at the camp-site and unpack your tent to find that you have left the tent poles behind.		
4. One member of your team twists an ankle and is unable to continue.		
5. As you are setting out on the second day of your walk you feel the first signs of a blister forming.		
6. You realise that you are well behind time and will be overdue at your next check-point.		
7. Following a night of heavy rain everything, tents, clothes etc., is soaking.		

Use the space below to insert some situations of your own – be imaginative!
