

# Teen Mental Health Survey

# ADULT RESPONSES

## 1 Community/Youth Center

The overwhelming focus is on creating spaces and centers for youth to gather, engage in activities, and foster a sense of community.



## 2 Mental Health Support

Emphasis on the importance of mental health programs, access to therapy, and the need for more mental health professionals, was a common response.

## 3 Support Systems

The need for support systems, counseling, mentorship programs, and support groups for youth. Additionally, responses showed interest in parental support groups too.



## 4 Recreational Opportunities

Adults viewed additional activities specifically created for youth, including outdoor and affordable programming, as an increasing local need.

## 5 Community Engagement

Encouragement for involving youth in community boards, commissions, and activities to contribute to their future is a recurring theme.

