



ISLAND EXPERIENCES

Rediscover what it means to relax. Days spent at Anantara Kihavah can be as leisurely or as active as you wish.

DIVERSIONS

Discover a range of experiences in and around our resort and the local islands. Please find us at reception, contact your villa host or dial '0' to make a reservation or enquire for more information.

ACTIVITIES GUIDE

RECREATIONAL AND SPORTS ACTIVITIES

- * Kayaking
- * Turtle Quest
- * Anantara Spa
- * Wind Surfing or Kite Surfing
- * Sunset Fishing
- * Coffee Class
- * Tennis
- * Sunset Cruise
- * Cooking Class
- * Volleyball
- * Local Island Trip
- * Thithiboli Kid's Club
- * Yoga
- * Snorkeling
- * Dolphin Discovery
- * Massage Class
- * Badminton
- * Snorkel Escape
- * Cocktail Class
- * Table tennis
- * Photo Adventure
- * Diving
- * Parasailing
- * Cinema under the Stars

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6.30 am	Group Sunrise Yoga Spa Relaxation Area		Group Sunrise Yoga Spa Relaxation Area		Group Sunrise Yoga Spa Relaxation Area		
10.00 am	**POOL TABLE TOURNAMENT Manzaru Upstairs						**TABLE TENNIS TOURNAMENT Manzaru Upstairs
11.00 am		** HIIT IT + STRETCH (High Intensity) III 45 minutes Fitness Centre		AQUA FITNESS I / II 45 minutes Manzaru Pool		** STRETCH & TONE I / II 45 minutes Fitness Centre	
12.00 pm	** Spice Spoons Cooking Class SALT Restaurant USD 175++	** Spice Spoons Cooking Class SALT Restaurant USD 175++	** Spice Spoons Cooking Class SALT Restaurant USD 175++	** Spice Spoons Cooking Class SALT Restaurant USD 175++	** Spice Spoons Cooking Class SALT Restaurant USD 175++	** Spice Spoons Cooking Class SALT Restaurant USD 175++	** Spice Spoons Cooking Class SALT Restaurant USD 175++
2.00 pm	** GROUP BOXING CLASS 45 minutes Recreations		** GROUP BOXING CLASS 45 minutes Recreation		** GROUP BOXING CLASS 45 minutes Recreations		** CORE CONDITIONING WORKOUT II / III 45 minutes Fitness Centre
4.00 pm		BADMINTON TOURNAMENT with our Recreations Team Recreations		BADMINTON TOURNAMENT with our Recreations Team Recreations		SCAVENGER HUNT Recreations	
5.00 pm	SUNSET BEACH GOLF USD 80 ++ Manzaru Beach (Registration Required)		SUNSET BEACH GOLF USD 80 ++ Manzaru Beach (Registration Required)		SUNSET BEACH GOLF USD 80 ++ Manzaru Beach (Registration Required)		BADMINTON TOURNAMENT with our Recreations Team Recreations

All prices are subject to 10% service charge and applicable government taxes.

Please note that all activities with the USD symbol is a chargeable and bookable activity, any activities with the ** symbol is a bookable activity and will have limited spaces available.

Cancellations of booked activities or private sessions less than 24 hours prior will be charged at 100% of the activity rate.

If you wish to book an activity, please contact your villa host or a member of the Recreation Team.