

2025-2026 FWS Skating Season



September 2, 2025 - June 13, 2026

"Fall, Winter, Spring Test Dates"

Thursday, September 18 [MACOMB]

Thursday, October 16 [ROCHESTER]

Thursday, November 13 [MACOMB]

Thursday, December 4 [ROCHESTER]

LAST TEST DAY TO UPDATE 2026 ICE SHOW LEVEL

Thursday, January 15 [MACOMB]

Thursday, February 12 [ROCHESTER]

Thursday, March 12 [MACOMB]

Thursday, April 16 [ROCHESTER]

ICE SHOW 2026

ELEMENTAL: MAY 2-3, 2026



Rochester, MI 48307

248.601.6699

www.suburbanicerochester.com



FALL, WINTER, SPRING ICE CONTRACT REGISTRATION

MONDAY AUGUST 11 - TUESDAY AUGUST 19, 2025

*Membership & Safesport Compliance:

Memberships must be renewed and active in order to register for the FWS Skating Contract. Membership applications are available online **ONLY!** For renewal please visit www.onyxskatingacademy.com and click on the membership tab. U.S. Figure Skating is committed to providing a safe, healthy and positive skating environment for all members and volunteers.

In 2018, as part of its SafeSport Program, U.S. Figure Skating announced it has expanded the list of adults required to complete SafeSport training and background checks for each membership year. This will affect members and volunteers, over the age of 18, who are in a position of authority over an athlete or anyone who has frequent contact with athletes. This includes all volunteers in any sanctioned events or club activities who come in contact with athletes and locker room volunteers for all competitions, ice shows and club events. This is not an OSA mandated program; it comes from US Figure Skating! In order for our club to stay Safesport compliant, we are requiring all parent volunteers to complete this training. **SafeSport training must be completed annually. Background checks are valid for the season in which a determination is issued and the following season with a 12 month automatic recheck.**

If you have questions, please email SafeSport@usfigureskating.org, or contact Member Services at memberservices@usfigureskating.org or call 719.635.5200. The OSA Safesport Compliance Chair is [Jessie Niespolo](mailto:jessieniespolo@gmail.com). She can be reached at jessieniespolo@gmail.com

*Seniority Numbers:

Seniority numbers were assigned on July 1, 2025 to all members for the 2025-2026 membership year. A new seniority number will be issued on July 1, 2026 for the 2026-2027 membership season. Your current seniority number will be used for registration for the 2025-26 FWS contract and 2026 Summer Skating contract.

*Payments:

There are three payment options available; Payment in full, in thirds or in sixths. **A payment is due at registration and contracts will not be accepted without payment.** Payments can be made with cash, check (ACH), or credit/debit card. ***PLEASE NOTE*** If using a check (ACH) or credit/debit card, your invoice will be set up on automatic payments with whatever plan you choose. **All contracts \$750 or under must be paid in full or using the 3-payment plan. All credit/debit card transactions will incur a 3.25% processing fee.** It is very important that all payments be paid on time otherwise ice privileges may be suspended at the discretion of the Suburban Ice Rochester. **Payments a week late will result in a \$25.00 late fee. Payments two or more weeks late will result in a late payment fee and the skater being removed from OSA contract ice until payment is made.**

*Ice time changes:

Changes to the FWS contract will only be allowed until **Saturday February 21, 2026** with a fee of \$15.00. **After this date there will not be changes allowed under any circumstances. There will be no deletions allowed to your contract once the FWS skating season has begun.**

*Registering:

Each session has 24 spots available and will be assigned based on your seniority number. If a session should fill up, there is waiting list. Please have a "back up plan" session if this should happen. Any registrations after **August 19th** will be processed on a first come, first serve basis.

Electronic registration will be open from **Monday August 11 - Tuesday August 19 at the arena front desk.** Registration hours will be between 9am and 9pm during the registration days, unless otherwise noted.





2025-2026 Skating Season



Skater Name: _____ D.O.B _____ Sex: _____
 (First) (MI) (Last)

Address: _____ City: _____ State: _____ Zip: _____

Email Address: _____ Phone: _____

Parent 1 Name: _____ Cell or Work: _____

Parent 2 Name: _____ Cell or Work: _____

Emergency Contact: _____ Cell or Home: _____

Coach(es): _____ Highest Freestyle Test Level: _____

USFS # _____ Home Club: _____ Second Club: _____

DATES NOT INCLUDED IN CONTRACT

October 17 & 18, 2025 - Hockey Tournament	March 13, 2026 - NO PM ICE *Hockey Tournament
November 14 & 15, 2025 - Hockey Tournament	March 14, 2026 - Hockey Tournament
November 27-29, 2024 - Thanksgiving Break	March 25-28, 2026 - Hockey Tournament
December 24 - January 3, 2026 - Holiday Break	March 30- April 4, 2026 - Spring Break
January 9, 2026 - NO PM ICE - H.S Competition	April 20 - May 2, 2026 - Ice Show Break
January 16 & 17, 2026 - Hockey Tournament	May 25, 2026 - Memorial Day
February 13 & 14, 2026 - Hockey Tournament	*Additional Sessions Subject to Cancellation*
	Drop-In Passes will be issued in the event of a cancellation

DROP-IN ICE MAY BE PROVIDED. A SCHEDULE WILL BE EMAILED IF AVAILABLE

Description of On-Ice Levels

G	Any Level	Moves in the field and dance are permitted on all sessions unless stated otherwise in the level description. If sessions do not fill, levels are subject to change per the skating directors approval.
S	*IJS Juvenile, Intermediate Excel, Novice-Senior FS Test or 2025 Excel National Festival Final Qualifier (No Open Juvenile, Juvenile Excel, No Intermediate Test Only)	
PWB	Preliminary *WELL-BALANCED/PLUS - Senior FS Test (No Prelim Excel)	

Payment Plans

One Payment Plan	Six Payment Plan
1st PMT: Due with Contract	1st PMT: Due with Contract
	2nd PMT: October 1, 2025
	3rd PMT: November 1, 2025
	4th PMT: February 1, 2026
	5th PMT: March 1, 2026
	6th PMT: April 1, 2026

Payment Information

Checks payable to the Suburban Ice Rochester
3.25% processing fee on all credit/debit card payments
\$40 bank fee will be charged for all returned checks
\$25 late fee will be added to invoice for payment (1) week late
Payments (2) weeks late will result in skaters removal from ice
Payments can be made by Cash, Check, ACH or Credit/Debit Card
\$15 administrative fee will be assessed for all changes to contract
No refunds/deletions will be given after contract has begun

DROP IN PRICES

Freestyle Session = **\$17.00** 1/2 Hour AM = **\$8.00** 1/2 Hour PM = **\$10.00** Ballet = **\$12.00** CrossFit = **\$19.00**

Contract Total Worksheet

If using a ACH/credit/debit card , you will be set up on automatic payments. Payments will automatically come out on the above dates. It is very important that all payments be paid on time otherwise ice privileges may be suspended at the discretion of Suburban Ice Rochester.	CONTRACT TOTAL:	
	1st Payment:	
	BALANCE:	
	# of Pmts Remaining	
	Amount per Payment:	

Skater Name:

Seasons with less than 6 skaters confirmed are subject to cancellation																	
Code	Time	Rink	Level	Rate	Weeks	Total	X	Code	Time	Rink	Level	Rate	Weeks	Total	X		
MONDAY																	
100	6:00-6:30a	1	G	\$6.50	35	\$227.50											
101	6:30-7:00a	1	G	\$6.50	35	\$227.50											
102	7:00-7:30a	1	G	\$6.50	35	\$227.50											
103	7:30-8:00a	1	G	\$6.50	35	\$227.50			300	2:15-2:45p	3	G	\$8.00	35	\$280.00		
104	8:00-8:30a	1	G	\$6.50	35	\$227.50			301	2:45-3:10p	3	G	\$8.00	35	\$280.00		
105	8:40-9:10a	1	G	\$6.50	35	\$227.50			302	3:10-3:35p	3	G	\$8.00	35	\$280.00		
106	9:10-10:00a	1	G	\$12.00	35	\$420.00			303	3:45-4:35p	3	G	\$13.00	35	\$455.00		
107	10:00-10:50a	1	G	\$12.00	35	\$420.00			304	4:45-5:35p	3	G	\$13.00	35	\$455.00		
108	2:15-2:45p	1	S	\$8.00	35	\$280.00											
109	2:45-3:10p	1	S	\$8.00	35	\$280.00											
110	3:10-3:35p	1	S	\$8.00	35	\$280.00			O1	4:45-5:30p		Off-Ice	\$15.00	35	\$525.00		
111	3:45-4:35p	1	S	\$13.00	35	\$455.00											
112	4:45-5:35p	1	G	\$13.00	35	\$455.00											
113	5:45-6:35p	1	G	\$13.00	35	\$455.00											
TUESDAY																	
114	6:00-6:30a	1	G	\$6.50	37	\$240.50											
115	6:30-7:00a	1	G	\$6.50	37	\$240.50											
116	7:00-7:30a	1	G	\$6.50	37	\$240.50											
117	7:30-8:00a	1	G	\$6.50	37	\$240.50			305	2:15-2:45p	3	G	\$8.00	37	\$296.00		
118	8:00-8:30a	1	G	\$6.50	37	\$240.50			306	2:45-3:10p	3	G	\$8.00	37	\$296.00		
119	8:40-9:30a	1	G	\$12.00	37	\$444.00			307	3:10-3:35p	3	G	\$8.00	37	\$296.00		
120	9:30-10:20a	1	G	\$12.00	37	\$444.00			308	3:45-4:35 p	3	G	\$13.00	37	\$481.00		
121	2:15-2:45p	1	S	\$8.00	37	\$296.00			309	4:45-5:35 p	3	G	\$13.00	37	\$481.00		
122	2:45-3:10p	1	S	\$8.00	37	\$296.00											
123	3:10-3:35p	1	S	\$8.00	37	\$296.00											
124	3:45-4:35p	1	S	\$13.00	37	\$481.00			O2	4:45-5:35p		Ballet	\$10.00	37	\$370.00		
125	4:45-5:35p	1	PWB	\$13.00	37	\$481.00			O3	5:45-6:20p		Intro	\$8.00	37	\$296.00		
126	5:45-6:35p	1	G	\$13.00	37	\$481.00											
WEDNESDAY																	
127	6:00-6:30 a	1	G	\$6.50	35	\$227.50											
128	6:30-7:00 a	1	G	\$6.50	35	\$227.50											
129	7:00-7:30 a	1	G	\$6.50	35	\$227.50			310	2:10-3:00p	3	G	\$13.00	35	\$455.00		
130	7:30-8:00 a	1	G	\$6.50	35	\$227.50			311	3:00-3:50p	3	S	\$13.00	35	\$455.00		
131	8:00-8:30a	1	G	\$6.50	35	\$227.50											
132	8:40-9:30a	1	G	\$12.00	35	\$420.00											
133	9:30-10:20a	1	G	\$12.00	35	\$420.00											
134	3:00-3:50p	1	G	\$13.00	35	\$455.00											
135	4:00-4:50p	1	G	\$13.00	35	\$455.00			O4	5:00-5:45p		Off-Ice	\$15.00	35	\$525.00		
THURSDAY																	
136	6:00-6:30 a	1	G	\$6.50	34	\$221.00											
137	6:30-7:00 a	1	G	\$6.50	34	\$221.00				312	2:15-2:45p	3	G	\$8.00	34	\$272.00	
138	7:00-7:30 a	1	G	\$6.50	34	\$221.00				313	2:45-3:10p	3	G	\$8.00	34	\$272.00	
139	7:30-8:00 a	1	G	\$6.50	34	\$221.00		314		3:10-3:35p	3	G	\$8.00	34	\$272.00		
140	8:00-8:30a	1	G	\$6.50	34	\$221.00		315		3:45-4:35p	3	G	\$13.00	34	\$442.00		
141	8:40-9:30a	1	G	\$12.00	34	\$408.00		316		4:45-5:35p	3	G	\$13.00	34	\$442.00		
142	9:30-10:20a	1	G	\$12.00	34	\$408.00											
143	2:15-2:45p	1	S	\$8.00	34	\$272.00											
144	2:45-3:10p	1	S	\$8.00	34	\$272.00											
145	3:10-3:35p	1	S	\$8.00	34	\$272.00		O5		4:45-5:30p		Off-Ice	\$15.00	34	\$510.00		
146	3:45-4:35p	1	S	\$13.00	34	\$442.00											
147	4:45-5:35p	1	PWB	\$13.00	34	\$442.00											
148	5:45-6:35p	3	G	\$13.00	34	\$442.00											
FRIDAY																	
149	6:00-6:30a	1	G	\$6.50	30	\$195.00											
150	6:30-7:00a	1	G	\$6.50	30	\$195.00											
151	7:00-7:30a	1	G	\$6.50	30	\$195.00											
152	7:30-8:00a	1	G	\$6.50	30	\$195.00											
153	8:00-8:30a	1	G	\$6.50	30	\$195.00			317	2:10-2:35p	3	G	\$8.00	28	\$224.00		
154	8:40-9:30a	1	G	\$12.00	30	\$360.00			318	2:35-3:00p	3	G	\$8.00	28	\$224.00		
155	9:30-10:20a	1	G	\$12.00	30	\$360.00			319	3:00-3:50p	3	G	\$13.00	28	\$364.00		
156	2:45-3:10p	1	S	\$8.00	28	\$224.00											
157	3:10-3:35p	1	S	\$8.00	28	\$224.00											
158	3:45-4:35p	1	PWB	\$13.00	28	\$364.00											
159	4:45-5:35p	1	G	\$13.00	28	\$364.00											
160	5:45-6:35p	1	G	\$13.00	28	\$364.00											
SATURDAY																	
161	8:45-9:35a	1	G	\$13.00	29	\$377.00											
162	9:45-10:35a	1	G	\$13.00	29	\$377.00											



WAIVER / CONSENT / SKATING POLICIES

Please read and sign



- Suburban Ice Rochester shall not be liable for any and all claims or actions of any kind whatsoever for injuries, damages, or losses of any kind to persons or property which may be sustained in connection with any Suburban Ice Rochester activity.
- Recognizing the normal risk of skating on ice, I agree to skate at my own risk and to abide by all skating policies established by the Onyx-Suburban Skating Academy, Suburban Ice Rochester management and/or professionals. Suburban Ice Rochester assumes no responsibility for accidents on or off the ice, or damage to personal property
- In the event an emergency situation arises, in which I/we are unable to be contacted or any unavailable for immediate authorization, I/we give permission to _____ or if unavailable, to Suburban Ice Rochester, to arrange for emergency procedures for the contracted skater at a local hospital, or by a physician, and agree to hold all parties harmless

There will be no refunds, cancellations or deletions to the contract

- Suburban Ice Rochester reserves the right to cancel scheduled events without liability, other than reimbursement credit
- Suburban Ice Rochester is not responsible for lost, late, stolen or misdirected mail
- Suburban Ice Rochester is not responsible for typographical errors
- Suburban Ice Rochester requires that ice contract payments be RECEIVED in the office (NOT POSTMARKED) by the specified date in your ice contract. NO POSTDATED CHECKS. All late payments are assessed a \$25.00 late fee, and the affected skater shall be denied on ice privileges until after their account is brought current with payment of the late charges and contract payments
- By participating in a United States Figure Skating sanctioned event and/or hosted activity, and for good and valuable consideration, I release and grant to U.S. Figure Skating, including its subsidiary and affiliated entities, the right to use my name, likeness, image, photograph, voice, video, athletic performance, biographical information and any other indicia of identity, in any format whatsoever, from the event or activity listed above (collectively, my "Identifications"), and to distribute, broadcast and exhibit my Identifications, without charge, restriction or liability, in any media now known or hereafter devised (including, but not limited to, television, internet, web casting, and video streaming) or in various publications (including, but not limited to, SKATING Magazine, the directory or media guide and marketing materials) into perpetuity, unless otherwise specified and agreed upon. I understand that I will not receive any compensation for any such use of my Identifications. It is also agreed that at no time can US. Figure Skating release or authorize the use of my Identifications to an unrelated third party for the purpose of my endorsement of any commercial property, product or service, without my written permission. **Please Sign Here:** _____

Injury Policy

- If a skater is unable to skate for **14 or more** days due to any injury or illness; they may request that their contract be canceled until the skater can resume full skating activities. This request should be in writing with a doctor's letter indicating the extent of the injury, to document the request. The contracted skater is responsible for paying their contracted ice payments.

OSA Skaters Policies

- Skaters must sign in with the monitor before taking the ice for the day and must notify the monitor if not taking the ice.
- Skaters must use the designated locker rooms when putting skates on, failure to do so may result in denial to begin the session.
- Locker rooms and other areas around the arenas are to be left clean and all debris picked up and put in trash containers
- Sessions will be sold after five minutes, exceptions: Those skaters whose names have been recorded as having to arrive late
- Absolutely no eating, drinking or gum chewing on the ice with the exception of water bottles
- Proper respect must be shown to all Professionals, monitors, off-ice instructors, fellow skaters, and parents
- Do not interrupt Professionals while they are in a lesson
- Skaters in a program or lesson have the right of way
- No foul language and show of temper is allowed, kicking the ice is inexcusable and you will be asked to leave the ice
- All skaters are to leave the ice immediately when the session is over
- No I-pods or cell phones are allowed on the sessions
- Ice sessions are for training purposes, any other use such as excessive talking will result in expulsion from the session

Skaters who cannot abide by the above rules may be asked to leave the ice. Their names will be recorded and parents will be called if necessary. Repeated or serious infractions of the rules will be referred to the Skating Director and loss of ice privileges may ensue.

I HAVE READ THE ABOVE RULES AND CONDITIONS, AND AGREE TO ADHERE TO THEM. I ALSO UNDERSTAND THAT I AM RESPONSIBLE FOR THE FULL PAYMENT OF THIS CONTRACT REGARDLESS OF CIRCUMSTANCE. CONTRACT WILL NOT BE HONORED WITHOUT SIGNATURE(S):

Parent/Guardian's Signature _____ Date _____

Skater's Signature _____ Date _____



Off Ice Class – Strength Training and Conditioning

Onyx Suburban Skating Academy is excited to offer a new strength training and conditioning class at Suburban Rochester! The classes are structured as 45 minute classes that focus on:

- **Strength Training**
- **Functional Movements with Proper Form**
- **Stretching and Mobility**
- **Healthy Mindset and Eating Habits**

Some examples of equipment to be used:

- Dumbbells
- Kettlebells
- Medicine Balls
- Plyo Boxes
- Resistance Bands

..... Winter Class Schedule

Mondays

- 4:45 - 5:30 PM

Wednesdays

- 5:00 - 5:45 PM

Thursdays

- 4:45 - 5:30PM

Class will be coached by:

Lindsey Massoglia: Certified CrossFit Level 1,
Certified Macro Nutrition Coach

