

TWFC Cycling Schedule

Day	Instructor	Time	Duration
Monday	Rachel M	9:00 AM	45 minutes
Monday	Megan P.	5:30 PM	45 minutes
Tuesday	Chris	5:30 PM	45 minutes
Wednesday	Susanne	9:00 AM	45 minutes
Wednesday	Karyn	5:30 PM	45 minutes
Thursday	Susanne	4:30 PM	45 minutes
Saturday	Rachel M	9:00 AM	45 minutes
Sunday	Megin	9:00 AM	45 minutes

Register for packages and classes on our website by clicking the Class Sign Up button on our Home Page.

<https://thewomensfitnessconnectionllc.com/>

