FAMILIES IN TRANSITION



YOUR FAMILY MEMBER JUST TOLD YOU THEY'RE TRANS. NOW WHAT?

Has a young person, parent, or sibling in your life recently told you that they are Two-Spirit, trans, nonbinary, gender exploring?

WE'RE HERE TO HELP

Families in TRANSition (**FIT**) is a 3 Part Workshop Series held in Moose Jaw for parents, caregivers, or support people that recently learned about their family member's gender identity. As your loved one continues to explore who they are, our hope is to ensure that they have what they need for their journey.Your support can make a huge difference, and we focus on strengthening your relationship with your family member, especially around the topic of gender.

- **CONNECT** with other parents, caregivers & support people
- **ACCESS** our FIT Workbook and materials
- **ENGAGE** in interactive, arts-based material
- **LEARN** about medical transition, social transition and other topics

Guided by anti-racism and decolonizing principles & open to all kinds of famiies from all backgrounds and experiences

- **FREE**
- Open to anyone, as long as you can make the commute!
- **DATES: Register your interest! Workshop dates for 2026–2027** will be announced once we have a minimum of 3 family units enrolled. Family members, caregivers, and support people are welcome to attend
- **Held on 3 Saturday's** 9:30AM-4:30PM (1 hr lunch) @ Circle Medical

FOR MORE INFORMATION/TO REGISTER:

Contact Circle Medical & one of the trained FIT Facilitators will connect with you .

Circle Medical Centre

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