

Membership Renewal and Summer Ice Registration

Membership Renewal: [TUESDAY, MAY 6-MONDAY, MAY 12, 2025](#)

All current OSA and USFS memberships expire as of June 1, 2025. Memberships must be renewed in order to register for the Summer Skating Contract. Membership applications are available online **ONLY!** For renewal please visit www.onyxskatingacademy.com and click on the Entryeeze membership logo.

SafeSport Compliance:

In 2018, as part of its SafeSport Program, U. S. Figure Skating announced it has expanded the list of adults required to complete SafeSport training and background checks for each membership year. This will affect members and volunteers, over the age of 18, who are in a position of authority over an athlete or anyone who has frequent contact with athletes. This includes all volunteers in any sanctioned events or club activities who come in contact with athletes and locker room volunteers for all competitions, ice shows and club events. This is not an OSA mandated program; it comes from U.S. Figure Skating. SafeSport training must be completed annually. **Background checks are valid for the season in which a determination is issued and the following season with a 12 month automatic recheck.**

If you have questions, please email SafeSport@usfigureskating.org, or contact Member Services at memberservices@usfigureskating.org or call 719-635-5200. The OSA SafeSport Compliance Chair is Bridget MacDonald. She can be reached at bridgemacd@gmail.com.

Seniority Numbers: Seniority numbers were assigned on July 1, 2024 to all members for the 2024-2025 membership year. A new seniority number will be issued on July 1, 2025, for the 2025-2026 membership season. That seniority number will be used for registration for the 2025 Summer Contract and the 2025-2026 Fall/Winter/Spring Skating Season.

Payment: There are two payment options available. Payment in full or a two-payment plan, with 50% due at registration and the remainder due on or before **July 1st**. Payments can be made with cash, check or credit/debit card. If using a **credit/debit card**, your card will be set up on automatic payments. Payment two will automatically come out **July 1st**. ***All contracts totaling under \$375 must be paid in full at registration*** It is very important that all payments be made on time.

Ice Time Changes: Changes to the summer contract will only be allowed until Friday, **June 28th** with a fee of \$15.00. After this date, there will not be changes allowed under any circumstances. There will be no deletions allowed to your contract once the summer skating season has begun.

Registration: [Monday, May 19th through Tuesday, May 27th](#)

Each session has 24 spots available and will be assigned based on seniority number. If a session should fill up, there is a wait list. Please have a "back up plan" session if this should happen. Any registrations after **May 27th** will be processed on a first come, first serve basis.

Skater Name: _____ D.O.B: _____ Gender: _____
(First) (MI) (Last)

Address: _____ City: _____ State: _____ Zip: _____

Emergency Contact: _____ Cell or Home: _____

Coach(es): _____ Highest Freestyle Test Level: _____

USFS #: _____ Home Club: _____ Second Club: _____

Description of Sessions		Session Pricing Rates		Payment Worksheet		
Gen:	No Freestyle Test Required	50% DUE AT REGISTRATION		Total on ice sessions (\$13 each)	=	
	Sessions limited to 24 skaters	2nd PAYMENT DUE JULY 11TH		Total amount Yoga & Ballet (\$10 each)	=	
Mondays July 21 & 28		On ice session contract price	\$13 each	Off ice Strength (\$10 each)	=	
Please note adjusted session times		Yoga & Ballet contract price	\$10 each	Total contract amount	=	
OSA Test Day Thursday, June 12th		Strength & Conditioning price	\$10 each	1st Payment (50% of total)	=	
OSA Test July 26TH VIRTUAL ONLY		ALL OFF ICE DROP-IN PRICE	\$12 each	2nd Payment due by July 11th	=	
OSA Test Day Thursday, August 14th		ALL ON ICE DROP-IN PRICE	\$17 each	MUST CONTRACT 9 OUT OF 10 WEEKS		

1. Please choose sessions carefully. This is a contract and there will be no refunds, cancellations or deletions. This contract is not transferable to siblings. Skaters must contract 9 out of the 10 weeks to receive the \$13 contract price.
2. Payment Plans: One payment due with contract at registration. Two Payments: 1st payment due at registration, 2nd payment due on or before Friday, July 11th. **Contracts totaling under \$375 must be paid in full at registration.**
3. Payments may be made with Cash, Check (made out to Suburban Ice Macomb), Credit/Debit Card or ACH. A \$40 NSF fee will be attached for all returned checks. Credit, Debit and ACH payments will be set up on Auto Pay.

1. Skaters **MUST** have a renewed OSA membership for the 2025-2026 season to take skate the summer contract.

2. All skaters must use designated areas to put skates on and off.

3. Skaters must sign in at the arena front desk, prior to taking the ice.

4. If a skater is unable to skate for 14 days or more due to injury or illness a request may be made to cancel their contract until the skater can resume full skating activities. This request must be submitted in writing accompanied by a doctor's note.

5. Absolutely no eating, drinking or gum chewing on the ice with the exception of water bottles.

6. Proper respect must be shown to all professionals, monitors, instructors, fellow skaters and parents.

7. Ice sessions are for training purposes, any other use such as excessive talking, cell phone / texting use, will result in expulsion from the session. Foul language or show of temper is not allowed, and the skater will be asked to leave the ice.

8. Suburban Ice Macomb reserves the right to cancel scheduled events without liability, other than reimbursement credit.

9. Suburban Ice Macomb (SIM) shall not be liable for any and all claims or actions of any kind what so ever for injuries, damages or losses of any kind to persons or property which may be sustained in connection with any SIM activity.

10. Repeated or serious infractions of the rules will result in loss of ice privileges. All skaters and parents must adhere to the skater and parent code of conduct set forth by the USFS.

11. Recognizing the normal risk of skating on ice, I agree to skate at my own risk and to abide by all skating policies established by Suburban Ice Macomb management and the Onyx Suburban Skating Academy and/or professionals. Suburban Ice Macomb assumes no responsibility for accidents on or off the ice, or damage to personal property. By participating in a United States Figure Skating sanctioned event and/or hosted activity, and for good and valuable consideration, I release and grant to U.S. Figure Skating, including its subsidiary and affiliated entities, the right to use my name, likeness, image, photograph, voice, video, athletic performance, biographical information and any other indicia of identity, in any format whatsoever, from the event or activity listed above (collectively, my "identifications"), and to distribute, broadcast and exhibit my identifications, without charge, restriction or liability, in any media now known or hereafter devised (including, but not limited to, television, internet, webcasting and video streaming) or in various publications (including but not limited to SKATING Magazine, the directory or media guide and marketing materials) into perpetuity, unless otherwise specified and agreed upon. I understand that I will not receive any compensation for any such use of my identifications. It is also agreed that at no time can U.S. Figure Skating release or authorize the use of my identifications to an unrelated third party for the purpose of my endorsement of any commercial property, product or service, without my written permission.

- I have read the above rules and conditions and agree to adhere to them. I also understand that I am responsible for the full payment of this contract regardless of the circumstances. Contract will not be honored without signature (s).*

Parent/Guardian's Signature: _____ Date: _____

Skater's Signature: _____ Date: _____

Questions: Please contact Skating Director Brenda Willhite at bwillhite@suburbanice.com



Suburban Ice Macomb Summer Freestyle Contract June 16-August 21, 2025



Skaters must contract 9 out of the 10 weeks* *Sessions with less than 5 skaters are subject to cancellation

Time	Level	#	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Totals
Monday (10 weeks)			16-Jun	23-Jun	30-Jun	7-Jul	14-Jul	21-Jul	28-Jul	4-Aug	11-Aug	18-Aug	
1:15-2:05p	Yoga	101					1:00-1:50p	1:00-1:50p					
2:15-3:05p	Gen	102					2:00-2:50p	2:00-2:50p					
3:00-3:50P	Strength	103					2:45-3:05p	2:45-3:05p					
3:15-4:05p	Gen	104					3:00-3:50p	3:00-3:50p					
4:15-5:05p	Gen	105					4:00-4:50p	4:00-4:50p					
5:15-6:05p*	Gen	106					5:30-6:20p	5:30-6:20p					
6:15-7:15p*	Gen	107					6:30-7:20p	6:30-7:20p					
Tuesday (10 weeks)			17-Jun	24-Jun	1-Jul	8-Jul	15-Jun	22-Jun	29-Jun	5-Aug	12-Aug	19-Aug	
8:00-8:50a	Gen	108											
9:00-9:50a	Gen	109											
10:00-10:50a	Gen	110											
11:00-11:50a	Gen	111											
12:00-1:00p	Ballet	112											
Wednesday (10 weeks)			18-Jun	25-Jun	2-Jul	9-Jul	16-Jul	23-Jul	29-Jul	6-Aug	13-Aug	20-Aug	
2:15-3:05p	Gen	113											
3:00-3:50P	Strength	114											
3:15-4:05p	Gen	115											
4:15-5:05p	Gen	116											
5:15-6:05p	Gen	117											
6:15-7:05p	Gen	118											
Thursday (10 weeks)			19-Jun	26-Jun	3-Jul	10-Jul	17-Jul	24-Jul	31-Jul	7-Aug	15-Aug	21-Aug	
8:00-8:50a	Gen	119											
9:00-9:50a	Gen	120											
10:00-10:50a	Gen	121											
11:00-11:50a	Gen	122											
12:00-12:50p	Ballet +	123											
Total Sessions													

Suburban Ice Macomb 54755 Broughton Road Macomb, MI 48042



Summer Off-Ice Classes with Katrina and Denise



Balance



Flexibility



Explosiveness



Endurance



Grace & artistry



Mental Strength

Dance and Choreography

with Katrina Hostetler

When: Thursdays 12:00-12:50pm

Skaters develop full body strength, technical skills, artistic expression, performance skills, and endurance to excel in the sport.

During each class the skaters will do a warm up- including stretching, learn a new dance step, and learn a short piece of choreography in different styles of dance, including, but not limited to Ballet, Jazz, Lyrical, Broadway, Tap, Zumba, and Modern.

Ballet

with Katrina Hostetler

When: Tuesdays 12:00-1:00pm

Skaters develop enhanced artistry, improved posture, flexibility, strength, and musicality, which all translate to better skater performance and a more graceful fluidity on the ice.

Skaters will do a full Cecchetti style barre emphasizing strength, elasticity, musicality, and artistry. Skaters will work off the barre and focus on core strength and technique in center. The class will have a short period of stretching between barre and center work.

Strength and Conditioning

with Katrina Hostetler

When: Mondays & Wednesdays 3:00-3:50pm

Skaters develop enhanced strength, flexibility, and overall physical conditioning, which are crucial for improving performance and preventing injuries.

Skaters will work on building strength and endurance completing exercises focusing on core, legs, and back muscles. With high focus on flexibility and mobility through stretching, balance, and stability exercises essential for staying upright during jumps and spins, skaters will work on rotation drills and agility exercises

Yoga:

With Denise Lefleur

When: Mondays 1:15-2:05pm

Skaters will work through the foundations of yoga while focusing on strength, control, and flexibility.

Skaters will learn new techniques to improve balance and body awareness. Practicing yoga can reduce stress and anxiety and improve focus and concentration, allowing skaters to stay more present and attentive during both practice and performance.

Yoga questions? Contact yogacoachdenise@yahoo.com