

● STEP 2: DAYS 1-7: WASH

Wash daily to remove bacteria and dead skin. (Don't worry...THIS DOES NOT REMOVE THE PIGMENT!)

Gently wash your procedure area each morning and night with water and a gentle, fragrance-free, antibacterial liquid soap like Dial Gold or Dr. Bronner's to clean the area. Pat it dry with a clean paper towel or air dry. Do not scrub the skin, let water hit it directly, or rub it dry, as this can damage the healing area.

- Avoid harsh soaps or exfoliating products.
- Lukewarm water is ideal. Hot water may irritate the skin, while ice-cold water can slow the healing process.
- Wash your tattoo **gently** twice a day for the first two weeks to remove plasma, excess ink, and bacteria.
- Rise to ensure all soap is removed.

If you notice a bit of ink running into the sink as you wash, don't panic – it's just excess ink. Continue to be gentle with the area as it heals.

● STEP 3: DAYS 1-7: MOISTURIZE

Your body heals the tattoo, not the lotion. It is for keeping your skin from drying out too much. Keeping the area hydrated protects it from drying, cracking, and bleeding. **First, LET IT AIR DRY OR DRY WITH PAPER TOWELS**, then apply recommended moisturizer after each wash..

- Apply a rice grain amount of moisturizer two to three times daily, as over-applying can suffocate the skin, trap excess moisture, and slow the healing process.
- The ointment should be barely noticeable on the skin. Never put the ointment on a wet or damp tattoo.
- Avoid petroleum-based products, as they can trap bacteria and hinder healing. Instead, opt for tattoo-specific balms or products containing ingredients like shea butter, jojoba oil, or aloe vera, which are safe, nourishing, and effective for the healing process.

