

TONY'S



OPEN FOR BREAKFAST, LUNCH & DINNER
24 HOURS / 7 DAYS A WEEK
Breakfast All Day!

Appetizers



BAKED FRENCH ONION SOUP 5.95
SAGANAKI 8.95
CHEESE STICKS 7.95
ONION RINGS 7.95
POTATO SKINS 7.95

BREADED ZUCCHINI 7.95
BREADED CAULIFLOWER 7.95
BREADED MUSHROOMS 7.95
CHICKEN FINGERS 9.95
JALAPEÑO POPPERS 9.95
COMBO PLATTER 14.95

Includes cheese sticks, breaded zucchini, onion rings, potato skins, breaded cauliflower and breaded mushrooms

Greek Specialties

*Served with with soup or small Greek salad,
Greek potatoes and rice*

1/2 GREEK BROILED CHICKEN 15.95
Please allow 30 minutes of cook time
GREEK STYLE SKIRT STEAK 23.95
GYROS PLATTER 11.95
GREEK STYLE CHICKEN BREAST 14.95
GREEK CHICKEN KABOB 15.95



GREEK STYLE
N.Y. STRIP STEAK 26.95
SPINACH PIE 11.95
GRECIAN DELIGHT 15.95

Sautéed chicken strips with fresh garden vegetables on pita bread

GREEK STYLE PORK CHOPS 18.95

The Best Ribs in Town!

1/2 Slab Ribs 16.95

Full Slab Ribs 24.95

*Served with soup or salad,
choice of potato and cole slaw*



A Taste of Italy

VEAL PARMESAN 14.95

Breaded veal cutlet on a bed of spaghetti or mostaccioli, topped with melted mozzarella cheese

CHICKEN BREAST PARMESAN 14.95

With marinara sauce and mozzarella cheese over spaghetti or mostaccioli

ZUCCHINI PARMESAN 13.95

With marinara sauce and mozzarella cheese over spaghetti or mostaccioli

MEATBALL PARMESAN 13.95

With marinara sauce and mozzarella cheese over spaghetti or mostaccioli

CHICKEN TOMATO ROTINI 15.95

Served with fresh spinach and marinara sauce



SPAGHETTI OR MOSTACCIOLI

WITH MEAT SAUCE 12.95

with sliced Italian sausage 13.95

ITALIAN COMBO 12.95

Spaghetti or mostaccioli, beef ravioli, and melted mozzarella cheese

FETTUCCHINI ALFREDO 12.95

CHICKEN BREAST ALFREDO 14.95

With fettuccini noodles in a rich Alfredo sauce

SHRIMP ALFREDO 15.95

With fettuccini noodles in a rich Alfredo sauce

BEEF RAVIOLI 12.95

Covered with meat sauce and topped with melted mozzarella cheese

Oriental Stir Fry

*Made to order with fresh garden vegetables
and teriyaki sauce served over rice*

STEAK STIR FRY 14.95

CHICKEN STIR FRY 13.95

SHRIMP

STIR FRY 14.95

STEAK & CHICKEN

STIR FRY 16.95

STEAK & SHRIMP

STIR FRY 16.95

CHICKEN & SHRIMP

STIR FRY 16.95

VEGETABLE

STIR FRY 11.95



Steaks & Chops

*Served with choice of potato
and soup or salad*

BROILED CHICKEN BREAST 14.95

With vegetables

BROILED CHOPPED STEAK 15.95

With grilled onions

BROILED SKIRT STEAK 24.95

With onion rings

BROILED NEW YORK STRIP STEAK 21.95

With onion rings

TWIN NEW YORK STRIP STEAKS 35.95

With onion rings

BROILED CENTER CUT PORK CHOPS (3) 17.95

With applesauce



Juicy 1/2 lb. Burgers

Handmade from fresh, choice ground chuck

Plain: Served with lettuce, tomato and pickle

Deluxe: Served with lettuce, tomato, pickle, cup of soup and your choice of side: french fries, breaded mushrooms, breaded cauliflower, breaded zucchini, potato skins or onion rings

HAMBURGER Plain 8.95 Deluxe 9.95

CHEESEBURGER Plain 9.95 Deluxe 10.95

BLEU CHEESE BURGER Plain 10.95 Deluxe 11.95

OLIVE BURGER Plain 10.95 Deluxe 11.95

TEXAS BURGER Plain 10.95 Deluxe 11.95

Topped with bacon, grilled onions, melted cheese and BBQ sauce

MUSHROOM BURGER Plain 10.95 Deluxe 11.95

Topped with Swiss cheese

PIZZA BURGER Plain 10.95 Deluxe 11.95

Topped with marinara sauce and melted mozzarella cheese

VEGGIE BURGER Plain 10.95 Deluxe 11.95

Topped with avocado and melted mozzarella cheese

HUGE 16OZ "DELUXE" STEAK BURGER 14.95

Served on a Big Momma bun topped with grilled onions, bacon and American cheese



Chicken Sandwiches

Served with soup or salad and your choice of side: french fries, breaded mushrooms, breaded cauliflower, breaded zucchini, potato skins or onion rings

CHICKEN PHILLY 12.95

Served on a garlic roll topped with sautéed onions, mushrooms, green peppers and mozzarella cheese

GRILLED CHICKEN BREAST 11.95

Served on a Kaiser roll with mozzarella cheese

BBQ CHICKEN BREAST 11.95

Grilled skinless breast of chicken topped with BBQ sauce on a toasted Kaiser roll

CHICKEN & SWISS 11.95

Boneless breast of chicken served on a Kaiser roll topped with bacon and Swiss cheese

TONY'S CALIFORNIA CHICKEN 12.95

Boneless breast of chicken served on a Kaiser roll topped with Swiss cheese, avocado and pineapple slice

Deluxe Steak Sandwiches

Served with soup or salad and your choice of side: french fries, breaded mushrooms, breaded cauliflower, breaded zucchini, potato skins or onion rings

PHILLY STEAK SANDWICH 14.95

Thick cut marinated sirloin steak, sautéed peppers, onions, mushrooms, topped with mozzarella cheese and served on toasted garlic bread

PORK CHOP SANDWICH (2) 15.95

Served on toast

N.Y. STRIP STEAK SANDWICH (16 oz.) 21.95

Served on toast

BROILED SKIRT STEAK SANDWICH 24.95

Marinated skirt steak on a toasted French roll

Hot Sandwiches

Served with mashed potatoes, gravy and a cup of soup

HOT ROAST TURKEY 10.95

with cranberry sauce

HOT ROAST BEEF 10.95

HOT ROAST PORK 10.95

HOT HAMBURGER 10.95

HOT BREADED PORK TENDERLOIN 10.95

HOT BAKED MEAT LOAF 10.95

HOT BREADED VEAL CUTLET 10.95



Triple Decker Sandwiches

Served with soup, french fries and a pickle

BACON, LETTUCE, AND TOMATO CLUB 10.95

HAM & CHEESE CLUB 10.95

CHICKEN SALAD CLUB 10.95

TUNA SALAD CLUB 10.95

ROAST BEEF & CHEDDAR CLUB 10.95

CORNED BEEF & SWISS CLUB 10.95

CLUB HOUSE 10.95

Sliced turkey, bacon, lettuce, and tomato



Special Sandwiches on Buttered Croissants

Served with a cup of soup and fresh fruit

HOT HAM & SWISS 11.95

CHICKEN OR TUNA SALAD 11.95

HOT CORNED BEEF & SWISS 11.95

COLD SLICED TURKEY BREAST 11.95

HOT BEEF & CHEDDAR 11.95

BROILED CHICKEN BREAST 11.95

The Melt Shop

PATTY MELT Plain 9.95 Deluxe 10.95

Hamburger patty on grilled rye bread with
grilled onions and melted cheddar cheese

TURKEY MELT Plain 10.95 Deluxe 11.95

Sliced turkey on grilled rye bread and
topped with melted cheddar cheese

TUNA MELT Plain 10.95 Deluxe 11.95

Fresh tuna on grilled rye bread and
topped with melted cheddar cheese

BEEF MELT Plain 10.95 Deluxe 11.95

Warm beef on grilled rye bread topped
with melted cheddar cheese

REUBEN SANDWICH Plain 10.95 Deluxe 11.95

Sliced corned beef topped with melted swiss
cheese and sauerkraut on grilled rye bread

TURKEY REUBEN SANDWICH Plain 10.95 Deluxe 11.95

Sliced turkey topped with melted swiss
cheese and sauerkraut on grilled rye bread

Plain: Served with lettuce, tomato and pickle

Deluxe: Served with lettuce, tomato, pickle, cup of soup and your choice
of side: french fries, breaded mushrooms, breaded cauliflower, breaded
zucchini, potato skins or onion rings

CHICKEN MELT Plain 10.95 Deluxe 11.95

Grilled chicken breast bread topped with
melted mozzarella cheese, bacon and tomato
on grilled sourdough

DAILY DOUBLE Plain 10.95 Deluxe 11.95

Sliced roast beef and corned beef on grilled
rye bread topped with melted swiss and
cheddar cheese

BEEF DELIGHT Plain 10.95 Deluxe 11.95

Tender slices of beef on grilled sourdough
bread topped with melted cheddar cheese,
sautéed onions, mushrooms, and green peppers

POOR BOY SANDWICH Plain 9.95 Deluxe 10.95

Grilled hoagie burger on toasted garlic french
bread topped with grilled onions and melted
mozzarella cheese



More Sandwich Selections

Plain: Served with lettuce, tomato and pickle

Deluxe: Served with lettuce, tomato, pickle, cup of soup and your choice of side: french fries, breaded
mushrooms, breaded cauliflower, breaded zucchini, potato skins or onion rings

FRANK & CHEESE Plain 7.95 Deluxe 8.95

Stuffed with cheese and bacon

OLD FASHIONED GRILLED CHEESE Plain 7.95 Deluxe 8.95

American cheese grilled to a golden brown

BACON, LETTUCE & TOMATO Plain 7.95 Deluxe 8.95

Served on toast

CHICKEN SALAD (WHITE MEAT) Plain 9.95 Deluxe 10.95

Served on your choice of bread

TUNA SALAD Plain 9.95 Deluxe 10.95

Served on your choice of bread

GYRO SANDWICH Plain 10.95 Deluxe 11.95

Served on pita with tzatziki sauce

HICKORY BAKED HAM Plain 8.95 Deluxe 9.95

Served on your choice of bread

MEATBALL OR CHICKEN

PARMESAN Plain 11.95 Deluxe 12.95

Served on French bread

MONTE CRISTO Plain 9.95 Deluxe 10.95

Grilled ham on french toast topped
with melted swiss

FRENCH DIP Plain 10.95 Deluxe 11.95

Sliced beef on a french roll served with
au jus on the side

CORNED BEEF ON RYE Plain 10.95 Deluxe 11.95

Sliced deli style

BBQ BEEF Plain 10.95 Deluxe 11.95

Served on a bun

BBQ PORK Plain 10.95 Deluxe 11.95

Served on a bun

GRILLED CHEESE Plain 8.95 Deluxe 9.95

Your choice of ham or bacon

SLICED BREAST OF TURKEY Plain 8.95 Deluxe 9.95

Served on your choice of bread



Tony's Fresh Salads

Served with a cup of soup

CRISPY CHICKEN SALAD 12.95

Romaine topped with honey mustard dressing,
cheddar cheese and chow mein noodles

CAESAR SALAD 10.95

Romaine topped with Caesar dressing,
croutons, tomatoes and cucumbers

CHICKEN CAESAR SALAD 12.95

Romaine topped with Caesar dressing, croutons,
tomatoes, cucumbers and broiled chicken

JULIENNE SALAD 10.95

Mixed greens topped with turkey, ham, cheese,
green peppers, tomatoes, cucumbers
and hard boiled egg

GREEK SALAD 10.95

Romaine topped with feta, anchovies, green
peppers, olives, tomatoes and Greek dressing

with broiled chicken breast 11.95

VILLAGE SALAD 10.95

Tomatoes, cucumbers, Greek olives, feta, sliced
red onions, hard boiled egg, with house dressing
and potato salad on the side

LOW CALORIE PLATE 15.95

8oz broiled chopped steak or chicken breast,
cottage cheese and fresh fruit

STUFFED TOMATO 11.95

Fresh tomato stuffed chicken or tuna salad
with potato salad and fresh fruit on the side

STUFFED AVOCADO 14.95

Fresh avocado stuffed chicken or tuna salad
with potato salad and fresh fruit on the side

THE BLACK & BLUE PLATE 15.95

Romaine topped with skirt steak, cucumbers,
tomatoes, avocado, blue cheese crumbles
and croutons

FRESH FRUIT PLATE 13.95

Seasonal fruit served with cottage cheese

CHICKEN OR TUNA SALAD PLATE 11.95

Served with potato salad, fresh fruit,
garnish and hard boiled eggs

CRAB MEAT & SHRIMP SALAD 15.95

Served with hard boiled eggs, tomatoes and
cucumbers on a bed of romaine lettuce with
your choice of dressing

GRILLED SHRIMP SALAD 15.95

Romaine topped with cucumbers, tomatoes,
kalamata olives, grilled shrimp and your
choice of dressing

CAJUN CHICKEN BREAST SALAD 12.95

Romaine topped with tomatoes, hard boiled
egg and chicken grilled with Cajun spices

BURGERS ♦ HOT & COLD SANDWICHES ♦ MELTS ♦ SALADS

Breakfast Served 24/7

Country Fresh Eggs & Omelettes

Replace whole egg with Egg Beaters or egg whites: \$1.50 extra.

ONE EGG 7.95
with bacon, link
or patty sausage,
canadian bacon
or ham 8.95

TWO EGGS 8.95
with bacon, link
or patty sausage,
canadian bacon
or ham 9.95

THREE EGGS 9.95
with bacon, link
or patty sausage,
canadian bacon
or ham 10.95

**CORNERED BEEF HASH
WITH TWO EGGS 10.95**

PLAIN OMELETTE 8.95
CHEESE OMELETTE 9.95
HAM OMELETTE 8.95
BACON OR SAUSAGE OMELETTE 9.95
DENVER OMELETTE 10.95
FRESH MUSHROOM OMELETTE 10.95
CORNERED BEEF OMELETTE 10.95
VEGETARIAN OMELETTE 10.95
Fresh green peppers, onions,
mushrooms, tomatoes and broccoli

FETA OMELETTE 10.95
SPINACH & FETA OMELETTE 11.95
BROCCOLI & CHEDDAR OMELETTE 11.95
ASPARAGUS & SWISS OMELETTE 10.95

Extra add-ons

ADD CHEESE 2.00 ADD VEGGIE 1.50 AVOCADO 2.50
ADD MEAT (BACON, SAUSAGE, HAM, CHORIZO OR CHICKEN) 2.00 ADD STEAK 4.00

CHICKEN OMELETTE 11.95
Chicken, green peppers, onion
and cheddar

GREEK OMELETTE 11.95
Gyro meat, tomatoes, onions and feta

MEXICAN OMELETTE 11.95
Chorizo, tomato, onion, green
peppers, jalapeños and cheddar

HAWAIIAN "ALOHA" OMELETTE 11.95
Ham, pineapple, red peppers
and swiss

IRISH OMELETTE 11.95
Corny beef hash, onion, green
peppers and cheddar

CALIFORNIA OMELETTE 11.95
Avocado, bacon and mozzarella



Old Fashioned Breakfast Skillets

Topped with two eggs, any style

HOBO BANQUET 9.95

Hash brown potatoes with melted cheddar

GYPSY SKILLET 10.95

Hash brown potatoes, sautéed onions, green
peppers, sliced mushrooms and ham topped with
melted american and swiss

AMERICAN SKILLET 10.95

Hash brown potatoes, diced bacon, sausage,
sautéed onions and melted cheddar

GREEK SKILLET 10.95

Hash brown potatoes, sliced gyro meat, sautéed
onions, tomatoes and crumbled feta cheese

ITALIAN SKILLET 10.95

Hash brown potatoes, sliced Italian sausage, sautéed
onions, marinara sauce and melted mozzarella

SKIRT STEAK SKILLET 15.95

Hash brown potatoes, sliced sirloin steak, sautéed
onions, mushrooms, green peppers and
melted mozzarella

VEGETARIAN SKILLET 10.95

Hash brown potatoes, broccoli, onions, tomatoes,
green peppers, mushrooms and melted cheddar

MEXICAN SKILLET 10.95

Hash brown potatoes, chorizo, onions, green peppers,
sliced jalapeño peppers, tomatoes and melted cheddar



Steak & Eggs

*Served with hash browns and
choice of toast or pancakes*

CHOPPED STEAK 15.95

with two eggs any style

TWO PORK CHOPS 15.95

with two eggs any style

HAMBURGER 10.95

with two eggs any style

N.Y. STRIP STEAK (16 oz.) 21.95

with two eggs any style

SKIRT STEAK 24.95

with two eggs any style

CHARBROILED CHICKEN BREAST 12.95

with two eggs any style

COUNTRY FRIED STEAK 13.95

with two eggs any style

COUNTRY FRIED CHICKEN BREAST 13.95

with two eggs any style



French Toast & Waffles

*Fruit choices: cherries, cinnamon apples, blueberries,
peaches, strawberries, bananas or imported lingonberries*

1/2 ORDER FRENCH TOAST 7.95

with your choice of fruit 8.95

FULL ORDER FRENCH TOAST 8.95

with your choice of fruit 9.95

STUFFED FRENCH TOAST 10.95

filled with cream cheese

with your choice of fruit 11.95

FRENCH TOAST AMBROSIA 11.95

Topped with diced assorted fruits and
served with a side of boysenberry syrup

BELGIUM WAFFLE 8.95

with pecans or your choice of fruit 9.95

WAFFLE COMBO 10.95

With 2 eggs, 2 bacon and 2 sausage links
with your choice of fruit 11.95

The Breakfast Club

- 4 SLICES OF HOME STYLE CINNAMON SWIRL FRENCH TOAST 9.95
- HOME STYLE COMBO 10.95
4 slices of home style French toast with 2 eggs, 2 bacon strips and 2 sausage links
- COWBOY COMBO 11.95
4 slices of home style French toast with 2 eggs, 2 bacon strips, 2 sausage links and sliced ham
- THE LUMBERJACK 12.95
4 slices of home style French toast with 2 eggs, 2 bacon strips, 2 sausage links, sliced ham and hash browns

- FIREMAN BREAKFAST 14.95
Eggs scrambled with hash browns, minced sausage, bacon, ham, chorizo, jalapeños, green peppers, tomatoes, onions and topped with cheddar
- PANCAKE SANDWICH 9.95
Sliced ham off the bone between two buttermilk pancakes topped with two eggs any style

As featured on 



World's Finest Pancakes from Tony's



- BUTTERMILK Short (3) 7.95 Full (4) 8.95
- STRAWBERRY Short (3) 8.95 Full (4) 9.95
- BLUEBERRY Short (3) 8.95 Full (4) 9.95
- THREE BERRY Short (3) 8.95 Full (4) 9.95
Mixed blueberries, strawberries, & raspberries
- CHOCOLATE CHIP Short (3) 8.95 Full (4) 9.95
- DARK CHERRY KIJafa Short (3) 8.95 Full (4) 9.95
- SILVER DOLLAR Short (6) 7.95 Full (12) 8.95

- HAWAIIAN Short (3) 8.95 Full (4) 9.95
with pineapple and Cointreau Suzette topping
- FRESH BANANA Short (3) 8.95 Full (4) 9.95
- PECAN Short (3) 8.95 Full (4) 9.95
- FRESH CINNAMON APPLE Short (3) 8.95 Full (4) 9.95
- IMPORTED LINGONBERRY Short (3) 8.95 Full (4) 9.95
- PIGS IN THE BLANKET Short (3) 8.95 Full (4) 9.95
Buttermilk pancakes rolled around sausage links

French Style Crepes

- PLAIN Short (2) 8.95 Full (3) 9.95
- CINNAMON APPLE Short (2) 9.95 Full (3) 10.95
- SOUR CREAM Short (2) 9.95 Full (3) 10.95
with Cointreau Suzette topping on the side
- COTTAGE CHEESE Short (2) 9.95 Full (3) 10.95
- STRAWBERRY Short (2) 9.95 Full (3) 10.95
with Cointreau Suzette topping on the side
- DARK CHERRY KIJafa Short (2) 9.95 Full (3) 10.95
- BLUEBERRY Short (2) 9.95 Full (3) 10.95
- CHEF'S CREPES Short (2) 9.95 Full (3) 10.95
Filled with sour cream and cherries
- TONY'S CREPES Short (2) 9.95 Full (3) 10.95
Filled with sour cream and blueberries
- RASPBERRY Short (2) 9.95 Full (3) 10.95

- IMPORTED LINGONBERRY Short (2) 9.95 Full (3) 10.95
- SWEET CREAM CHEESE Short (2) 10.95 Full (3) 11.95
with your choice of fruit Short (2) 11.95 Full (3) 12.95



- QUART OF SOUP 7.95
- QUART OF HOMEMADE SALSA 8.95
- QUART OF HOMEMADE SALAD DRESSING 13.95
•1000 Island •Blue Cheese •Greek •Garlic

On the Side

- TOAST 2.50
- RAISIN TOAST 2.75
- BAGEL OR ENGLISH MUFFIN 3.75
- GARLIC BREAD 3.25
- BACON, HAM, SAUSAGE OR CANADIAN BACON 4.50
- HASH BROWNS 3.75
- PECAN ROLL 5.00
- FRENCH FRIES 3.75
- COLE SLAW 3.50



- COTTAGE CHEESE 3.95
with peach halves 5.75
- SOUP OF THE DAY
CUP 3.75 BOWL 4.25
- TOSSED SALAD 4.75
- SOUP & SALAD 8.25
- CORN OR FLOUR TORTILLAS 2.75
- SLICED JALAPEÑOS 1.75
- WHOLE ROASTED JALAPEÑOS 2.75

Beverages

- FRESH BREWED COFFEE 2.50
Regular or Decaffeinated
- POT OF HOT TEA 2.50
- CAPPUCCINO 3.50
- HOT CHOCOLATE 3.50
- CHOCOLATE MILK 3.50
- ICE COLD MILK 3.50
- ICED TEA 2.50
- SOFT DRINKS 2.50
Free refills
- ORANGE JUICE 3.50
- TOMATO JUICE 3.50
- GRAPEFRUIT JUICE 3.50
- APPLE JUICE 3.50
- GRAPE JUICE 3.50
- CRANBERRY JUICE 3.50

Beer & Wine

- DOMESTIC BEER 4.75
- IMPORTED BEER 5.00
- WINE 5.00
Merlot, Burgundy, White Zinfandel, Chablis,
Chardonnay, Sangria Moscato, Port



Ice Cream Fountain Features

- WHIPPED CREAM SUNDAES 6.95
A generous portion of ice cream with your choice of delicious syrup, topped with whipped cream and a classic maraschino cherry
- MILK SHAKES 6.00
Ice cream blended with milk and your choice of delicious syrup
- Vanilla •Chocolate •Strawberry •Banana



- By the Scoop
- ONE SCOOP 3.95
- TWO SCOOPS 4.95
- THREE SCOOPS 5.95

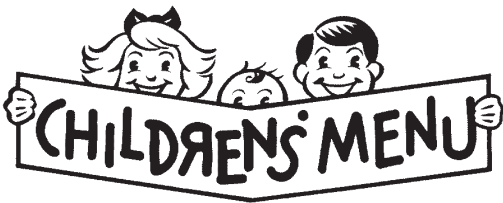
Old Fashioned Banana Split 8.95

A classic banana boat filled with three scoops of ice cream, smothered with pineapple, strawberry and chocolate and topped with whipped cream and a maraschino cherry

- RICE PUDDING 3.75
- TAPIOCA 3.75

- JELL-O WITH WHIPPED CREAM 3.25

- CAKE 4.00
- PIE 4.00



10 and under Drink included
with price No refills

- MICKEY MOUSE PANCAKES6.95
with bacon or sausage7.95
- SILVER DOLLAR PANCAKES6.95
with bacon or sausage7.95

- CONFETTI PANCAKES6.95
with bacon or sausage 7.95
- FRENCH TOAST6.95
with strawberries
and whipped cream7.95
- ONE EGG7.95
Any style served with bacon or
sausage,
hash browns and toast
- CHOCOLATE CHIP PANCAKES ..6.95
with bacon or sausage7.95
- HAMBURGER.....7.95
with fries

- CHEESEBURGER7.95
with fries
- GRILLED CHEESE.....7.95
with fries
- HOT DOG7.95
with fries
- CHICKEN FINGERS7.95
with fries
- SPAGHETTI OR
MOSTACCIOLI7.95
- MACARONI & CHEESE7.95
with fries

GRATUITY OF 18% MAY BE ADDED FOR PARTIES OF 7 OR MORE

TONY'S
BREAKFAST CAFÉ
&
FAMILY RESTAURANT

8900 Ogden Avenue,
Brookfield, IL 60513
1-708-387-0155
Fax: 1-708-387-0156

CONSUMER ADVISORY

The Illinois Department of Public Health advises that eating raw or undercooked meat, poultry, eggs or seafood poses a health risk to everyone, but especially to the elderly, young children under age 4, pregnant women, and other highly susceptible individuals with compromised immune systems. Thorough cooking of such animal foods reduces the risk of illness. For further information, contact your physician or public health department.