

Privacy Policy

Effective Date: 10/18/2025

Thank you for using **CaliX** — your go-to calisthenics training app. This Privacy Policy explains how we collect, use, and protect your information when you use our app, website, and services.

1. Information We Collect

a. Personal Information

When you sign up or use CaliX, we may collect:

- Name (optional)
- Email address
- Age range (optional)
- Fitness preferences or goals
- Device information (type, OS, etc.)

b. Usage Data

We may automatically collect:

- Exercise interactions (e.g., workouts viewed, progress)
 - App usage patterns (e.g., frequency of use, buttons clicked)
 - IP address and general location (country or region)
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2. How We Use Your Information

We use your information to:

- Personalize your fitness experience
 - Track progress and skill unlocks
 - Send occasional emails or notifications (you can opt out anytime)
 - Improve app performance and features
 - Detect and prevent fraud or abuse
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3. Sharing Your Information

We do not sell your personal information.

We may share limited data with trusted service providers to:

- Host our backend (e.g., Firebase, Cloudflare)
- Analyze app usage
- Send secure emails or push notifications

All third-party partners are required to uphold strong data protection standards.

4. Data Storage & Security

We store your data securely using industry-standard practices. Data may be stored on secure cloud servers and protected with encryption, firewalls, and access controls.

If you delete your account, we will remove your personal data from our active systems within 30 days.

5. Your Rights

You can:

- Request to see what data we hold about you
- Update or correct your data
- Delete your account and personal information at any time

To make a request, contact us at: **MyCalixApp@gmail.com**

6. Children's Privacy

CaliX is not intended for users under the age of 13. We do not knowingly collect data from children under 13. If you believe we have, please contact us so we can delete it.

7. International Users

If you are accessing CaliX from outside the U.S., you agree to the transfer of your data to our servers located in the U.S. or other operational regions.

8. Updates to This Policy

We may update this Privacy Policy from time to time. When we do, we'll update the "Effective Date" and notify users of significant changes.

9. Contact Us

For any privacy questions, contact us at:
MyCalixApp@gmail.com