

Characteristics Of Procrastination

01

**I'LL DO IT
LATER**

Constantly putting off doing something now for later but later never comes.

Start working on something, get stuck, make excuses why it can't be finished despite it being very important.

02

MAKE EXCUSES

03

**LOOSE
INTEREST**

Become lazy, and eventually lose interest or change your mind repeatedly.

You talk to people to get motivated or inspired but it is still a struggle to complete.

04

**LACK
MOTIVATION**

05

**CHECK OUT
MORE AT**

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