Uli Sannwald-Reed

Executive Coach



I strongly believe in everybody's ability to grow when given the opportunity.
I am passionate about supporting individuals and teams to fulfil their potential and to achieve their goals, to overcome obstacles and be successful in their careers.

I apply a range of proven coaching techniques as well as newly established neuroscientific approaches to meet every individual client in their own world. I build rapport and a mutual understanding to then explore new ways of thinking through listening and challenging embedded beliefs.
My work is rooted on a genuine interest in the individual, conviction that everybody can achieve their goals if they believe in themself and a natural curiosity to understand how people work.

My clients come from a variety of industries and are at different stages in their career. One of the commonalties is the drive to understand what is holding them back, how to overcome it and what can be done to accelerate their performance .

I believe in a systemic approach and therefore support teams and individuals to achieve their full potential in strengthening their awareness of themselves, their values and beliefs and what impact this will have on others.

My passion for coaching is born out of more than thirty years of professional experience as a senior leader within the Robert Bosch Group working in different business sectors and across different countries. I gained a wealth of experience in various roles in Supply Chain Management and Quality Assurance up to Board level.

Born in Germany, I lived and worked in Singapore before I settled in the United Kingdom. I coach and mentor in English and German. I am accredited as an Associate Certified Coach (ACC) by the International Coaching Federation (ICF), an NLP practitioner, hold a Diploma in Business Administration (VWA Stuttgart) and a MSc in Coaching and Behavioural Change from Henley Business School. I am a registered internal coach for the Robert Bosch Group and a registered coach with Henley Business School.

Contact Uli through graham@ispiremc.com

Learn more about her background and experience at LinkedIn.

ispire mc ltd