# ANNIE HEARTFIELD HARTZOG, MS, LPC LICENSED PROFESSIONAL COUNSELOR (918) 630-7533

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#### PROFESSIONAL SUMMARY

I counsel adults and young people, including couples, families, and groups, utilizing such theories and techniques as CBT, ACT, Mindfulness-based Cognitive Therapy, Motivational Interviewing, and EMDR, with a specialty in working with artists and music creators. I earned a Master's Degree in Community Counseling at Oklahoma State University in 2004 and have been licensed by the state of Oklahoma as a Professional Counselor (license #3717) since 2006. I am a certified Rolf® Structural Integration therapist since 1993 and have been cross-trained in multiple other healing modalities such as Reiki, Qi Gong, Tai Chi, Seiki Jutsu, and other "energy" healing methods. Currently I'm pursuing professional interests related to self-care in the context of creative professions, intuition, ritual and spiritual practice, emergence, cognition & behavior, personal responsibility, holism, and human potential.

## **EXPERIENCE**

Owner, HEARTFIELD COUNSELING, a private practice located in Tulsa, Oklahoma, available remotely via phone and audio/video such as Zoom, etc. (Currently)

Owner, Sacred Activism Tulsa, LLC, Tulsa, OK (2006-2010)

- Workshop and event organizing.
- Issues related to interfaith, spiritual activism, and human potential.
- Staffed by volunteers, proceeds from events returned to the community.

Owner, Quiet Mind Counseling & Consulting, Tulsa, OK (2006-2010)

- Private practice for adults, families, couples and teens. Group and individual counseling.
- CEU course offerings in Business Development for solo practitioners.
- Oklahoma Licensed Professional Counselor and Licensed LPC Supervisor.

Owner, Heartfield Management, LLC, Tulsa, OK (2002-2010)

- Individualized Project Management.
  - Integration of People, Information and Processes.
  - Service Delivery Refinement and Quality Assurance.
  - Paper Management and Reduction/Eco-office Solutions.

Clinical Staff, Domestic Violence Intervention Services/Call Rape, Tulsa, OK (2004-June 2006)

- Adult Group and Individual Treatment.
- Family Social Service Advocacy.
- Collaboration with Criminal Justice Systems.
- Program Development and Administration.
- Development of Clinical Intake Processes.
- Quality Assurance, Policies and Procedures.

Clinical Staff, 12 & 12, Inc., Tulsa, OK (2003-2006)

- Adult Inpatient Group and Individual Addiction Treatment: Dual Diagnosis/Co-occurring Disorders.
- Assessment, Treatment Planning, Consumer Education.
- Treatment Integration and Collaboration with Social Service and Criminal Justice.

Consultant and Special Project Manager, Little Ranch and Frisco Title Corporation, Ramona, OK and Tulsa, OK (2001-2005)

Project Consultation, Design and Implementation. Direct report to Company President.

Clinical Assistant, Therapist, OSU-Tulsa Counseling Center and Training Clinic, Tulsa, OK (2003-2004)

- Adult Community-Based Treatment.
- Supervision of Master's Level Graduate Students.
- Development of Clinical Intake Processes and Documentation Procedures.
- Co-created initial development of OSU Community Counseling Center.

# Owner, Rolfing® Tulsa, Tulsa, OK (1993-2006)

- Certified Rolf® Structural Integration Therapist.
- www.rolf.org

### FORMAL EDUCATION

- MS, Oklahoma State University, 2004, GPA 4.0, Phi Kappa Phi.
- BA, Oral Roberts University, 1992, Cum Laude.
- Certification, Rolf Institute of Structural Integration, 1993.

## SKILLS/QUALIFICATIONS

- Highly organized, strong communicator.
- Experienced entrepreneur/small business owner.
- Background in planning and conducting programs involving public speaking and teaching.
- Organized 2007 Tulsa conference on national and local issues of sustainability, public policy, diversity and interfaith issues. Three days, 750 attendees, keynote speaker Robert F. Kennedy, Jr.
- Founding board member of Sally's List, a non-profit organization focused on recruiting, training and developing progressive women candidates for the Oklahoma State Legislature.

## MEMBERSHIP HISTORY

- Advisory Council Member, Red Dirt Relief Fund (currently)
- Professional Member, American Counseling Association
- Co-founder, Music is Medicine Oklahoma
- Member, Citizen Therapists for Democracy
- Founding Board Member, Sally's List
- Tulsa Interfaith Alliance Board of Directors
- F.a.c.e.s Advisory Board
- Oklahoma Association of Counselor Education & Supervision
- Oklahoma Association for Multicultural Counseling & Development
- Oklahoma Counseling Association
- Association for Contextual Behavior Science
- Rolf Institute of Structural Integration
- The Honor Society of Phi Kappa Phi
- League of American Bicyclists
- Integrated Services Initiative Committee (2004-2006), ODMHSAS
- Rolf Institute of Structural Integration Board of Directors (1994-1996)