

# Fishing a WHIP RIG

A step by step guide

Angling Coaching Initiative



## Standard 4m Whip



Internal no 8 elastic fitted inside top section

*Note rig length should be adjusted so hook should hang next to white tape on pole, so small fish are swung to hand*

Pole float

Rig ready shotted

*If putting whip to one side, nick hook into tape to avoid tangles*

## Pole set-up

1. Coach will assemble pole
2. CHECK hook comes down to white tape on pole, no longer than this, so smaller fish can be swung to hand See diagram opposite
3. *If rig is longer, ask coach to shorten by retying nylon loop at top*
4. Use plummet to establish depths of swim
5. Set float depth to where you are fishing.
6. If you change where you fish, use plummet to reset float depth

## Casting

Overhead or gentle under-arm cast

## Feeding

Fish will easily miss a single particle of food (your bait). You need other food items next to it on the bottom to attract fish! Can be maggots, ground-bait, small pellets, corn etc.

Throw out a SMALL amount of feed by hand where you are fishing, use a catapult to get further out. MUST be accurately onto your fishing spot, over your bait. Feed TINY amounts till you can accurately bait the right spot

