# 2020-2021 FWS SKATING SEASON



www.onyxskatingacademy.com

SEPTEMBER 8, 2020 - JUNE 12, 2021

\*Fall, Winter, Spring Test Dates\*

Tuesday, September 15 [MACOMB]

Tuesday, October 13 [ROCHESTER]

**Tuesday, November 10 [MACOMB]** 

\*Tuesday, December 8 [ROCHESTER]\*

\*LAST TEST DAY TO UPDATE 2021 ICE SHOW LEVEL\*

Monday, January 18 [MACOMB]

Wednesday, February 24 [MACOMB]

Tuesday, March 23 [ROCHESTER]

Wednesday, April 21 [MACOMB]

ICE SHOW 2021 'Encore': MAY 8-9, 2021



Rochester, MI 48307 248.601.6699 www.onyxicearena.com



# FALL, WINTER, SPRING ICE CONTRACT

# Monday August 17 - Monday August 24, 2020

#### \*Membership & Safesport Compliance:

Memberships must be renewed and active in order to register for the FWS Skating Contract. Membership applications are available online **ONLY!** For renewal please visit www.onyxskatingacademy.com and click on the membership tab. U.S. Figure Skating is committed to providing a safe, healthy and positive skating environment for all members and volunteers.

In 2018, as part of its SafeSport Program, U.S. Figure Skating announced it has expanded the list of adults required to complete SafeSport training and background checks for each membership year. This will affect members and volunteers, over the age of 18, who are in a position of authority over an athlete or anyone who has frequent contact with athletes. This includes all volunteers in any sanctioned events or club activities who come in contact with athletes and locker room volunteers for all competitions, ice shows and club events. This is not an OSA mandated program; it comes from US Figure Skating! In order for our club to stay Safesport compliant, we are requiring all parent volunteers to complete this training. SafeSport training must be completed anually. Background checks are valid for the season in which a determination is issued and the following season with a 12 month automatic recheck.

If you have questions, please email SafeSport@usfigureskating.org, or contact Member Services at memberservices@usfigureskating.org or call 719.635.5200. The OSA Safesport Compliance Chair is Jen Schneider. She can be reached at jp10700@sbcglobal.net

## \*Seniority Numbers:

Seniority numbers were assigned on July 1, 2020 to all members for the 2020-2021 membership year. A new seniority number will be issued on July 1, 2021 for the 2021-2022 membership season. Your current seniority number will be used for registration for the 2020-21 FWS contract and 2021 Summer Skating contract.

### \*Payments:

There are three payment options available; Payment in full, in thirds or in sixths. A payment is due at registration and contracts will not be accepted without payment. Payments can be made with cash, ACH, check or credit/debit card. \*PLEASE NOTE\* If using a ACH or credit/debit card, your invoice will be set up on automatic payments with whatever plan you choose. \*NEW\* All contracts \$750 or under must be paid in full or using the 3-payment plan. It is very important that all payments be paid on time otherwise ice privileges may be suspended at the discretion of the Suburban Ice Rochester. Payments a week late will result in a \$25.00 late fee. Payments two or more weeks late will result in a late payment fee and the skater being removed from OSA contract ice until payment is made.

## \*Ice time changes:

Changes to the FWS contract will only be allowed until Saturday February 27, 2021 with a fee of \$15.00. After this date there will not be changes allowed under any circumstances. There will be no deletions allowed to your contract once the FWS skating season has begun.

#### \*Registering:

Each session has 24 spots available and will be assigned based on your seniortiy number. If a session should fill up, there is waiting list. Please have a "back up plan" session if this should happen. Any registrations after August 24th will be processed on a first come, first serve basis.

Electronic registration will be open from Monday August 17 - Monday August 24 at the arena front desk. Registration hours will be between 9am and 9pm during the registration days, unless otherwise noted.





# 2020-2021 SKATING SEASON



| Skater Nam   | ne:   | (MI)   | (Last)  |  | D.O.B  | Sex:                          |  |  |  |  |
|--|---|--|---|--|--|-------------------------------|--|--|--|--|
| Address:   | (1 1131)  | City:  | (Luot)  |  | State:   | Zip:                          |  |  |  |  |
| Email Addre  | ess:  |  | Phone:  |  |  |                               |  |  |  |  |
| Parent 1 Na  | nme:  |  | Cell or Work:   |  |  |                               |  |  |  |  |
| Parent 2 Na  | ime:  |  | Cell or Work:   |  |  |                               |  |  |  |  |
| Emergency  | Contact:  |  | Cell or Home:   |  |  |                               |  |  |  |  |
| Coach(es):   |   |  | Highest Freestyle Test Level:   |  |  |                               |  |  |  |  |
| USFS#  |   | Home Club:   | Second Club:  |  |  |                               |  |  |  |  |
|  |   | *Dates not Inc   | uded  | in Contr   | act*   |                               |  |  |  |  |
|  | ctober 16 & 17, 2020 - Hoo<br>vember 13 & 14, 2020 - Ho |  | April 14-17, 2021 - U.S. Adult Figure Skating Championships April 26 - May 8, 2021 - Ice Show Break         |  |  |                               |  |  |  |  |
|  | ovember 26-28, 2020 - Tha                               |  | May 29-31, 2021 - Memorial Day Break  |  |  |                               |  |  |  |  |
| Decen  | mber 21, 2020 - January 2,                              |  | *Additional Sessions Subject to Cancellation*  Drop-In Passes will be issued in the event of a cancellation |  |  |                               |  |  |  |  |
|  | *Dron-In id   |  |   | THE RESERVE TO THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAME | Name and Address of the Owner, where the Person of the Owner, where the Person of the Owner, where the Owner, which is the Owner, wh |                               |  |  |  |  |
| *Drop-In ice may be provided. A schedule will be emailed if available*  Description of On-Ice Levels |   |  |   |  |  |                               |  |  |  |  |
| G  |   | Any Level  |   |  |  | ana mamaittad an all assaisne |  |  |  |  |
| S  |   | diate IJS or Novice-Senior FS Tes<br>s ONLY (NO Juv/Inter Excel/Oper | uniess stated otherwise in the level description.   |  |  |                               |  |  |  |  |
| PWB  |   | ANCED - Senior FS Test (NO Prelim E                                  |   |  |  |                               |  |  |  |  |
| SPJ  | PreJuv *COMPETITIV                                      | /E-Senior FS Test (NO Pre-Juv Ex                                     |   |  |  |                               |  |  |  |  |
|  | Payment   | Plans  | Payment Information   |  |  |                               |  |  |  |  |
| One  | e Payment Plan  | Six Payment Plan   | Checks payable to the Suburban Ice Rochester  |  |  |                               |  |  |  |  |
| 1st PM   | T: Due with Contract                                    | 1st PMT: Due with Contract   | \$40 bank fee will be charged for all returned checks   |  |  |                               |  |  |  |  |
|  |   | 2nd PMT: October 1, 2020   | \$25 late fee will be added to invoice for payment (1) week late  |  |  |                               |  |  |  |  |
| Thre   | ee Payment Plan   | 3rd PMT: November 1, 2020  | Payments (2) weeks late will result in skaters removal from ice   |  |  |                               |  |  |  |  |
| 1st PM   | T: Due with Contract                                    | 4th PMT: February 1, 2021  | Payments can be made by Cash, Check, ACH or Credit/Debit Card   |  |  |                               |  |  |  |  |
| 2nd PMT:   | : Due November 1, 2020                                  | 5th PMT: March 1, 2021   | \$15 administrative fee will be assessed for all changes to contract  |  |  |                               |  |  |  |  |
| 3rd PMT  | : Due February 1, 2021                                  | 6th PMT: April 1, 2021   | No <b>refunds/deletions</b> will be given after contract has begun  |  |  |                               |  |  |  |  |
| Drop In Prices   |   |  |   |  |  |                               |  |  |  |  |
|  | Freesty   | le Session = <b>\$15.00</b> 1/2                                      | Hour Al   | M = <b>\$6.00</b>  | 1/2 Hour PM =\$8   |                               |  |  |  |  |
| <b>100</b> 5 1   |   |  |   |  | ntract Total   | vvorksneet                    |  |  |  |  |
| _  | 5   | you will be set up on automatic tically come out on the above        |   |  | RACT TOTAL:  |                               |  |  |  |  |
|  |   | Il payments be paid on time  | ACCOUNT CREDIT:   |  |  |                               |  |  |  |  |
| otherwise  |   | uspended at the discretion of  | BALANCE:  |  |  |                               |  |  |  |  |
|  | Suburban Ice F  | Rochester.   | 1st Payment:  |  |  |                               |  |  |  |  |
|  |   |  | # of Pmts Remaining   |  |  |                               |  |  |  |  |
|  |   |  |   |  |  |                               |  |  |  |  |

Updated 8/6/2020 September 8, 2020 - June 12, 2021 Skater Name:

\*\*\*Sessions with less then 5 skaters contracted are subject to cancellation\*\*\*

| Code       | Time                      | _      | Level  |                   | Weeks          |                      |       | Code       | ted are subjection       | _ | Level       |                   | Weeks                                       | s Total X            |
|------------|---------------------------|--------|--------|-------------------|----------------|----------------------|-------|------------|--------------------------|---|-------------|-------------------|---|----------------------|
| Code       |                           | Killin |        |                   | DATE OF STREET | Part of the Part     |       | IDAY       | 111110                   |   | ASSESSED OF | Hato              | TTOOK                                       | Total A              |
| 100        | 6:00-6:30a                | 1      | G      | \$4.50            | 33             | \$148.50             |       |            |                          |   |             |                   |   |                      |
| 101        | 6:30-7:00a                | 1      | G      | \$4.50            | 33             | \$148.50             |       |            |                          |   |             |                   |   |                      |
| 102        | 7:00-7:30a                | 1      | G      | \$4.50            | 33             | \$148.50             |       |            |                          |   |             | 40.00             |   |                      |
| 103        | 7:30-8:00a                | 1      | G      | \$4.50            | 33             | \$148.50             |       | 300        | 2:15-2:45p               | 3 | G           | \$6.00            | 33  | \$198.00             |
| 104        | 8:00-8:30a                | 1      | G      | \$4.50            | 33             | \$148.50             |       | 301<br>302 | 2:45-3:10p               | 3 | G           | \$6.00<br>\$6.00  | 33  | \$198.00<br>\$198.00 |
| 105<br>106 | 8:40-9:10a<br>9:10-10:00a | 1      | G      | \$4.50<br>\$10.00 | 33             | \$148.50<br>\$330.00 |       | 303        | 3:10-3:35p<br>3:45-4:35p | 3 | G           | \$11.00           | 33  | \$363.00             |
| 107        | 10:00-10:50a              | 1      | G      | \$10.00           | 33             | \$330.00             |       | 304        | 4:45-5:35p               | 3 | G           | \$11.00           | 33  | \$363.00             |
| 108        | 2:15-2:45p                | 1      | S      | \$6.00            | 33             | \$198.00             |       | 304        | 4.40-0.00р               | 0 |             | ψ11.00            | - 00  | Ψ000.00              |
| 109        | 2:45-3:10p                | 1      | S      | \$6.00            | 33             | \$198.00             |       |            |                          |   |             |                   |   |                      |
| 110        | 3:10-3:35p                | 1      | S      | \$6.00            | 33             | \$198.00             |       | 11.        | 3:45-5:30p               | 0 | 2SP         | *Se               | e separ                                     | ate contract         |
| 111        | 3:45-4:35p                | 1      | S      | \$11.00           | 33             | \$363.00             |       |            |                          |   |             |                   |   |                      |
| 112        | 4:45-5:35p                | 1      | G      | \$11.00           | 33             | \$363.00             |       |            |                          |   |             |                   |   |                      |
| 113        | 5:45-6:35p                | 1      | G      | \$11.00           | 33             | \$363.00             | -     | Taylay     |                          |   |             |                   |   |                      |
| 114        | 6:00-6:30a                | 1      | G      | \$4.50            | 35             | \$157.50             | IUE   | SDAY       |                          |   | _           |                   |   |                      |
| 115        | 6:30-7:00a                | 1      | G      | \$4.50            | 35             | \$157.50             |       |            |                          |   |             |                   |   |                      |
| 116        | 7:00-7:30a                | 1      | G      | \$4.50            | 35             | \$157.50             |       |            |                          |   |             |                   |   |                      |
| 117        | 7:30-8:00a                | 1      | G      | \$4.50            | 35             | \$157.50             |       | 305        | 2:15-2:45p               | 3 | G           | \$6.00            | 35  | \$210.00             |
| 118        | 8:00-8:30a                | 1      | G      | \$4.50            | 35             | \$157.50             |       | 306        | 2:45-3:10p               | 3 | G           | \$6.00            | 35  | \$210.00             |
| 119        | 8:40-9:30a                | 1      | G      | \$10.00           | 35             | \$350.00             |       | 307        | 3:10-3:35p               | 3 | G           | \$6.00            | 35  | \$210.00             |
| 120        | 9:30-10:20a               | 1      | G      | \$10.00           | 35             | \$350.00             |       | 308        | 3:45-4:35 p              | 3 | G           | \$11.00           | 35  | \$385.00             |
| 121        | 2:15-2:45p                | 1      | S      | \$6.00            | 35             | \$210.00             |       | 309        | 4:45-5:35 p              | 3 | G           | \$11.00           | 35  | \$385.00             |
| 122        | 2:45-3:10p                | 1      | S      | \$6.00            | 35             | \$210.00             |       |            |                          |   |             |                   | 22 y 27 1 1 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |                      |
| 123        | 3:10-3:35p                | 1      | S      | \$6.00            | 35             | \$210.00             |       | *          | 3:45-5:30p               | 0 | 2SP         | *Se               | e separ                                     | ate contract         |
| 124        | 3:45-4:35p                | 1      | S      | \$11.00           | 35             | \$385.00             |       |            |                          |   |             |                   |   |                      |
| 125        | 4:45-5:35p                | 1      | PWB    | \$11.00           | 35             | \$385.00             |       |            |                          |   |             |                   |   |                      |
| 126        | 5:45-6:35p                | 1      | G      | \$11.00           | 35             | \$385.00             | WEDNI | ESDAY      | STATE OF THE PERSONS     |   | V           |                   | to a construction of the                    |                      |
| 127        | 6:00-6:30 a               | 1      | G      | \$4.50            | 34             | \$153.00             | WEDN  | LODAT      |                          |   |             |                   |   |                      |
| 128        | 6:30-7:00 a               | 1      | G      | \$4.50            | 34             | \$153.00             |       |            |                          |   |             |                   |   |                      |
| 129        | 7:00-7:30 a               | 1      | G      | \$4.50            | 34             | \$153.00             |       | 310        | 2:10-3:00p               | 3 | G           | \$11.00           | 34  | \$374.00             |
| 130        | 7:30-8:00 a               | 1      | G      | \$4.50            | 34             | \$153.00             |       | 311        | 3:00-3:50p               | 3 | S           | \$11.00           | 34  | \$374.00             |
| 131        | 8:00-8:30a                | 1      | G      | \$4.50            | 34             | \$153.00             |       |            |                          |   |             |                   |   |                      |
| 132        | 8:40-9:30a                | 1      | G      | \$10.00           | 34             | \$340.00             |       |            |                          |   |             |                   |   |                      |
| 133        | 9:30-10:20a               | 1      | G      | \$10.00           | 34             | \$340.00             |       |            |                          |   |             |                   |   |                      |
| 134        | 3:00-3:50p                | 1      | G      | \$11.00           | 34             | \$374.00             |       |            |                          |   |             |                   |   |                      |
| 135        | 4:00-4:50p                | 1      | G      | \$11.00           | 34             | \$374.00             | THUR  | CDAV       |                          |   |             | _                 |   |                      |
| 136        | 6:00-6:30 a               | 1      | G      | \$4.50            | 33             | \$148.50             | Inuk  | SUAT       |                          |   |             |                   | _   |                      |
| 137        | 6:30-7:00 a               | 1      | G      | \$4.50            | 33             | \$148.50             | _     | 312        | 2:15-2:45p               | 3 | G           | \$6.00            | 33  | \$198.00             |
| 138        | 7:00-7:30 a               | 1      | G      | \$4.50            | 33             | \$148.50             |       | 313        | 2:45-3:10p               | 3 | G           | \$6.00            | 33  | \$198.00             |
| 139        | 7:30-8:00 a               | 1      | G      | \$4.50            | 33             | \$148.50             |       | 314        | 3:10-3:35p               | 3 | G           | \$6.00            | 33  | \$198.00             |
| 140        | 8:00-8:30a                | 1      | G      | \$4.50            | 33             | \$148.50             |       | 315        | 3:45-4:35p               | 3 | G           | \$11.00           | 33  | \$363.00             |
| 141        | 8:40-9:30a                | 1      | G      | \$10.00           | 33             | \$330.00             |       | 316        | 4:45-5:35p               | 3 | G           | \$11.00           | 33  | \$363.00             |
| 142        | 9:30-10:20a               | 1      | G      | \$10.00           | 33             | \$330.00             |       |            |                          |   |             |                   |   |                      |
| 143        | 2:15-2:45p                | 1      | S      | \$6.00            | 33             | \$198.00             |       |            |                          |   |             |                   |   |                      |
| 144        | 2:45-3:10p                | 1      | S      | \$6.00            | 33             | \$198.00             |       |            |                          |   |             |                   |   |                      |
| 145        | 3:10-3:35p                | 1      | S      | \$6.00<br>\$11.00 | 33             | \$198.00             |       |            |                          |   |             |                   |   |                      |
| 146<br>147 | 3:45-4:35p<br>4:45-5:35p  | 1      | PWB    | \$11.00           | 33             | \$363.00<br>\$363.00 |       |            |                          |   |             |                   |   |                      |
| 147        | 5:45-6:35p                | 3      | G      | \$11.00           | 33             | \$363.00             | -     | *          | 3:45-5:30p               | 0 | 2SP         | *Sec              | e separa                                    | ate contract         |
| 1-10       | 0.70-0.00p                |        |        | ψ11.00            |                | \$000.00             | FRID  | DAY        | Maria Maria              |   |             |                   | Conduction of the last                      | Data Call Control    |
| 149        | 6:00-6:30a                | 1      | G      | \$4.50            | 31             | \$139.50             |       |            |                          |   |             |                   |   |                      |
| 150        | 6:30-7:00a                | 1      | G      | \$4.50            | 31             | \$139.50             |       |            |                          |   |             |                   |   |                      |
| 151        | 7:00-7:30a                | 1      | G      | \$4.50            | 31             | \$139.50             |       |            |                          |   |             |                   |   |                      |
| 152        | 7:30-8:00a                | 1      | G      | \$4.50            | 31             | \$139.50             |       | 0/=        | 0.40.0.0                 |   | _           | 00.00             | 07  | 0400.00              |
| 153        | 8:00-8:30a                | 1      | G      | \$4.50            | 31             | \$139.50             |       | 317        | 2:10-2:35p               | 3 | G           | \$6.00            | 31  | \$186.00             |
| 154        | 8:40-9:30a                | 1      | G      | \$10.00           | 31             | \$310.00             | _     | 318        | 2:35-3:00p               | 3 | G           | \$6.00<br>\$11.00 | 31  | \$186.00<br>\$341.00 |
| 155        | 9:30-10:20a               | 1      | G<br>S | \$10.00<br>\$6.00 | 31             | \$310.00<br>\$186.00 |       | 319        | 3:00-3:50p               | 3 | G           | \$11.UU           | 31  | φ341.00              |
| 156<br>157 | 2:45-3:10p<br>3:10-3:35p  | 1      | S      | \$6.00            | 31             | \$186.00             |       |            |                          |   |             |                   |   |                      |
| 158        | 3:45-4:35p                | 1      | SPJ    | \$11.00           | 31             | \$341.00             | _     |            |                          |   |             |                   |   |                      |
| 159        | 4:45-5:35p                | 1      | G      | \$11.00           | 31             | \$341.00             |       |            |                          |   |             |                   |   |                      |
| 160        | 5:45-6:35p                | 1      | G      | \$11.00           | 31             | \$341.00             |       |            |                          |   |             |                   |   |                      |
|            |                           |        |        |                   |                |                      | SATUR | RDAY       |                          |   |             |                   |   |                      |
| 161        | 8:45-9:35a                | 1      | G      | \$11.00           | 30             | \$330.00             |       |            |                          |   |             |                   |   |                      |
| 162        | 9:45-10:35a               | 1      | G      | \$11.00           | 30             | \$330.00             |       |            |                          |   |             |                   |   |                      |
| 163        | 10:45-11:35a              | 1      | G      | \$11.00           | 30             | \$330.00             |       |            |                          |   |             |                   |   |                      |



# WAIVER / CONSENT / SKATING POLICIES

# Please read and sign



• Suburban Ice Rochester shall not be liable for any and all claims or actions of any kind whatsoever for injuries, damages, or losses of any kind to persons or property which may be sustained in connection with any Suburban Ice Rochester activity.

• Recognizing the normal risk of skating on ice, I agree to skate at my own risk and to abide by all skating policies established by the Onyx-Suburban Skating Academy, Suburban Ice Rochester management and/or professionals. Suburban Ice Rochester assumes no responsibility for accidents on or off the ice, or damage to personal property

• In the event an emergency situation arises, in which I/we are unable to be contacted or any unavailable for immediate authorization, I/we give permission to \_\_\_\_\_\_ or if unavailable, to Suburban Ice Rochester, to arrange for emergency procedures for the contracted skater at a local hospital, or by a physician, and agree to hold all parties harmless

#### There will be no refunds, cancellations or deletions to the contract

- Suburban Ice Rochester reserves the right to cancel scheduled events without liability, other than reimbursement credit
- · Suburban Ice Rochester is not responsible for lost, late, stolen or misdirected mail
- Suburban Ice Rochester is not responsible for typographical errors
- Suburban Ice Rochester requires that ice contract payments be RECEIVED in the office (NOT POSTMARKED) by the specified date in your ice contract. NO POSTDATED CHECKS. All late payments are assessed a \$25.00 late fee, and the affected skater shall be denied on ice privileges until after their account is brought current with payment of the late charges and contract payments
- By participating in a United States Figure Skating sanctioned event and/or hosted activity, and for good and valuable consideration, I release and grant to U.S. Figure Skating, including its subsidiary and affiliated entities, the right to use my name, likeness, image, photograph, voice, video, athletic performance, biographical information and any other indicia of identity, in any format whatsoever, from the event or activity listed above (collectively, my "Identifications"), and to distribute, broadcast and exhibit my Identifications, without charge, restriction or liability, in any media now known or hereafter devised (including, but not limited to, television, internet, web casting, and video streaming) or in various publications (including, but not limited to, SKATING Magazine, the directory or media guide and marketing materials) into perpetuity, unless otherwise specified and agreed upon. I understand that I will not receive any compensation for any such use of my Identifications. It is also agreed that at no time can US. Figure Skating release or authorize the use of my Identifications to an unrelated third party for the purpose of my endorsement of any commercial property, product or service, without my written permission.

Please Sign Here:

## **Injury Policy**

• If a skater is unable to skate for 14 or more days due to any injury or illness; they may request that their contract be canceled until the skater can resume full skating activities. This request should be in writing with a doctor's letter indicating the extent of the injury, to document the request. The contracted skater is responsible for paying their contracted ice payments.

## **OSA Skaters Policies**

- Skaters must sign in with the monitor before taking the ice for the day and must notify the monitor if not taking the ice.
- Skaters must use the designated locker rooms when putting skates on, failure to do so may result in denial to begin the session.
- · Locker rooms and other areas around the arenas are to be left clean and all debris picked up and put in trash containers
- · Sessions will be sold after five minutes, exceptions: Those skaters whose names have been recorded as having to arrive late
- · Absolutely no eating, drinking or gum chewing on the ice with the exception of water bottles
- · Proper respect must be shown to all Professionals, monitors, off-ice instructors, fellow skaters, and parents
- Do not interrupt Professionals while they are in a lesson
- · Skaters in a program or lesson have the right of way
- · No foul language and show of temper is allowed, kicking the ice is inexcusable and you will be asked to leave the ice
- · All skaters are to leave the ice immediately when the session is over
- · No I-pods or cell phones are allowed on the sessions
- · Ice sessions are for training purposes, any other use such as excessive talking will result in expulsion from the session

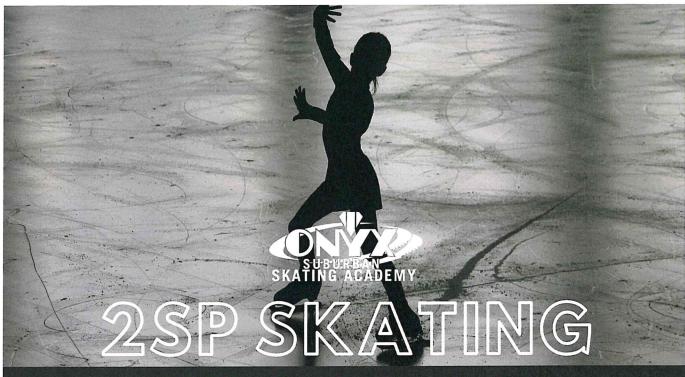
Skaters who cannot abide by the above rules may be asked to leave the ice. Their names will be recorded and parents will be called if necessary.

Repeated or serious infractions of the rules will be referred to the Skating Director and loss of ice privileges may ensue.

I HAVE READ THE ABOVE RULES AND CONDITIONS, AND AGREE TO ADHERE TO THEM. I ALSO UNDERSTAND THAT I AM RESPONSIBLE FOR THE FULL PAYMENT OF THIS CONTRACT REGARDLESS OF CIRCUMSTANCE. CONTRACT WILL NOT BE HONORED WITHOUT SIGNATURE(S):

| Parent/Guardian's Signature | Date |  |  |  |  |
|-----------------------------|------|--|--|--|--|
| Skater's Signature          | Date |  |  |  |  |





# PROGRAM

OFF-ICE TRAINING FOR FIGURE SKATING

# Suburban Ice Rochester

34 weeks of training

1 to 2 sessions per week (Mon, Tues, Thurs)

\$15 per session

3:45 - 5:30 PM

# Offering:

- SPORT PERFORMANCE TRAINING
- MOBILITY BASED EXERCISE

- FREE TESTING

- AGE APPROPRIATE SKILL BASED TRAINING

