Victoria Buckenham

Executive Coach



I am all about setting my clients up for success, which to me means thinking about all facets of your life and how they connect.

I am action-oriented, so when a client spends time with me they can expect to gather lots of ideas to help push forwards whether that be with a general positive mindset, a clear path for career direction or how to land your next role effectively (and everything in between). Everyone leaves their session motivated and empowered!

I love helping people reach those 'lightbulb moments' when it comes to their careers and what makes them tick. Often this involves getting back to the basics of what they are motivated by and what they truly love doing - ‘strengths based development’. I am passionate about helping people feel supported, taking on the role of 'career ally' and cheerleader too. I love to build confidence in my clients, empowering them to take their next career step or simply to perform at their very best.

I have a full corporate background, spending most of my career as a Head of People Development or Head of Talent at various organisations. At a senior HR Leader, I have worked across multiple industries and sectors including Financial Services, Utilities, Legal, Banking, Healthcare, Tech and Engineering. I work with clients all levels, spending the majority of my time supporting those in the Senior Leadership / Executive space.

I have over 10 years’ coaching experience, with my coaching qualification from The Oxford School of Coaching & Mentoring (OCM). I also hold a NED position for a niche talent consultancy, and regularly feature on webinar/event panels where I specialise in areas such as using social media to develop your career, how to beat imposter syndrome, and how to action career development in every day.

I am passionate about people, their development, and their personal satisfaction - believing fiercely that life isn't just about work.

Contact Victoria through graham@ispiremc.com

Learn more about her background and experience at LinkedIn.

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