



PAPAKOLEA NEWS

OCTOBER 2020

PAPAKOLEA STRONG

The security and safety of our kupuna and keiki have always been at the forefront of KULA's existence. Every day, this pandemic sends us down an unknown path causing more families to struggle to provide a roof over their heads and food on the table.

On top of all of this, the safety and security of our homes and loved ones are at risk. Papakolea—PAY ATTENTION! Please be aware of who is on your street and near your property. Take proactive steps to protect yourself, your family, and your home. In recent months there's been a rising number of safety and security issues in Papakolea and surrounding communities' including Pauoa Valley and Puowaina. There is a surge of people casing our streets and homes, burglarizing property, stripping stolen cars on our streets, street fighting, and operating illegal game rooms.

Game Room Update: Per HPD, game rooms in homestead communities quickly popped up during COVID-19. Construction of an illegal game room on Krauss St. was brought to the attention of community residents and leaders in August. Reports were made to DHHL and HPD. Both entered property. The game room operated for a few weeks. Residents demanded to have it shut down. Many residents called the authorities to report it and demand closure. ***END RESULT—Game Room is closed. All gaming equipment was removed. Mahalo to everyone who helped to close this illegal operation.***

For such a time as this, we must be aware of those within our surroundings. If you notice someone or something that doesn't look right, call HPD and report it. Don't place yourself in harms way. Let your neighbors know. Check on our kupuna who live near you. Especially those who live alone. Be the eyes and voice of your Ohana and neighbors. Be safe. Stay well. Together We Can.

Aloha kekahi i kekahi,

Dr. Adrienne Dillard, Executive Director

B. Puni Kekauoha, Associate Director

PRIMARY CARE PHYSICIAN AVAILABLE

Kula partners with Ke Ola Mamo and Dr. Nicole Mahealani Lum to provide health services to community residents. For anyone in need of a Primary Care Physician please contact Mahealani Austin (808) 561-4011 to schedule an intake appointment. Community Health Workers can assist you with completing your registration packet.

Kula no na Po'e Hawaii
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This newsletter is produced and distributed throughout the Papakolea, Kewalo and Kalawahine communities on behalf of the staff, volunteers and board of directors of:

Kula no na Po'e Hawaii

Papakolea Community Development Corp.

Kewalo Hawaiian Homestead Community Assn.

Kalawahine Streamside Assn.

KŪPUNA COMMUNITY CARE NETWORK (KCCN) UPDATE

It's that time of the year again with **Medicare's Open Enrollment period October 15 - December 7, 2020**. Due to the pandemic, we won't be having our Medicare workshops but if you have questions about enrollment or updating your plan to fit your needs, please give us a call.

Currently, we are continuing to provide meal services to kupuna and caregivers through our partnerships with Lunalilo Homes and Lanakila Meals. If you are interested in our services please see below for eligibility requirements and contact Mahealani Austin (808) 561-4011 to sign-up.

•**Lanakila Meals Grab & Go Program** - Must be 60 years and older. Receive 7 frozen USDA compliant meals, bread, and milk each Wednesday. Pick up time is 10am - 11am at Papakolea Community Center.

Free Virtual Workshops for Kūpuna and Caregivers

Hale Hau'oli Hawai'i is offering free virtual workshops relating to **Dementia in the Family: Care Options and Resources**. Presentations are 1-1.5 hour each held on Zoom beginning at 9:00am. To register visit www.halehauolihawaii.org and click on Events or call (808) 798-8706 for more information.

November 7 - Dr. Poki'i Balaz "*Dealing with Dementia During the Holidays*"

November 14 - Cynthia Arnold "*Decluttering for the Holidays*"

November 21 - Derrick Ariyoshi and Joel Nakamura "*Elderly Affairs Division - Resources and Programs Supporting Kupuna and Caregivers*"

November 28 - Rick Tabor "*A Holiday Survival Kit: A Reality Check on Mindfulness*"



LAMAKU AFTER-SCHOOL PROGRAM UPDATE

GRADES K-5

Lamakū officially launched on Wednesday, September 9th! Zoom, YouTube, and Google Sites are the main platforms used to serve keiki enrolled. Our Lamakū Aunties meet with keiki on Zoom twice a week for Mo'olelo Monday & Hana Ka Lima Thursday! On Wikiō Wednesdays, keiki tune in to our YouTube channel for an unboxing of the pū'olo & to learn new hua'ōlelo hou (vocab words)!

Learning from 2 special guest speakers from our kaiāulu (community) would definitely be a highlight of the month! Keiki enjoyed listening to 'Anakē Kahealani Keahi share the mo'o-lelo of Kalāwahine & also took joy in the creativity of haku mele (composing mele) as Kahanuola Solatorio shared the story behind Kewalo Uka as a mele aloha 'āina. Keki participated in a haku mele activity with Kahanuola & this is the mele they wrote:

(Sing this to the tune of Kaho'olawe by Emma Kahelelani Moniz Bishop)

'Olu'olu wale (ho'i 'oe)
E Papakōlea ('āina aloha)
Ho'oheno ana 'oe me ka 'ohana

**6th-12th graders follow us on IG @kula.lamaku.jl
to complete weekly challenges and earn a \$10 gift card!!**



KULA NO NA PO'E HAWAII & KE OLA MAMO

PAPAKOLEA

FREE DRIVE THRU FLU CLINIC

Tues, October 20 1p-5p and Thurs, October 22 9a - 12p

TANTALUS DRIVE IN FRONT OF PARK

Protect yourself & others from flu and COVID-19:

Flu vaccination is an important preventive tool for people with chronic health conditions such as hypertension, diabetes, asthma, cardiovascular disease...



Flu is a contagious respiratory disease that can lead to serious illness, hospitalization, or even death. **FLU SEASON HAS STARTED**

Who?

Papakolea, Kewalo, & Kalawahine residents ages 6 months and older **MUST BE** in a vehicle - no walk-ups

How?

By appointment only. **Call Puni at 358-6732** to reserve a spot by 10/18/2020. Limited space available.

Why?

Getting a flu vaccine is more important than ever because of COVID-19. **Stay Safe and Healthy.** Everyone who is able should get a vaccine.

*Babies under 6 months and people with life-threatening allergies to any ingredient in the vaccine **SHOULD NOT GET A VACCINE.** If you have a severe egg allergy, talk to your doctor or pharmacist first.*

A flu vaccine can protect you, your loved ones, and your co-workers from flu. You can also protect those around you by staying home if you are sick.

Learn more at cdc.gov/flu



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*Building Hope,
Impacting Lives*

PAPAKOLEA FIRE ACADEMY UPDATE

With the dangers of the pandemic, Kula No Na Po`e Hawaii and the retired Captains adapted the Papakolea Fire Academy into an online classroom. Virtually, we can reach more men and women throughout the state to obtain the priceless information from Retired Captains, Curtis Aiwohi, Richard Soo, Earle Kealoha, Guy Katayama and Gilbert Pelletier. The videos and stories are what truly make this class so educational and inspiring for the young men and women who attend. With the creativity of Captain Curtis Aiwohi, he has made learning about Hawaii's fire history and tidbits fun for all who participate. Going virtual has allowed many who are farther away geographically the ability to attend the class while being aware that they are staying safe with COVID still lurking around.

