

## *Eat Well Menu For Kids*

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### A la Carte

#### HUMMUS WRAP

Whole wheat wrap, lettuce, red bell pepper, cucumber

#### PITA CHIPS & VEGETABLES

Hummus, low-fat yoghurt dip

#### CHICKEN NOODLE SOUP

Fresh garden vegetables, thin whole-wheat pasta

#### CHICKEN WRAP

Carrots, cucumber, bell pepper, avocado

#### SALMON WITH SOBA NOODLES

Asian style baked salmon, fresh ginger, carrots, red peppers, onion, sesame seeds

#### SPAGHETTI & MEATBALLS

Turkey meatballs, tomato sauce, broccoli, carrots

### Desserts

#### FRUIT SALAD *gf*

Cored apple filled with fresh fruit

#### ROASTED PINEAPPLE

Crème fraiche & pistachios

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.



Vegetarian



Gluten Free



Contains Nut



Shellfish

All prices are in US dollars and subject to 10% service charge and applicable taxes.

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