MEDIA RELEASE

NEW POSITIVE COVID-19 CASE IN MOFFAT COUNTY

Moffat County, Colorado — Moffat County Public Health is reporting a new confirmed positive case of COVID-19 in the county. This brings the total of positive COVID-19 cases in Moffat County to seven.

This individual is a male in his 50s who resides in Moffat County. The Moffat County Public Health officials are in the process of contacting this individual. Isolation orders will be issued to this individual and his close contacts.

Public Health officials will not release any information specific to an individual's name, location or travel history. Individuals who test positive for COVID-19 have a right to privacy. COVID-19 is not spread by location. It is spread primarily through close contact.

As of yesterday, April 23rd, nearly 270 COVID-19 tests have been performed in Moffat County. Today, Public Health is holding its first community testing day, and will conduct over 25 tests on people who have had COVID-19 symptoms within the past 14 days and signed up to be tested.

Moffat County Public Health has implemented an Impact Monitor to track the number of positive tests and the number of tests conducted. Public Health has also made available an on-line Symptom Tracker. T For more information or to participate in symptom tracking visit:
https://covid19moffatcounty.godaddysites.com/track-covid-19

The following recommendations will help you protect yourself:
- Comply with the Stay-In-Place Order issued by the Governor.
- Practice Social Distancing – do not engage with groups of more than 10 people; maintain a distance of 6' or greater from others.
- Wash your hands regularly, especially before eating or touching your mouth and nose.
- Avoid close contact with people who are sick.
- If you are sick, stay home.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

What to do if you're sick:
- Stay home if you develop a fever, cough or shortness of breath and contact your healthcare provider.

- Wear a mask or cover your cough and sneeze.
- Wash your hands frequently and don't share personal items (drinking glass or utensils) with others.

If you want to be seen by your healthcare provider:
- If you are unsure about where you should receive care, contact the Memorial Regional Health COVID-19 Hotline – 970-826-3280.
- If you have a primary care provider, call for guidance first rather than going directly into the clinic. Do not show up at a clinic, urgent care or the emergency department unannounced.
- Your doctor's office will assess your illness on the phone and provide information or guidance for you, household members, and other close contacts.
- Testing for COVID-19 is not a routine test. Your healthcare provider will assess your symptoms and risk for the disease based on guidance from the Colorado Department of Public Health and Environment.
- Since many of the illnesses are mild, we expect most COVID-19 patients will be isolated in their own home to rest and recover. If possible, sleep in a bedroom and use a bathroom that is not used by other household members.
- There is no antiviral treatment for COVID-19. Getting rest and drinking plenty of fluids will likely be helpful for recovery. Only the most critically ill will be hospitalized.

If you live or work in Moffat County and you're not already registered to receive emergency alerts, visit www.moffatcountysheriff.com and click the Code Red icon near the bottom of the homepage.

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