

# 5 Levels of Preparation

There are five levels of preparedness.

## **Level 0: *Every emergency is a disaster***

Less than two weeks of food in the house

No water purification system

No bug-out bag

No defensive weapons

No way to produce their own food

No physical gold or silver

No tangible assets to barter

## **Level 1: *Can Survive Two Weeks of Minor Emergency***

(such as ice storm)

Have sufficient food and water for two weeks of emergency

Able to heat their home for two weeks without relying on the power grid by use of kerosene heater or fireplace

Able to cook their meals for two weeks without relying on the power grid

Has a first aid kit

Likely has no defensive weapons

Must leave their home after two weeks due to lack of preparation

## **Level 2: *Can Survive One Month of an Emergency***

(such as major hurricane)

Likely has a portable power generator and sufficient fuel for one month of operation

Has handguns or shotgun to defend their home

Has a month's work of canned goods to eat from

Has sufficient prescription medicines for 30 days

Has enough batteries for power a portable radio for 30 days

## **Level 3: *Can Survive Three Months of an Emergency***

(such as martial law or impacting earthquake)

Has a deep-short term pantry

Likely has a water purification system

Likely has defensive weapon for each family member

Likely has some type of neighborhood safety watch or

24 hour security watch rotation at the home

Has stocked wood to burn in fireplace and/or iron stove

Has communication gear to keep track of local and world events

Has means to recharge batteries without relying on power grid

Has three months of prescription medicines

## **Level 4: *Can Survive One Year of an Emergency***

(such as currency devaluation, economic depression)

Has a deep short- and long-term food pantry

Likely has their own garden to produce food  
Likely has small-sized farm animals to produce protein  
(chickens, goats, rabbits)  
Has a deep supply of ammo (2000+ rounds per weapon)  
Is a spare weapon in event of damage  
Has means to produce herbal medicines to replace  
prescriptions  
Has a long-term store of antibiotics  
Likely has dog for security watch  
Has full 24 hour rotation of security watch on the home  
(requires 6 adults)  
Should have secondary off-site storage of food, weapons,  
and ammo  
Is ready to bug-out with full hiking and camping gear, if  
security situation degrades  
Is able to educate their children at home

**Level 5: Can Survive Indefinitely from their Home  
during an multi-year SHTF or TEOTWAWKI situation**

Has a fully functioning large garden or small farm for  
food production  
Is able to can and store the results of food harvest for  
the coming year  
Is able to harvest seeds for next year's planting  
Is able to raise multiple generations of farm animals  
(cattle, sheep, horses)  
Has horses for local and distance travel  
Has enough ammo to last a generation (10,000+ rounds  
per weapon)  
Has spares of each weapon and lots of extra magazines  
Able to generate their own fuel (bio-diesel, alcohol)  
Likely has fully functional solar power bank with deep  
storage batteries  
Has natural on-site water sources for farm and home  
Has home-based business to generate income  
Is able to build new building and make any necessary  
repairs to existing buildings  
Is able to provide excess food for charity  
Has a secondary residency (such as mountain cabin) for  
full bug-out  
Is prepared for minor surgery and child birth at home  
Has stores of gold and silver for barter  
Is able to produce their own clothing (from raw wool or  
raw cotton with spinning wheel and small loom)  
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