Christine Cambridge

Executive Coach



Christine has over 20 years' experience of coaching, specialising in leadership, emotional intelligence, communication and relationship management, personal brand and future focused behavioural development.

Prior to working as an independent coach for almost 10 years, for over 20 years she held senior roles within the commercial, engineering, science, and technology domains, working on innovative solutions for the training and simulation, cyber security and optronics fields.

She is a qualified coach, an executive practitioner of APECS and a member of the Association for Coaching, which continues to provide a rich source of continual professional development.

Known for her positive energy, resilience, and behavioural results she has a keen interest in systemic environments, stakeholder relationships, and an individual's potential impact in their environment. Through her master's degree in Coaching and Behavioural Change, Christine focused on the influence of coaching on neuro-diversity in the Engineering, Science and Technology domains.

Christine is also a qualified practitioner in Prophet, a predictive role profiling for high-performing executive teams.

Her coaching clients are a mix of international, UK-based, start-up client's and private clients from FTSE100 companies.

'I believe emotions are the foundation of human perception and behaviour. Our emotional response drives our behaviour in the environment we find ourselves operating. Through self-awareness and awareness of others we are able to manage our response and change our behaviours to achieve our goals. Support from experts in behavioural change can induce sustained change and help your performance significantly increase to lead fulfilling, balanced and rewarding lives.'

Contact Christine through graham@ispiremc.com

Learn more about her background and experience at LinkedIn.

ispire mc ltd