

Our superior on-site training maximizes your health and safety training investment, reduce accidents, and satisfies essential training regulations. Call today for more information.

Comprehensive Training Options

Workplace Safety

- MSHA New Miners
- OSHA 10 and OSHA 30
- HAZWOPER
- Work Place Controls:
- Slips, Trips, & Falls
- Ergonomics
- Stress Management
- Back Injury Prevention
- Lifeguard
- Disaster Preparedness
- Risk Management
- Forklift Safety
- Fire Extinguisher Usage

- Hazard Communication
- Electrical Safety
- Confined Space
- Emergency Planning
- Hearing Conservation
- Personal Protective Equipment Usage
- Sexual Harassment
- Trenching and Shoring
- Welding Safety
- Manlift Safety
- Fall Protection
- Safe Driver

Emergency Medical

- CPR - all ages
- 1st Aid
- Blood Borne Pathogen (PDT)
- AED Certification
- CPR-PR (Professional Rescuer)

Special Projects

- Project Management
- Audit and Safety Consultation

Who We Are

- Woman-Owned
- Family Operated
- DBE Certified
- OSHA Certified
- MSHA Certified
- Red Cross NAN Member

Why Choose Us?

- Quality training is the NUMBER ONE factor in reducing accidents in the workplace.
- Tailor classes to meet your needs with on-site training.
- Our practical methods keep attendees engaged with hands-on, interactive teaching.
- Our comprehensive, standardized training programs to maintain consistency across multiple sites.

Sarah Haydon, Owner

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