

Question Persuade Refer.



Free Suicide Prevention Training

QPR stand for **Question**, **Persuade** and **Refer** - the three simple steps anyone can learn to prevent suicide. Just as people trained in CPR and the Heimlich Maneuver save thousands of lives each year, people trained in QPR learn to recognize the **warning sings of suicide** and how to get someone help. QPR can be learned through this course in as little as an hour

When/Where

Estill County Public Library - 4 p.m.

September 23rd, November 25th
184 Broadway St, irvine, KY 40336

Powell County Library - 4 p.m.

August 26th, October 28th, December 16th
725 Breckenridge St, Stanton, KY 40380

RSVP

Call **859-553-2388**, email rachel.stanley@newvista.org, or click the **link below** to RSVP .

Click Here to RSVP