

ACTIVE+

A PROGRAMME THAT CREATES OPPORTUNITIES FOR PEOPLE WITH LONG-TERM ILLNESSES TO ENJOY LIGHT AND SOCIAL EXERCISE. IMPROVING HEALTH BENEFITS AND PREVENTING ISOLATION



WATCH THE VIDEO



TENNIS4ALL

OUR TENNIS PROGRAMME THAT ENABLES DIVERSE PARTICIPATION ACROSS A SPECTRUM OF IMPAIRMENTS. IMPROVING THE INCLUSIVITY OF TENNIS PROGRAMMES ACROSS THE COUNTRY



HEARING IMPAIRED



LONG TERM ILLNESS



VISUALLY IMPAIRED



MENTAL HEALTH



LEARNING DISABILITY



PHYSICALLY IMPAIRED



U-TURN

CHANGING COURSE FOR PEOPLE ON NEGATIVE PATHWAYS, USHERING THEM TOWARDS AND BRIGHTER, MORE SUCCESSFUL FUTURE IN HIGHER EDUCATION, APPRENTICESHIPS AND WORK PLACEMENTS



GET INVOLVED WITH REBOUND

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ENRICHMENT

DRIVING CHANGE AND DIVERSITY IN OUR WORKFORCE. IDENTIFYING PEOPLE WITH POTENTIAL AND SUPPORTING THEM ON A PATHWAY TO A SUCCESSFUL COACHING CAREER

