

**Paul B. Sheesley, M.A., LCPC., LCADC**  
**287 Trudy Court**  
**Forest Hill, MD 21050**

Email: [paulbsheesley@gmail.com](mailto:paulbsheesley@gmail.com)

Website: [www.paulsheesleylpc.com](http://www.paulsheesleylpc.com)

P: 443-910-3911

F: 410-838-3924

W: 410-245-4547

**Professional Profile:**

Licensed clinical professional counselor, licensed clinical drug and alcohol counselor, and state board approved supervisor by the Board of Professional Counselors and Therapists. Highly skilled and dedicated mental health professional with demonstrated success in providing exceptional care and implementing effective treatment planning for patients with varying mental health and substance use disorders. Exemplary understanding of the nature of mental health disorders and addiction as a human process. Demonstrated level of success working with diverse populations and treatment environments including crisis in-patient, community mental health, intensive outpatient therapy (IOP), corrections, private practice, and forensics. Experience working with children, adolescents and adults with varying diagnosis. Areas of focus include individual, family and group therapy.

**EDUCATION**

*Towson University*- Certificate of Advanced Study in Counseling/Clinical Psychology- 2013

*The Chicago School of Professional Psychology*- M.A., Forensic Psychology- 2010

*McDaniel College*- B.A., Psychology/ Neuroscience- 2006

*Harford Community College*- A.A., Psychology/ Special Education- 2005

*Edgewood High School*- Diploma- 2002

**LICENSE AND SUPERVISION**

State of Maryland Board of Professional Counselors and Therapists: Licensed Clinical professional Counselor (LCPC) #LC5267

State of Maryland Board of Professional Counselors and Therapists: Licensed Clinical Alcohol and Drug Counselor (LCADC) #LCA2135

State of Maryland Board of Professional Counselors and Therapists: Approved Supervisor- Professional Counselor.

## **EMPLOYMENT HISTORY**

### **State Certified DUI/DWI Early Intervention and Education Treatment Program (DUWIT, State Certified) - Clinical Director - 2016- Present**

- Screening interviews to determine the need for drug and alcohol early intervention services.
- Provide clinical consultation to referral resources to help support clients in their recovery.
- Model and support health and wellness activities and healthy coping skills for clients through program content.
- Develop, implement, and maintain partnerships with other community providers.
- Develop and maintain up-to-date clinical and educational materials used by the DUWIT program.
- Perform direct instruction to clients enrolled in the DUWIT program.

### **Private Practice- Mental Health and Substance Use Treatment- Licensed Clinical Professional Counselor/ Psychotherapist- August 2012- Present**

- Assess patient needs, abilities or behavior using a variety of psychometric tests, interviews and direct observation of behavior.
- Participate in a community multidisciplinary team of doctors, nurse practitioners, social workers, education professionals, health visitors, psychiatrists and occupational therapists.
- Develop and monitor appropriate treatment plans.
- Providing treatment for mental health related issues such as anxiety, depression, and addiction, social and interpersonal problems and challenging behavior.
- Providing consultation for other professions, encouraging a psychological approach in their work.
- Counseling and supporting careers.
- Formulating a psychological explanation of patient issues.
- Planning and implementing psychotherapy.
- Evaluating the outcome of psychotherapy.
- Establishing a collaborative working relationship with the client based on trust and respect.
- Specializing in cognitive behavioral therapy, psychodynamic psychotherapy, motivational interviewing, and emotion theory.
- Specialize in specific treatment services including substance addictions and other behavioral addictions, mood disorders, personality disorders, and sexual dysfunction.
- Providing specific treatment regimes including anger management, domestic violence, drug and alcohol education and treatment.

### **Harford County Sexual Disorders Group- Licensed Clinical Professional Counselor/ Group Therapist- April 2012- Present**

- Conducting group therapy sessions as a lead and co-lead.
- Conducting individual offender therapy sessions.

- Psychodiagnostic, mental health identification and appropriate treatment.
- Collaboration with community-based agencies including probation, parole, courts.
- Development and Implementation of individual treatment plans.
- Participate in weekly group and individual progress notes and required paperwork.

**Chesapeake HealthCare Solutions- Licensed Clinical Professional Counselor/  
Psychotherapist/ Contractor- September 2015- March 2016**

- Conducting a series of individual sessions with clients and address need of intervention.
- Assessing patient needs, abilities or behavior using a variety of psychometric tests, interviews and direct observation of behavior.
- Assists in the referral process utilizing community resources for those identified need of higher level of care, mental health or substance abuse.
- Participates in a community multidisciplinary team of doctors, nurse practitioners, social workers, education professionals, health visitors, psychiatrists and occupational therapists.
- Devising and monitoring appropriate treatment plans.
- Providing treatment for mental health related issues such as anxiety, depression, and addiction, social and interpersonal problems and challenging behavior.
- Providing consultation for other professions, encouraging a psychological approach in their work.
- Counseling and supporting careers.
- Formulating a psychological explanation of patient issues.
- Assist internist develop and implement integrative care and quality treatment for those patients requesting medication and psychotherapist as conjoint treatment.

**Baltimore Crisis Response Inc. - Director of Crisis Residential Services - January 2015-  
August 2015**

- Responsible for \$2.5 million dollar federal grant budget and operations.
- Provides support and direction to program coordinators and residential counselors.
- Responsible for care, welfare and security of building, staff, and patients.
- Effectively prioritize job duties according to policies and procedures.
- Ensure and oversee implementation of therapeutic programming.
- Utilize skill and expertise to manage the most challenging clients and to provide leadership to residential counselors.
- Actively participate in program development and implementation.
- Actively participate in CARF accreditation and Grant funding opportunities.
- Assist the executive director and director of operations in meeting program requirements and standards of care in accordance of state and federal laws.
- Develop an interdisciplinary team approach with local agencies, residential staff, and patients.
- Responsible for clinical management of patients in acute crisis and appropriate therapeutic intervention including use of emergency petitions.
- Responsible for the efficiency and training of all residential staff.

- On-call status and ensures staffing coverage.
- Terminates or enforces corrective actions to program coordinators and residential counselors.
- Performs other duties assigned by the director of operations or executive director.
- Participate in recruiting and hiring.
- Monitoring and tracking clinical documentation, service trends and making recommendations .
- Participates in community educational activities and public relation activities.
- On-call 24hrs 7days a week.

**Harford County Health Department- Division of Addiction Services- Alcohol and Drug Professional Counselor/ Psychotherapist/ I.O.P Treatment Coordinator/ Forensic Evaluator- February 2012- August 2014**

- Deliver therapy for difficulties relating to addictions, social, interpersonal problems and challenging behavior.
- Harford County and ADAA 8-505 court ordered drug and alcohol evaluation.
- Intensive outpatient program development, coordinator and facilitator.
- Responsible for the provision of individual, group and family counseling.
- Assessment of clients' needs, abilities and behavior using a variety of methods including. psychometric tests, interviews and direct observation of behavior.
- Administer, assess, and interpret various psychological tests and assessments
- Establish and maintain patients records in accordance with regulations, policies, and established practices per COMAR regulations.
- Treat co-occurring disorders to effect improved adjustments utilizing various psychological techniques; select appropriate treatment.
- Approach and plan frequency, intensity, and duration of individual and group therapy.
- Evaluate new patients; refer patients for psychiatric evaluations and medication management.
- Psychiatric consultation, programing and treatment.
- Participate in weekly clinical supervision and the care management team review.

**Correct Care Solutions- Cecil County Correctional Facility -Mental Health Coordinator- August 2014- January 2015**

- Responsible to plan, supervise, coordinate and manage the clinical services provided by mental health staff at the institutional level as designated by the Regional MH Director or the VP of Behavioral Services. In facilities with a Clinical Supervisor, clinical supervision will be under the direction of that position.
- Responsible to assign specific duties and clinical responsibilities to mental health staff in accordance with their position descriptions, education and professional experience and to notify Regional MH Director, VP of Behavioral Services of staff's inability to perform such duties and responsibilities in a competent, ethical and professional manner.
- Represent interests of mental health services with the institution's administrative staff under the direction of Regional MH Director or VP of Behavioral Services and to facilitate cooperation in the delivery of mental health services.

- Maintain the confidentiality of inmate information in accordance with CCS policy, the facility policy, the standards of the American Psychological Association or National Association of Social Workers, the National Commission on Correctional Health Care (NCCHC) and the American Correctional Association (ACA) if the last two accrediting body standards are applicable to the site.
- Allocate staff resources in mental health services to insure that institutional needs for clinical and consultative services are met in a timely, professional manner.
- Provide direct mental health assessment and treatment to inmates in need of psychological services. Services include but are not limited to EP assessment, consult with on call psychiatrist, suicide assessment, investigation of suicide completions, medication monitoring, mental health awareness and training for correctional staff, participation in competency NGRI investigations.

**VisionQuest National- Morning Star Youth Academy- Functional Family Therapist (FFT)  
August 2008- 2014**

- Provide psychological consultations to other mental health professionals within clinics, and other community based agencies with regard to client care.
- Formulate, implement, and evaluate therapy treatment to improve family conflict. and communication; based on the needs of the family.
- Participate in educational programs, in-service meetings, clinician meetings, and workshops to enhance professional development and maintain currency of methodology and techniques.
- Document therapy in accordance with policies and procedures regarding medical records; implement and adhere to policies which ensure patient confidentiality.
- Assess patient progress and reports accordingly; communicate with and counsel family members as well as additional resource supports.
- Provide Empirically Supported Treatment (EST) utilizing the Functional Family Therapy model (FFT) to juvenile offenders and their respective families.
- Active referral maintenance, collaboration with community based resources, research of aftercare programs, in-court assessment proceedings.

**Medication Assisted Treatment Technologies (M.A.T.T)- Methadone Clinic-  
Psychotherapist/Group therapist/ Internship- August 2012-June 2013**

- Participates in the development of treatment planning services to meet the requirements of acutely ill alcoholic or drug-addicted patients and families, where applicable, within the scope of the patient's total health care program.
- Interviews patients, relatives and significant others to obtain data to assess psycho-social needs and/or health problems and determine the need for psychiatric services and/or eligibility for specific services.
- Identifies symptoms of the acutely ill alcoholic or drug-addicted patient/client and responds to their individual's needs, appropriately, within the scope of the program.

- Develops preliminary treatment plan based upon assessment of patient's individual needs and submits to the supervisor or manager for approval.
- Assesses acuteness of patient's physical condition and secures appropriate medical services or refers patient for other treatment services, as appropriate.
- Participates in evaluating program objectives, results and in program improvement, in collaboration with the supervisor or manager and in accordance with the mission of the hospital and department.
- Performs discharge planning.
- Provides addictions assessment and counseling for patients with dual diagnosis of psychiatric disorder and addiction. Utilizes therapeutic communication skills. Follows departmental protocols. Consults with the supervisor/manager regarding treatment recommendations.
- Handles psychological or psychiatric conditions and violent actions using appropriate counseling interventions.
- Teaches alcohol and drug education; facilitates support groups.
- Communicates with medical and nursing staff, patients, relatives, and appropriate outside agencies to coordinate complete psycho-social services for patients.
- Confers with various hospital personnel, as necessary, on behalf of the patient. Works with and participates as a team member to the health care team regarding in-hospital needs and post-hospital care.
- Interprets psycho-social services program policies and procedures to clients, staff.

**The House of the Good Shepherd Center- Residential Treatment Facility- Behavioral Case Manager/ Special Educator- August 2006- August 2008**

- Behavioral case-management for female adolescent population 12-20 with acute/ chronic psychopathology; aggressive; emotional; learning deficits and disabilities.
- Behavioral health management and implementation of structured treatment plans.
- Maintenance of clinical records, monitoring reports and behavioral evaluations.
- Behavior management standards and techniques; aggressive behavior de-escalation.
- Regular assessment of therapy progress through behavioral observations.
- Behavioral interventions and support for adolescent needs.
- Educational coordination including individual education plans (IEP) and 504 education planning.
- Special educator with educator provisional licensure.
- Development of curriculum and lesson content.

**Internship-National Institute on Drug Abuse: Research Assistant- May 2005- October 2006.**

- Experience working and understanding the direct components of physical and mental addiction of analgesic drugs.
- Use of analytical techniques for the analysis of drugs and other chemicals.

- Direct experience and interaction with experimentation agenda, hands on stereoscopic surgery drug administration, and physical chemical characteristic compounds as part of the experimental research.
- Preparation and maintenance of materials and equipment for lab experimentation.
- Preparing analytical solutions; performing manual and instrumental analysis, integrated data collection, regular outcome meetings with research facilitator, provide general lab support to primary researchers.

### **CERTIFICATIONS/SPECIALIZED TRAINING**

- Functional Family Therapy (FFT) Evidence Based Practice
- Aggression Replacement Therapy (ART)
- State certified Dual Diagnosis Treatment
- State certified Forensic Evaluator 8-505
- Schema Therapy/Cognitive Behavioral Therapy/Psychodynamics/Substance Use Treatment
- Sex Offender Treatment

### **PROFESSIONAL ORGANIZATIONS**

Mid Atlantic Region - Association for the Treatment of Sex Abusers (MARATSA) - March 2017 to present

International Society of Schema Therapy (ISST) Full-member - March 2018 to present

### **TEACHING EXPERIENCE**

DUI/DWI Education and Early Intervention Treatment Program - April 2017 to present

### **COMMUNITY SERVICES ACTIVITIES**

Harford County Mental Health and Addictions Advisory Board, Professional Participant January 2017 to present

### **REFERENCES**

Paul DelGrosso	Professional Colleague	202-807-5450
Carol A. Deel, Ph.D., LCPC	Professional Colleague	410-879-2470
Julie Stanclif, D.O	Professional Colleague	410-404-5634