

# The Elpis Psychology, Health and Education Institute

Serving families on the North Shore for over 40 years

### **Empowering Students for Academic Success**

# **Looking for a Stress-Free College Planning and Preparation Experience?**

We Offer Summer Individual and Group Coaching Designed to Meet Your Unique Needs

#### For Students:

- Assessment to identify individual learning style strengths, interests and values to assist in school and possible career choice.
- Understanding and managing the college preparation and timeline
- Navigating Naviance and the college
- College Essay Preparation and Writing
- Finance 101: Understanding how to navigate your personal finances

#### For Parents:

- Understanding and managing the college preparation and timeline
- How to encourage your child's independence with the college preparation and selection process
- Strategies for choosing colleges
- Strategies for financing your child's education

### Call for details on our weekly information session

At the Cummings Center in Beverly

100 Cummings Center, Suite 232C Beverly, MA 01915

At Dundee Park in Andover

2 Dundee Park, Suite B-05 Andover, MA 01810

Tel: 978-785-9977 Fax: 978-922-6717 admin@elpisinstitute.com

Visit us at: www.elpisinstiute.com

Elizabeth Holmes-Coutracos, MA, LMHC
Chief Executive Officer

Dianne McGaunn, M.Ed., MSCIS
Director of Academic Services

Courtney McHugh
Clinical Director, Neuropsychology