

The Spiritual textreading of today

Hizb Number:	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter		30	16	18	23
					16	(7:1-7:30)	(7:31-7:46)	(7:47-7:64)	(7:65-7:87)
1	32 (1:1-2:25)	18 (2:26-2:43)	16 (2:44-2:59)	15 (2:60-2:74)	17	29 (7:88-7:116)	25 (7:117-7:141)	14 (7:142-7:155)	15 (7:156-7:170)
2	17 (2:75-2:91)	14 (2:92-2:105)	18 (2:106-2:123)	18 (2:124-2:141)	18	18 (7:171-7:188)	18 (7:189-7:206)	21 (8:1-8:21)	19 (8:22-8:40)
3	16 (2:142-2:157)	19 (2:158-2:176)	12 (2:177-2:188)	14 (2:189-2:202)	19	20 (8:41-8:60)	15 (8:61-8:75)	18 (9:1-9:18)	15 (9:19-9:33)
4	16 (2:203-2:218)	14 (2:219-2:232)	10 (2:233-2:242)	10 (2:243-2:252)	20	12 (9:34-9:45)	14 (9:46-9:59)	15 (9:60-9:74)	18 (9:75-9:92)
5	10 (2:253-2:262)	9 (2:263-2:271)	11 (2:272-2:282)	18 (2:283-3:14)	21	18 (9:93-9:110)	11 (9:111-9:121)	18 (9:122-10:10)	15 (10:11-10:25)
6	18 (3:15-3:32)	19 (3:33-3:51)	23 (3:52-3:74)	18 (3:75-3:91)	22	27 (10:26-10:52)	18 (10:53-10:70)	19 (10:71-10:89)	25 (10:90-11:5)
7	20 (3:92-3:112)	20 (3:113-3:132)	20 (3:133-3:152)	18 (3:153-3:170)	23	18 (11:6-11:23)	17 (11:24-11:40)	20 (11:41-11:60)	23 (11:61-11:83)
8	15 (3:171-3:185)	15 (3:186-3:200)	11 (4:1-4:11)	12 (4:12-4:23)	24	24 (11:84-11:107)	22 (11:108-12:6)	23 (12:7-12:29)	23 (12:30-12:52)
9	12 (4:24-4:35)	22 (4:36-4:57)	16 (4:58-4:73)	14 (4:74-4:87)	25	24 (12:53-12:76)	24 (12:77-12:100)	15 (12:101-13:4)	14 (13:5-13:18)
10	12 (4:88-4:99)	14 (4:100-4:113)	21 (4:114-4:134)	13 (4:135-4:147)	26	16 (13:19-13:34)	18 (13:35-14:9)	18 (14:10-14:27)	25 (14:28-14:52)
11	15 (4:148-4:162)	14 (4:163-4:176)	11 (5:1-5:11)	15 (5:12-5:26)	27	48 (15:1-15:48)	51 (15:49-15:99)	29 (16:1-16:29)	21 (16:30-16:50)
12	14 (5:27-5:40)	10 (5:41-5:50)	16 (5:51-5:66)	15 (5:67-5:81)	28	24 (16:51-16:74)	15 (16:75-16:89)	21 (16:90-16:110)	18 (16:111-16:128)
13	15 (5:82-5:96)	12 (5:97-5:108)	24 (5:109-6:12)	23 (6:13-6:35)	29	22 (17:1-17:22)	27 (17:23-17:49)	20 (17:50-17:69)	29 (17:70-17:98)
14	23 (6:36-6:58)	15 (6:59-6:73)	21 (6:74-6:94)	16 (6:95-6:110)	30	29 (17:99-18:16)	15 (18:17-18:31)	19 (18:32-18:50)	24 (18:51-18:74)
15	16 (6:111-6:126)	14 (6:127-6:140)	10 (6:141-6:150)	15 (6:151-6:165)					

31	24 (18:75-18:98)	33 (18:99-19:21)	37 (19:22-19:58)	40 (19:59-19:98)	46	58 (37:145-38:20)	31 (38:21-38:51)	44 (38:52-39:7)	24 (39:8-39:31)
32	54 (20:1-20:54)	28 (20:55-20:82)	28 (20:83-20:110)	25 (20:111-20:135)	47	21 (39:32-39:52)	23 (39:53-39:75)	20 (40:1-40:20)	20 (40:21-40:40)
33	28 (21:1-21:28)	22 (21:29-21:50)	32 (21:51-21:82)	30 (21:83-21:112)	48	25 (40:41-40:65)	28 (40:66-41:8)	16 (41:9-41:23)	22 (41:24-41:46)
34	18 (22:1-22:19)	19 (22:20-22:37)	22 (22:38-22:59)	19 (22:60-22:78)	49	20 (41:47-42:12)	14 (42:13-42:26)	24 (42:27-42:50)	26 (42:51-43:23)
35	35 (23:1-23:35)	39 (23:36-23:74)	44 (23:75-23:118)	20 (24:1-24:20)	50	33 (43:24-43:56)	49 (43:57-44:16)	54 (44:17-45:11)	26 (45:12-45:37)
36	14 (24:21-24:34)	18 (24:35-24:52)	12 (24:53-24:64)	20 (25:1-25:20)	51	20 (46:1-46:20)	24 (46:21-47:9)	23 (47:10-47:32)	23 (47:33-48:17)
37	32 (25:21-25:52)	25 (25:53-25:77)	51 (26:1-26:51)	59 (26:52-26:110)	52	12 (48:18-48:29)	13 (49:1-49:13)	31 (49:14-50:26)	49 (50:27-51:31)

38	70 (26:111-26:180)	47 (26:181-26:227)	26 (27:1-27:26)	29 (27:27-27:55)
39	26 (27:56-27:81)	23 (27:82-28:11)	17 (28:12-28:28)	22 (28:29-28:50)
40	25 (28:51-28:75)	13 (28:76-28:88)	25 (29:1-29:25)	20 (29:26-29:45)
41	24 (29:46-29:69)	30 (30:1-30:30)	23 (30:31-30:53)	28 (30:54-31:21)
42	23 (31:22-32:10)	20 (32:11-32:30)	17 (33:1-33:17)	13 (33:18-33:30)
43	20 (33:31-33:50)	9 (33:51-33:59)	23 (33:60-34:9)	14 (34:10-34:23)
44	22 (34:24-34:45)	23 (34:46-35:14)	26 (35:15-35:40)	32 (35:41-36:27)
45	32 (36:28-36:59)	45 (36:60-37:21)	61 (37:22-37:82)	62 (37:83-37:144)

Holy Reading

**Week 1-42: Hizb Q1 Q2 Q3 Q4 (Mo-Th)
Sura +50 (Fr)**

**Week 43-52: Hizb Q1 Q2 Q3 Q4 (Mo-Th)
Suras +50 +60 (Fr)**

Parashat HaShavua (Sa) +~12

Genesis	Exodus	Leviticus	Numbers	Deuteronomy
1 Bereshit	Shemot	Vayikra	Bamidbar	Devarim
Noach	Vaera	Tzav	Nasso	Vaetchanan
Lech-Lecha	Bo	Shmini	Beha'alotcha	Eikev
Vayera	Beshalach	Tazria)	Sh'lach	Re'eh
Chayei Sara	Yitro	Metzora)	Korach	Shoftim
Toldot	Mishpatim	Achrei Mot)	Chukat)	Ki Teitzei
Vayetzei	Terumah	Kedoshim)	Balak)	Ki Tavo
Vayishlach	Tetzaveh	31 Emor	41 Pinchas	51 Nitzavim)
Vayeshev	21 Ki Tisa	Behar)	Matot)	Vayeilech) 24
Miketz	Vayakhel)	Bechukotai)	Masei) 24	Ha'Azinu
11 Vayigash	Pekudei)			Vezot Haberakhah (Sa)
Vayechi				

Portion GospelWeek (Su)

MATTHEW

MAT 1 MAT 2 MAT 3 MAT 4 MAT 5 MAT 6 MAT 7 MAT 8 MAT 9 MAT 10 +10

MARK

MAR 1 MAR 2 MAR 3 MAR 4 MAR 5 MAR 6 MAR 7 MAR 8 MAR 9 MAR 10 +10

LUKE

LUK 1 LUK 2 LUK 3 LUK 4 LUK 5 LUK 6 LUK 7 LUK 8 LUK 9 LUK 10 +10

JOHN

JOH 1 JOH 2 JOH 3 JOH 4 JOH 5 JOH 6 JOH 7 JOH 8 JOH 9 JOH 10 JOH 11 JOH 12 JOH 13 JOH 14 JOH 15 JOH 16 JOH 17 JOH 18 JOH 19 JOH 20 JOH 21 LUK 25 LUK 26

Audio

Parashat

<https://duckduckgo.com/?q=kjv+audio&t=brave&ia=web>

<https://drive.google.com/file/d/1w9mdU2IVG1fYHYFihpUEQ8BAqX7wjzn/view?usp=drivesdk>

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<https://drive.google.com/file/d/1XLn0g0BEB2OhwaAAJB0m2eVbw2DS1qsw/view?usp=drivesdk>

The Festivals of Light

<https://audiomack.com/hilariushaufniensis/playlist/the-festivals-of-light>

Le quattro stagioni

https://drive.google.com/file/d/1ct06QDqRY_SQCRmWxvb8trhymaL8IGhG/view?usp=drivesdk