

## 2024 Suburban Ice Macomb Summer Freestyle Contract June 10-August 23

Skater Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_ Gender: \_\_\_\_\_  
(First) (MI) (Last)

Email Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Cell or Work: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Cell or Home: \_\_\_\_\_

Coach(es): \_\_\_\_\_ Highest Freestyle Test Level: \_\_\_\_\_

USFS #: \_\_\_\_\_ Home Club: \_\_\_\_\_ Second Club: \_\_\_\_\_

Description of Sessions		Session Pricing Rates		Payment Worksheet		
Gen:	No Freestyle Test Required	50% DUE AT REGISTRATION		Total on ice sessions (\$13 each)	=	
	Sessions limited to 24 skaters	2ND PAYMENT DUE JULY 12TH		Total amount Yoga & Ballet (\$10 each)	=	
	NO ICE JULY 4TH & AUGUST 15TH	On ice session contract price	\$13 each	Off ice Strength/Conditioning (\$20 each)	=	
	*Mon 7/15 & 7/22 late start 5:30 & 6:30p	Yoga & Ballet contract price	\$10 each	Total contract amount	=	
	June 13th Test at Suburban Ice Macomb	Off ice strength & conditioning	\$20 each	1st Payment (50% of total)	=	
	July Test Virtual Only	Yoga & Ballet drop in price	\$12 each	2nd Payment due by July 12th	=	
	August 19th Test at Suburban Ice Rochester	On ice session drop in price	\$17 each			

### Contract and Payment Information

1. Please choose sessions carefully. This is a contract and there will be no refunds, cancellations or deletions. This contract is not transferable to siblings. Skaters must contract 10 out of the 11 weeks to receive the \$13 contract price.
2. Payment Plans: One payment due with contract at registration. Two Payments: 1st payment due at registration, 2nd payment due on or before Friday, July 12th. **Contracts totaling under \$375 must be paid in full at registration.**
3. Payments may be made with Cash, Check (made out to Suburban Ice Macomb), Credit/Debit Card or ACH. A \$40 NSF fee will be attached for all returned checks. Credit, Debit and ACH payments will be set up on Auto Pay.

### Waiver/Consent/Skating Policies

1. Skaters must have renewed their OSA Membership for the 2024-2025 season to take out a summer contract.
2. All skaters must use designated areas to put skates on and off.
3. Skaters must sign in at the arena front desk, prior to taking the ice.
4. If a skater is unable to skate for 14 days or more due to injury or illness a request may be made to cancel their contract until the skater can resume full skating activities. This request must be submitted in writing accompanied by a doctor's note.
5. Absolutely no eating, drinking or gum chewing on the ice with the exception of water bottles.
6. Proper respect must be shown to all professionals, monitors, instructors, fellow skaters and parents.
7. Ice sessions are for training purposes, any other use such as excessive talking, cell phone / texting use, will result in expulsion from the session. Foul language or show of temper is not allowed, and the skater will be asked to leave the ice.
8. Suburban Ice Macomb reserves the right to cancel scheduled events without liability, other than reimbursement credit.
9. Suburban Ice Macomb (SIM) shall not be liable for any and all claims or actions of any kind what so ever for injuries, damages or losses of any kind to persons or property which may be sustained in connection with any SIM activity.
10. Repeated or serious infractions of the rules will result in loss of ice privileges. All skaters and parents must adhere to the skater and parent code of conduct set forth by the USFS.
11. Recognizing the normal risk of skating on ice, I agree to skate at my own risk and to abide by all skating policies established by Suburban Ice Macomb management and the Onyx Suburban Skating Academy and/or professionals. Suburban Ice Macomb assumes no responsibility for accidents on or off the ice, or damage to personal property

By participating in a United States Figure Skating sanctioned event and/or hosted activity, and for good and valuable consideration, I release and grant to U.S. Figure Skating, including its subsidiary and affiliated entities, the right to use my name, likeness, image, photograph, voice, video, athletic performance, biographical information and any other indicia of identity, in any format whatsoever, from the event or activity listed above (collectively, my "identifications"), and to distribute, broadcast and exhibit my identifications, without charge, restriction or liability, in any media now known or hereafter devised (including, but not limited to, television, internet, webcasting and video streaming) or in various publications (including but not limited to SKATING Magazine, the directory or media guide and marketing materials) into perpetuity, unless otherwise specified and agreed upon. I understand that I will not receive any compensation for any such use of my identifications. It is also agreed that at no time can U.S. Figure Skating release or authorize the use of my identifications to an unrelated third party for the purpose of my endorsement of any commercial property, product or service, without my written permission.

I have read the above rules and conditions and agree to adhere to them. I also understand that I am responsible for the full payment of this contract regardless of the circumstances. Contract will not be honored without signature (s).

Parent/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Skater's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Questions please contact: Brenda Willhite at [Bwillhite@suburbanice.com](mailto:Bwillhite@suburbanice.com)**



Suburban Ice Macomb Summer Freestyle Contract June 3-August 23, 2024



\*Skaters must contract 10 of 11 full weeks\* \*Sessions with less than 5 skaters are subject to cancellation\*

Time	Level	#	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Totals
<b>Monday (11 weeks)</b>			10-Jun	17-Jun	24-Jun	1-Jul	8-Jul	15-Jul	22-Jul	29-Jul	5-Aug	12-Aug	19-Aug	
2:15-3:05p	Gen	101												
3:15-4:05p*	Off-ice	102	NO											
3:15-4:05p	Gen	103												
4:00-5:00p	Yoga	104		C	A	N	C	E	L	E	D			
4:15-5:05p	Gen	105												
5:00-5:50p	Ballet	106		C	A	N	C	E	L	E	D			
5:15-6:05p*	Gen	107						5:30-6:20p	5:30-6:20p					
6:15-7:15p*	Gen	108						6:30-7:20p	6:30-7:20p					
<b>Tuesday (11 weeks)</b>			11-Jun	18-Jun	25-Jun	2-Jul	9-Jul	16-Jul	23-Jul	30-Jul	6-Aug	13-Aug	20-Aug	
8:00-8:50a	Gen	109		C	A	N	C	E	L	E	D			
9:00-9:50a	Gen	110												
10:00-10:50a	Gen	111												
11:00-11:50a	Gen	112												
12:00-1:00p	Yoga	113												
<b>Wednesday (11 weeks)</b>			12-Jun	19-Jun	26-Jun	3-Jul	10-Jul	17-Jul	24-Jul	31-Jul	7-Aug	14-Aug	21-Aug	
2:15-3:05p	Gen	114												
3:00-3:45p	Yoga	115		C	A	N	C	E	L	E	D			
3:15-4:05p	Gen	116												
3:45-4:30p	Yoga	117		C	A	N	C	E	L	E	D			
4:15-5:05p	Gen	118												
5:15-6:05p	Gen	119												
6:15-7:05p	Gen	120												
<b>Thursday (9 weeks)</b>			13-Jun	20-Jun	27-Jun	4-Jul	11-Jul	18-Jul	25-Jul	1-Aug	8-Aug	15-Aug	22-Aug	
3:15-4:05p	Gen	121		C	A	N	C	E	L	E	D			
4:15-5:05p	Gen	122		C	A	N	C	E	L	E	D			
<b>Friday (11 weeks)</b>			14-Jun	21-Jun	28-Jun	5-Jul	12-Jul	19-Jul	26-Jul	2-Aug	9-Aug	16-Aug	23-Aug	
8:00-8:50a	Gen	123												
9:00-9:50a	Gen	124												
10:00-10:50a	Gen	124												
11:00-11:50a	Gen	126												
12:00-12:50p	Ballet +	127												
<b>Total Sessions</b>														

Suburban Ice Macomb 54755 Broughton Road Macomb, MI 48042

# REVOLUTION

OFF-ICE TRAINING & MOBILITY



**Every Monday at Suburban Ice Arena - starting June 17<sup>th</sup>**

\*45-minute class (3:15pm – 4:00pm)

Classes focus on Strength Training, Jump Technique, Rotation, & Mobility



- **Nine-year Professional Figure Skating Career**
- **Gold Medalist in Freestyle & Moves in the Field Junior National & Sectional competitor**
- **Bachelor's degree in Sports & Health Sciences**
- **Certified Personal Trainer & Certified Group Trainer (NASM)**

For any questions, please contact me at [Shelby\\_Sylvester@yahoo.com](mailto:Shelby_Sylvester@yahoo.com)