#### Month:

# Cleaning Checklist

#### Daily

Dishes: Load/unload the
dishwasher
Wipe down counters and
sink
Tidy living room and dining
area
Sweep/vacuum main areas
Laundry: one load
Take out trash
Pick up toys in the loft

#### Monday Kitchen

Deep clean kitchen countertops, sink, and

stovetop.

Clean microwave and other

appliances.

Organize pantry or fridge (quick sweep).

Mop the kitchen floor.

## Tuesday Bathrooms

Clean all three bathrooms (toilets, sinks, mirrors, showers/tubs).

Wipe down bathroom floors.

Restock toilet paper and

other supplies.

#### Wednesday Bedrooms

Change bed linens in all bedrooms.

Dust surfaces (nightstands,

dressers, etc.).

Vacuum or sweep bedroom

floors.

# Thursday *Living / Dining*

Dust surfaces (tables, shelves, TV stand, etc.).

Clean any fingerprints or

smudges on windows.

Clean any fingerprints or smudges on the backdoor.

Vacuum/mop the floors.

# Friday Play Area & Office

Vaccum Carpet and under rug in the kids play area

Wipes down kids toys and throw out anything broken

Dust / Vacuum Office Space

Epmty Trash Cans

## Saturday Deep Clean / Extra

Take on one extra task like baseboards, fans or vents

Declutter a closet space or a drawer

Vacuum or Mop all Floors

Catch up on anything extra

### Monthly First Weekend

Wipe down walls, doors, and light switches

Clean the inside of the oven.

Dust high areas: shelves,

vents, and fans.

Clean out the fridge/freezer.
Organize a specific area:
pantry, closets, etc.

Take out trash

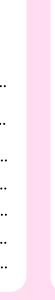
Awaken Her Life

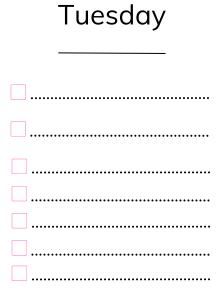
Daily
Thursday ————

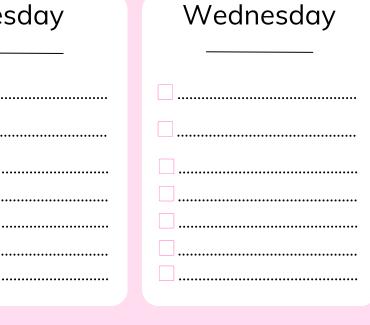
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Friday

Monday









Monthly