



Surrender, LLC Transitional Living Guidelines & Expectations

Please initial beside each point

Disclaimer: All rules are subject to change at staff discretion. All house members will be notified of changes. Every newcomer is to have an accountability buddy for the first 2 weeks within the program, to help navigate and create structure.

1. General House Rules

- All house members must treat others with **respect** and **courtesy** at all times.
- No **violence, threats, or aggressive behavior** will be tolerated. No disrespect to other house members or their company.
- **Curfew:** All new participants must return to the house by **10:00 PM Sunday – Thursday** and **11:00 PM Friday – Saturday**. Phase up form lists further details on changing of curfew.
- **Visitors:** Allowed only in common areas during designated hours; overnight guests are not permitted. Visitors allowed 9 am - 9 pm unless it becomes a distraction or causes issues with other house members.
- **Quiet Hours:** 10:00 PM – 6:00 AM to respect the well-being of all house members. If you leave before 6:00 AM, it is considered leaving after curfew. Only exceptions to this rule are going to work or needing to leave for prior approved appointments. Group chat notifications are required.
- All house members must be present for weekly house meetings that will take place every Sunday at 6:00 PM, unless there are unforeseen circumstances that may result in being excused. (Each house has its own scheduled time for mandatory house meeting)
- Emergency house meetings can be arranged at any given time, they are mandatory. Very few exceptions apply.
- **Entry point door(s) must remain locked at all times!**
- If you are a part of an accountability house, the house as a whole becomes responsible and be fined as a whole. (I.E. cleanliness, hygiene, etc)

2. Sobriety & Drug-Free Living

- **No drugs, Kratom, alcohol, kombucha (cologne, mouthwash, etc) paraphernalia or weapons of any kind (knives, guns, pepper spray, tasers, nunchucks etc.)** allowed on the property.

- No huffing of any kind. That includes duster, cologne, body spray and gasoline, etc.. That is grounds for immediate dismissal as it is considered a relapse.
- No fireworks or other explosives items
- No candles or open flames
- No clothing that advertises drugs, alcohol or violence.
- No Gang affiliated clothing/paraphernalia
- House members must **submit to random drug testing** and/or breathalyzer tests.
- Any failure to comply or positive test results will result in discharge. Possibility for readmission after 30 days. Preferably after going to detox or back to rehab.
- House members must actively participate in recovery meetings (AA, DAA, CR, NA, etc..). House members must work a 12-step program with an active sponsor, who has an active sponsor.
- Mandatory 5 meetings a week for the first month. Church and bible studies are acceptable and encouraged and only count as one meeting per week.
- Every house member has 5 meetings a week for 30 days. If a job has not been obtained within 30 days, the house member will CONTINUE 5 meetings a week until a job is obtained.

3. Rent & Financial Responsibilities

- \$175 non refundable deposit.
- Weekly program fees of **\$150 per individual**, must be paid on time.
- Program fees will be turned in, weekly, on Friday, before quiet time, to the house manager.
- Failure to pay program fees **on time** may result in additional fees or dismissal/discharge.
- House members must work or actively seek employment (proof of job search required).
- Any house member entering the house that is on Social Security or Disability will be required to pay the deposit and program fees up front for the whole month in advance.
- Anyone in the financial negative must pay advancement towards a zero balance. (Failure to do so can result in consequences)
- Anyone who is -\$500, or more, will go on a financial contract. (All situations will be different. Having a job will play a major part in this contract.) Once a job is acquired, the contract will state that advancement on weekly program fees will be demanded. Once the finances are below -\$500, we will lift the contract and the house member will continue to pay weekly fees with advancement that has been added. If the house member fails at execution of his own accord, then he will be placed back on financial contract until there is a zero balance.
- There will be no overnights while on any kind of contract unless staff approves it.

4. Chores & House Maintenance

- All house members must participate in **daily and bi-weekly chores** (cleaning common areas, taking out trash, etc.). Chore lists will be posted each week for each individual.

Failure to comply may result in fines being placed upon you. There will be an assigned chore coordinator. Continued failure could lead to dismissal/discharge.

- Make sure the exterior of the house maintains a clean curb appeal.
- Personal living areas must be kept **clean and organized** at all times.
- Any **damages** to property must be reported and repaired and may be charged to responsible residents.

5. Employment & Personal Growth

- House members must have a **job, be actively job searching, or enrolled in an educational program**.
- **Resume assistance and job placement resources** are available through Surrender, LLC.
- Must attend **life skills workshops** (credit building, resume writing, career development, etc.).
- Must attend programming designed by SHM. (Only exception is work or approved by staff)

6. Accountability & Behavior Expectations

- Surrender House program will provide a sponsorship list. All program members will choose from this list. (Outside of the list will be approved by directors)
- When we go to meetings we will take our AA book with us. Following along teaches us more about the book)
- When we are in meetings we will not use our phone in any manner at all. (No texting, scrolling, calling or receiving calls while in meeting, etc..) phones are to be out of sight, volume down, or phone completely off.
- House members must attend **weekly house meetings** to discuss progress and concerns.
- **No stealing, lying, or dishonesty** – trust is essential in a shared living space.
- **No sexual conduct on the property.**
- **No sexual conduct with any program members.**
- **No getting naked in front of any house members or their company.**
- **Conflict resolution** should be handled calmly and maturely; staff is available for mediation.
- Engaging in **illegal activities** will result in immediate dismissal and possible legal action.
- You are responsible for your company and their belongings, actions and any extra company they may bring.
- Your company is subject to drug tests and searching of belongings if they are to be on property. Any failure by your company to comply is grounds for their dismissal.
- If you do not have a driver's license, you are not allowed to drive any car. If you own a car but do not have your license, it is not allowed on the property until you have obtained a license.

- If dismissed from the house, you are to only be allowed back on the premises to retrieve your personal items with staff present.
- Do not urinate **anywhere** that is not in a commode inside of a proper restroom, not just on the premises.

7. Respect for Others & Property

- Personal belongings should be **respected and not borrowed without permission**.
- **No smoking indoors** or the Van– designated smoking areas only.
- **No pets** allowed.
- The house as a whole (the property) is of utmost importance.
- House unity is also of utmost importance.
- No one is allowed in other house members' rooms without permission.
- Guests are not allowed in rooms, common area only.

8. House Leave & Vacations

- Overnights are not allowed within the first 30 days.
- Review of progress will take place weekly to monitor individual growth. (During mandatory house meetings, times will vary depending on the house one lives in.)
- Extended absences must be approved by management.
- Being late to curfew discussions will take place in person.
- All participants will receive a holiday overnight, either the night before or the night of, Easter, 4th of July and Thanksgiving. The holidays, Christmas or New Years will be a decision of one or the other. Not both. These overnights are granted no matter the financial or contracted issues. Must be in the house for at least 3 weeks for these holidays to apply.

9. Fines

- Smoking: \$50/ 2X-\$100/ 3X-discharge.
- Chore: warning/ 2X-\$10/ 3X-\$20/ 4X-\$40/ 5X-\$80/ continuous doubling fine.
- Dishes (leaving dirty or leaving them out) if caught and or admittance: warning/ 2X-\$10/ 3X-\$20/ 4X-\$40 and continuous doubling fine.
- Clothing (towels or wash cloths) (dirty, piling up in the room or left out in common areas. Bathroom kitchen living room etc...) warning/ 2X-\$10/ 3X-\$20/ 4X-\$40 and continuous doubling fine.
- Not making your bed: \$10 every time.
- Being caught leaving the door unlocked: \$10/ 2X- \$20/ 3X-\$40/ continuous doubling fine.
- Caught peeing on the toilet seat \$20
- Accountability is a real thing and if caught not holding someone accountable the fine is \$25

Printed: _____

Signature: _____

Date: _____