

Ask your server 4 for information on the featured items of the day!

706-489-3244

100 Commerce Drive

Pine Mountain, GA 31822

APPETIZERZ

Calypso Shrimp

Wild caught seazoned & grilled shrimp; tossed in our homemade sweet spice calypso sauce 12



Ya Mon Empanadaz Crispy handmade turnovers filled with savory grilled salmon & veggiez; served with our calypso sauce 13



Ring O'z

Handcut & battered crispy onionz, served with our special dipping sauce 10



Lava Friez

French friez topped with

melted cheese, ranch & bacon bitz 8

Is This Love Fritterz

Deep fried queen conch meat Item fried in a savory batter, served with our

Seasonal

homemade calypso sauce 13



Hummus & Chipz

Homemade hummus spread completed with chopped spinach, red onionz & goat cheese

served with pita bread chipz 10



Plantainz

Sweet golden brown

Caribbean fried bananaz 6



Island Wingz

8pc Deep fried chicken wingz in your choice of sweet spice calypso or spicy island jerk sauce 10

#1 FAVORITEZ

Want a mouthwatering, unforgettable taste that will leave you addicted for more? Try one of our rated number one favoritez!

Shrimp & Gritz

Delicious creamy infused cheese gritz with fresh buttered seazoned shrimp, sausage & bacon bitz 18





Fish & Gritz Homemade creamy infused cheese gritz with 2pc deep fried seasoned Catfish filet **18**



Original Eatz Burger

Topped with mayo, lettuce, tomato,

American cheese & picklez 10

Crazy 4 Me Burger



Caribbean spicy jerk infused burger completed with lettuce, mayo & Swiss cheese 12

Reggae Bleuz Burger

Bleu cheese infused burger topped with calypso sauce, crispy fried red onionz, grilled pineapplez, picklez lettuce, tomato & mayo 14



Vegetarian-Friendly Option

Substitute our plant sourced veggie patty to any burger style \$3

Big Mouth Burger

Double stacked meat topped with fried onion ringz lettuce, tomato, mayo, picklez & American cheese 16



Lettuce Leaf Burger

Bun-less beef burger, between romaine lettuce leaves; completed with tomato, picklez, red onionz, crispy bacon, American cheese & mayo 11

Magic 'Shroom Burger

Beef burger topped with sautéed mushroomz and red onionz, Swiss cheese, lettuce & mayo 12

Sun Rise Burger

Crispy bacon, fried egg, American cheese, lettuce, picklez, tomato, & mayo

on topping a hand patted burger 13

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness



Tropical Stripz Basket

Hand-cut fried chicken breast stripz served with coleslaw & your choice of one side; completed with a side of calypso sauce 10



Ya Mon Sandwich

Fresh market seazoned salmon filet served on

a bun with lettuce and topped with our

Eatz homemade dill sauce market \$



Fried Grouper Sandwich

Crispy fresh market grouper served on a bun with tomato, red onionz, and lettuce market \$

Jammin' 10pc Wingz

Wing Flavorz:

Mild, Hot, BBQ,

Honey Mustard,

Lemon Pepper, Simply Fried 13



Chaka Chaka Philly

Seasoned chicken breast with onionz, green pepperz, lettuce, tomatoez, Swiss cheese & mayo 11



Philly Cheese Steak Chopped steak with onionz, sweet pepperz, lettuce, tomatoez, Swiss cheese & mayo 12





ENTREZ

Fried Grouper Plate

Calypso Salmon Plate

Fresh market crispy fried grouper served with french friez, coleslaw, & hushpuppiez market \$

Seazoned blackened salmon topped with our

black beanz, rice & broccoli garnish market \$

homemade sweet spice Calypso Sauce. Served with

Belly Full Roasted Chicken

Half chicken seazoned to your choice of perfection; seasoningz & herbz, BBQ, Jerk, or Lemon Pepper. Served with black beanz, rice, & a broccoli garnish 15

Unda Da Sea Catfish

Real USD 2pc golden deep-fried catfish filetz with french friez, coleslaw & hushpuppiez market \$

One Love Shrimp

Curry Chicken Stir-fry

Caribbean seazoned chicken breast stir fried in an island curry blend with onionz, pepperz, mushroomz & veggiez. Served with rice 15

> Dinner items only. Available all-day Saturday

Curry Shrimp

Seazoned fresh shrimp stir fried in an island curry blend with onionz, pepperz, mushroomz & veggiez Served with rice 17 Wild caught seazoned shrimp; your choice of grilled or fried; served with french friez and coleslaw 17



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Blue Mountain

Fresh mixed greenz, crispy bacon, tomatoez,

mushroomz, red onionz, & croutonz

topped with bleu cheese crumbz 10

add chicken 4

Grilled or Crispy Chicken

Fresh greenz tossed with tomatoez, cucumberz, red onionz, croutonz, & cheddar cheese 12

> House Ginger **Balsamic Vinaigrette**

Honey Mustard

Pon Di River Shrimp

Seazoned wild caught shrimp topping fresh mixed greenz with tomatoez, cucumberz, red onionz, croutonz, & cheddar cheese 13

Blackened Salmon

Fresh greenz tossed with tomatoez, cucumberz, red onionz, croutonz & cheddar cheese 14

Ranch **Bleu Cheese**

Unbelievable Burger

Fried Tofu Salad

Fresh greenz topped with seazoned crispy fried tofu, cucumberz, onionz, tomatoez, croutonz & cheese 14

Plant sourced burger meat topped

with lettuce, tomatoez, grilled sweet pepperz & caramelized onionz. Comes with 1 Rock Steady Side. 15

Veggie Stir-Fry

Fresh vegetablez seazoned in various Caribbean seazoningz stir-fried & served with rice. 14

Veggie Plate

Caribbean Tofu

Pick 3 Rock Steady sidez of your choice 12 Upgrade to a Stir It Up side for only \$2 each.

Caribbean Tofu

Seazoned crispy fried tofu paired with our homemade calypso sauce, served with french fries & cole slaw 15

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SIDEZ TEADY STIR IT UP

ROCK STEADY

(Included with selected meals)

Seasoned Rice & Gravy (\$4)

Black Beanz (\$4)

French Friez (\$3/\$5)

Cole Slaw (\$4)

Corn Hushpuppiez (\$4)

Island Steamed Cabbage (\$4)

(Substitute to selected meals for \$2)

Fried Okra (\$5)

Onion Ringz

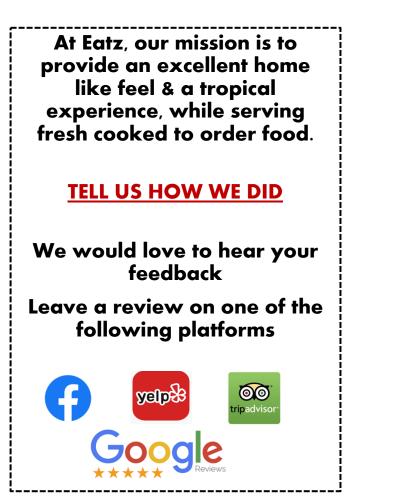
Tossed Salad (\$5)

*Gritz Bowl (\$6)

Steamed Broccoli (\$5)

Ask you server about the featured homemade sides of the day!

*items only sold individually & cannot be included in meal price



Please don't cry, you really don't have to go!

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