



MIKE'S TOP TIPS!



Top Tips for Running Fun & Safe Tennis Camps

Guidance for all We Do Tennis coaches.

At We Do Tennis, we believe camps should be the perfect balance of fun, energy, structure, and safety. Follow these top tips to ensure every camp day is a success—for players, parents, and coaches alike.

1. Know Your Players

Preparation starts before the camp begins. Make sure you have all participant details ahead of time, including attendance numbers, medical needs, and emergency contacts. Plan sessions that cater to the group and ensure both players and coaches have a successful day.

2. Arrive Early & Be Ready

Camps should feel professional from the moment families arrive. Set up in advance, have a clear sign-in system, and greet parents with confidence. Get players involved straight away with an engaging warm-up led by your assistant or co-coach.

3. Structure the Day

Remember, this is more than childcare—it's about delivering tennis! A well-planned schedule keeps players focused and engaged. Here's a sample full-day structure:

9-10am: Warm-up games (body, racket, and ball)

10-11am: Tennis lesson (as per your regular programme)

11-12pm: Fun games reinforcing the lesson

12-12:30pm: Lunch

12:30-1pm: Gentle post-lunch warm-ups

1-2:45pm: Competition time (e.g. splat tennis or full-ball matches)

For half-day camps, adapt the structure but always have a clear plan.

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4. Manage Breaks & Meals Safely

You're responsible for players all day. Offer regular toilet breaks as a group. At meal times, ensure only food provided by parents is eaten—no sharing. Create a relaxed, respectful space for everyone during breaks.

5. Be Aware of Your Environment

Always know who else is around the club and especially the clubhouse. Promote respect for other users and the facility. Encourage players to clean up after themselves.

6. Finish on a High

End the day with energy. Celebrate the players' efforts, highlight any standout moments, and give parents a quick recap. For any incidents, use the reporting link in the WDT WhatsApp group header.

7. Promote Regular Sessions

Camps often attract new faces—don't forget to invite them back! Let parents know about our regular coaching sessions to help players continue their tennis journey.

8. Lead with Confidence

Be the leader your players need. Camps are a valuable part of what we do—stay alert, stay positive, and keep safeguarding and fun at the heart of every day.

Let's deliver safe, structured, and unforgettable experiences.

Thanks for all you do!

— Mike