The image shows a construction site for a deck or patio. A concrete slab is being prepared with a grid of dark metal joists. Each joist is supported by a black plastic pedestal. To the right, a section of the deck is already finished with light-colored wooden planks. In the background, there is a white brick wall, a concrete walkway, and some landscaping. The overall scene is bright and clear.

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**PLAS-PRO**  
Ultra-Low Maintenance  
Sub Frame Solutions



## What is Plas-pro?

Plas-Pro is made from 100% recycled plastic. Using selected graded materials and cleverly engineered processes, Plas-Pro not only brings the key environmental benefits, but the assurance of superior quality performance.

Being impervious to water ingress Plas-Pro will not rot, swell or split like wood, making it particularly suitable around water and damp environments such as jettys, fishing platforms, roof terraces and boardwalks - ensuring a maintenance-free solution.



## Why Plas-Pro?

Plas-Pro offers many longer term advantages above traditional construction materials such as timber and composite systems. Designed for the discerning specifier and client looking for durable and cost effective lasting solutions.

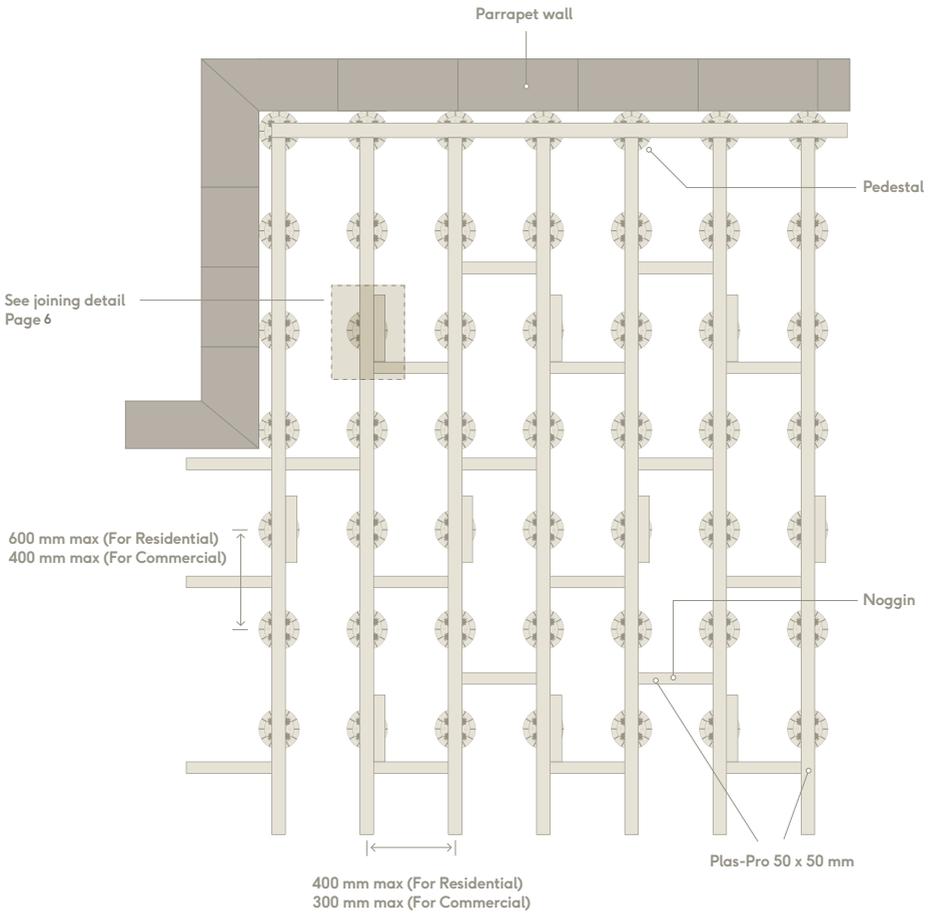
Plas-Pro complements our terrace pedestal products and the unique Millboard external flooring range, enabling us to offer a complete, full turn key, non-rot external flooring system



# Life Cycle Durability

Designed to outlast traditional timber and wood based materials, Plas-Pro gives the ultimate life cycle costs efficiencies.

It is widely specified by designers, architects, and installers for use in commercial, local authority and residential applications. Plas-pro offers a wholly maintenance free system making it the perfect choice when longevity, function and low maintenance matter.

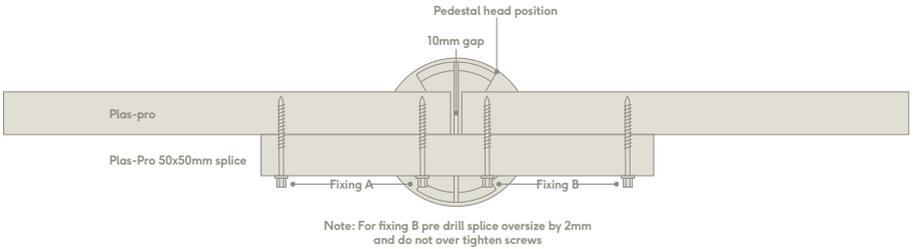
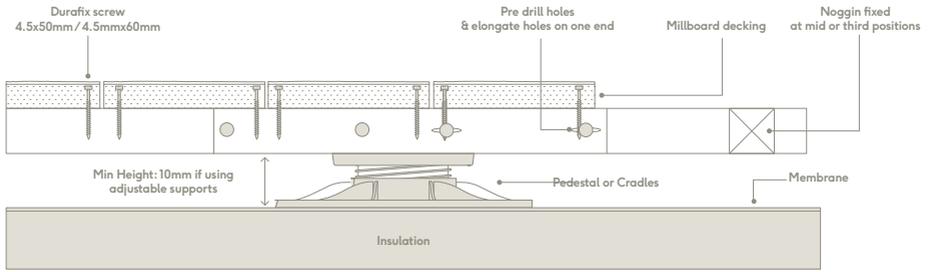


Roof terrace standard subframe laying pattern

application  
details

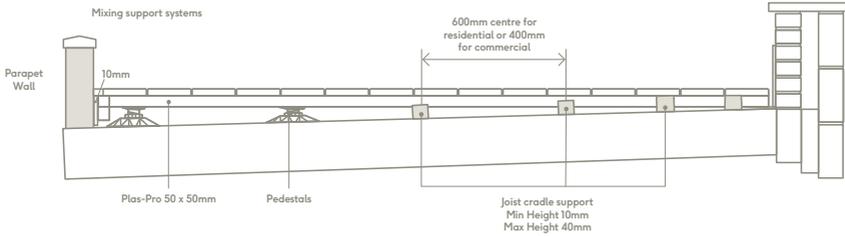


## Joining roof subframe battens

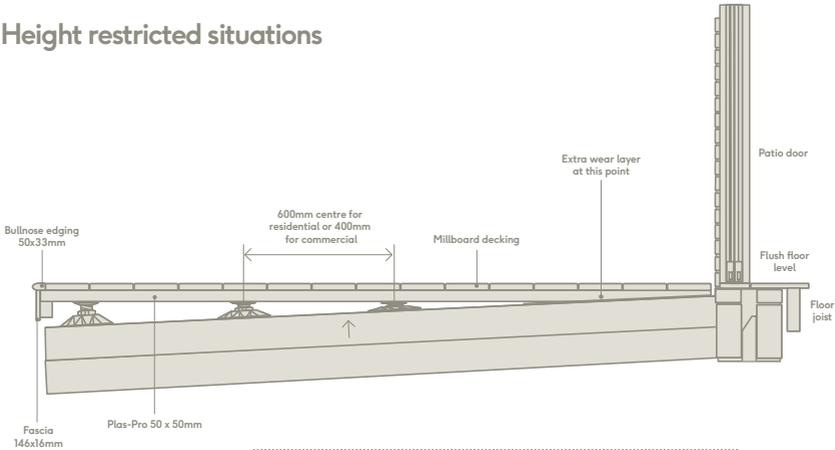


application  
details

## Mixed support systems

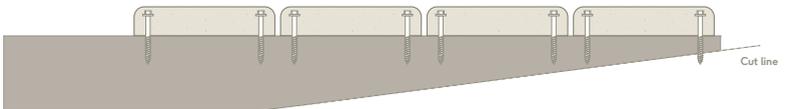


## Height restricted situations



### WARNING

Make sure screws that protrude through the Plas-Pro are cut off before laying the battens on to the roof membrane. We recommend a protective layer under the battens.

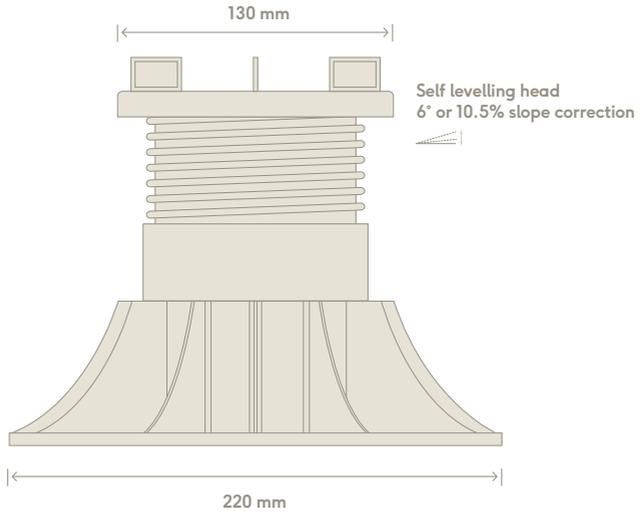


## Typical pedestal section

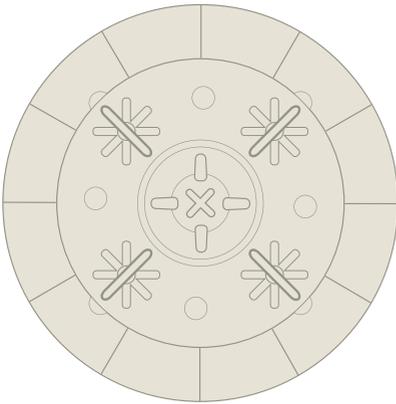
### Side View

#### Sizes:

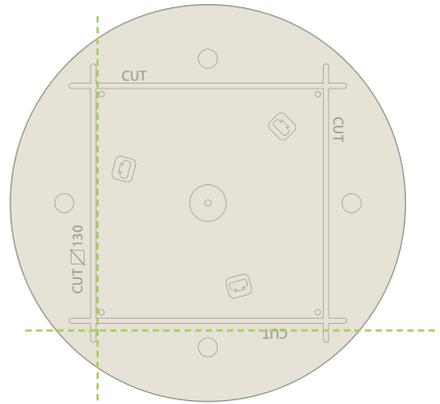
- 40 - 56 mm
- 50 - 70 mm
- 70 - 110 mm
- 110 - 160 mm
- 150 - 210 mm
- 100 mm extension collars



### Top View



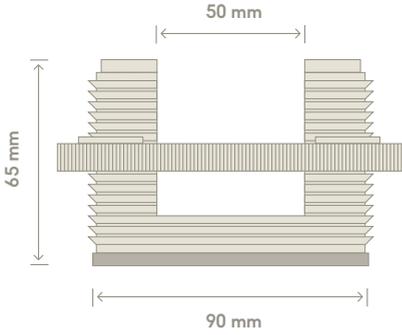
### Bottom View - Dotted line shows cut marks



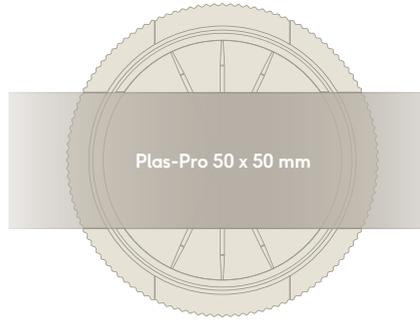
application  
details

## 10-40mm joist cradle

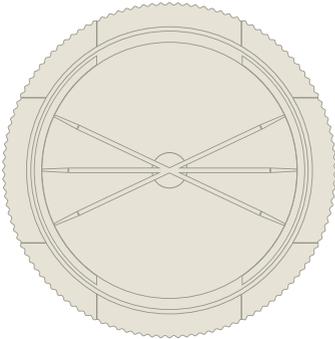
Side View



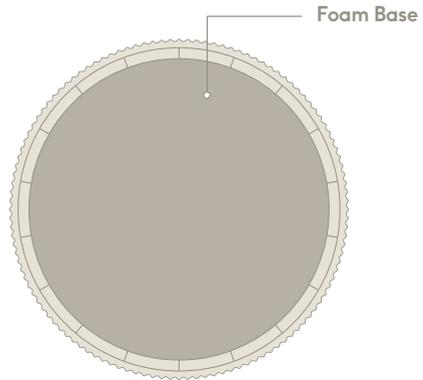
Top view with Plas-Pro



Top View



Bottom View



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**Joist cradle data**

|                          |  |
|--------------------------|--|
| Material                 | Recycled Nylon (glass filled)  |
| Height Range             | 10-40mm  |
| Compressive Strength     | 6Kn/m <sup>2</sup>   |
| Base Diameter            | 90mm   |
| Bearer Capacity          | 45-50mm  |
| Bearer/Cradle Connection | Loose Laid   |
| Biological Chemical      | Resistant to moulds, algae, alkali, bitumen  |
| Working Temperature      | -20°C - 120°C  |
| Cradle Spacing           | 600mm centres along joist (residential) or 400mm centres along joist (commercial). Joists at 400mm centres (residential) or 300mm centres (commercial) |

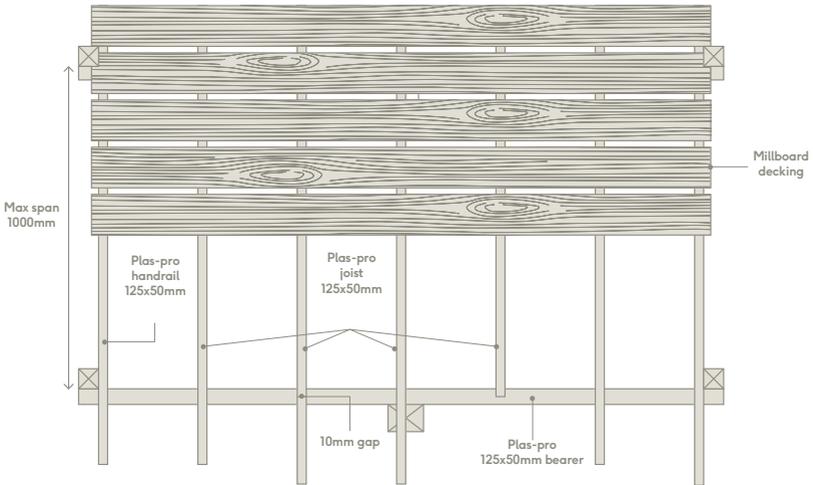
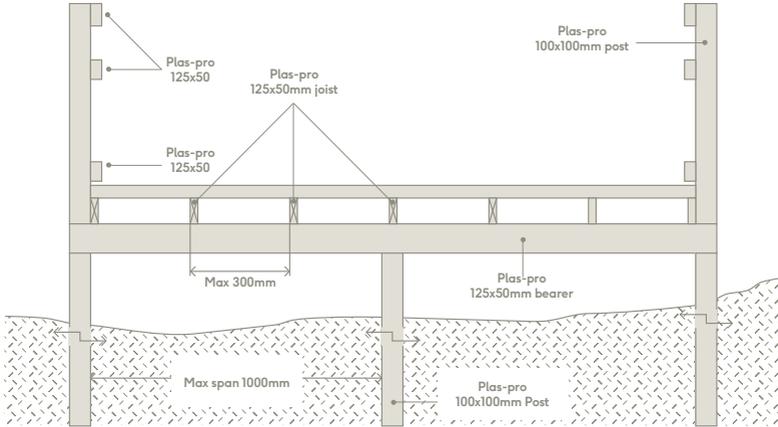
Fully tested to conform to the loading conditions for flooring as described in bs 5399

**Pedestal technical data**

|                      |   |
|----------------------|---|
| Material             | PP Polypropylene (recyclable), UV resistant               |
| Biological/Chemical  | Resistant to moulds, algae, alkali, bitumen               |
| Height Range         | 40mm - 1000mm   |
| Compression          | 2100 Kg (certified compression data available on request) |
| Base Diameter        | 210mm / 220mm   |
| Head Diameter        | 130mm   |
| Spacer Tab Thickness | 4mm   |
| Working Temperature  | -40°C - 120°C   |

# application details

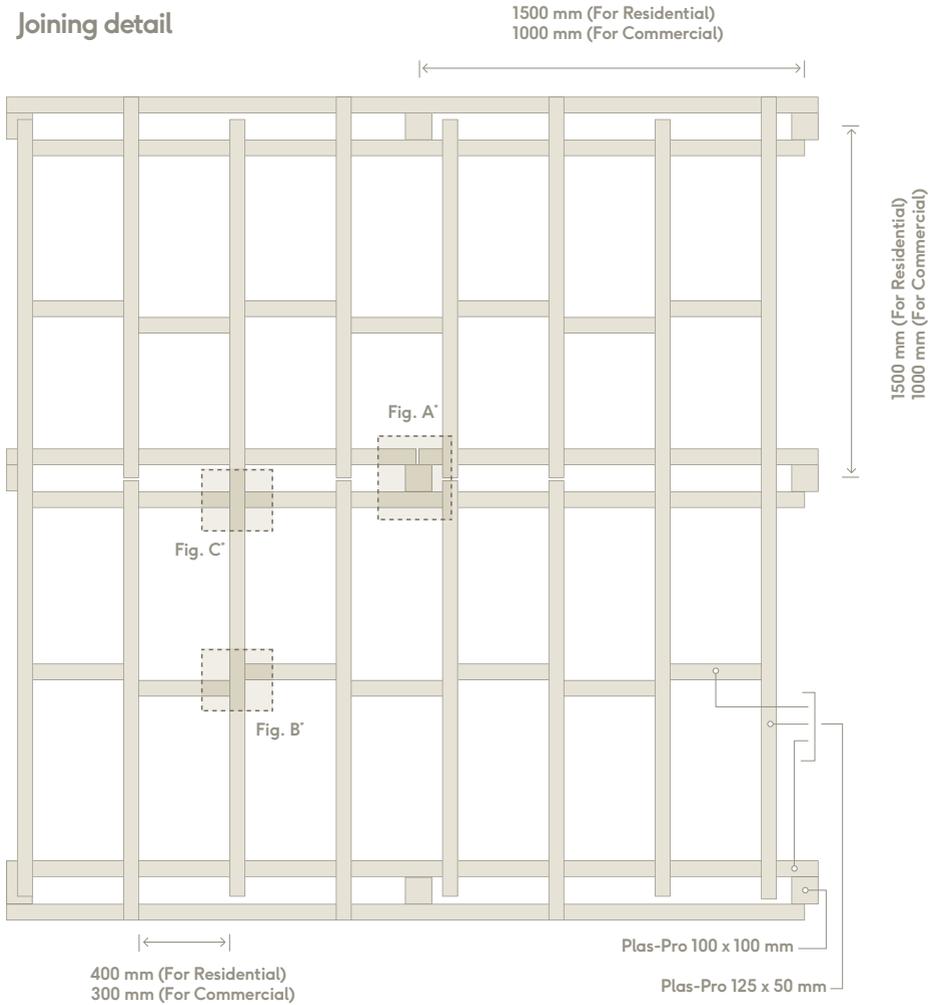
# Boardwalk



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## Joining detail



application  
details

**Plas-Pro subframe construction:**

100 x 100mm posts to be 1/3 in the ground 2/3 out of the ground with a minimum of 400mm in the ground

125 x 50mm bearers to be fixed to posts with 2 no. Durafix Hexhead screws with oversized pilot holes

125 x 50mm joists to be fixed to bearers at every intersection

125 x 50mm joists to have staggered joists across bearers with a 10mm gap between joist ends

Residential projects based on up to 1.5kN/m<sup>2</sup>

Commercial projects based on up to 4kN/m<sup>2</sup>

\*Fig A, B and C detailed guides on pages 22 and 23

100 x 100 x 3000mm - Plas-pro post - P1010B300

125 x 50 x 3000mm - Plas-pro joist - P1205B300

50 x 50 x 2400mm - Plas-pro batten - P0505B240

60 x 30 x 2800mm - Plas-pro batten - P0603H280

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### Fig A. Fixing joists to the post:

Plas-Pro Subframe Screws, Hex drive 90x6.3mm  
 Plas-Pro must always be pre drilled and also pilot holed

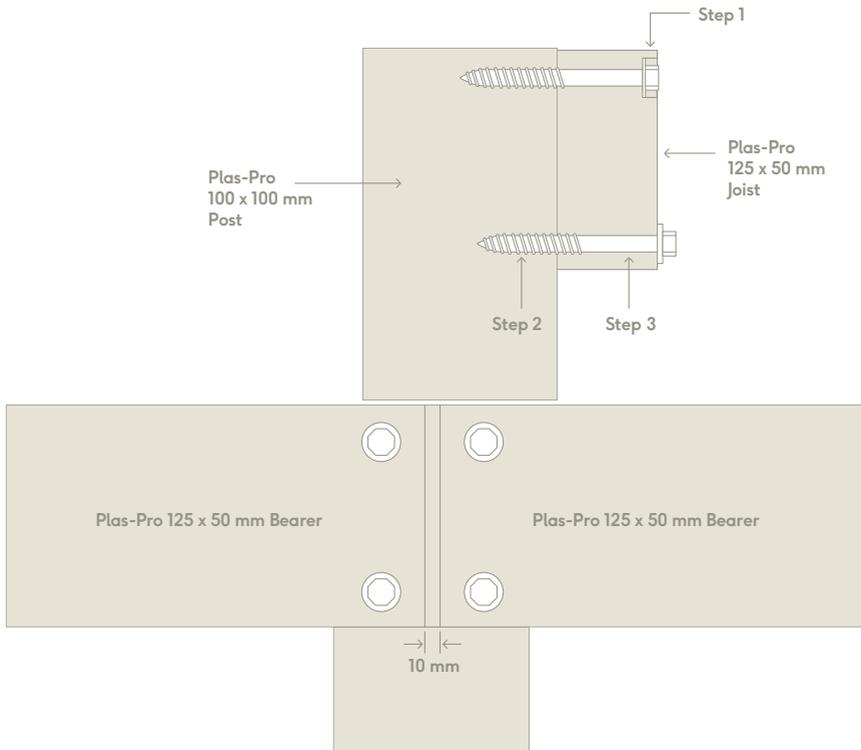
Step 1: Drill 15mm dia. hole at an angle 10mm deep (optional if head of fixing needs to be below the surface)

Step 2: Pilot hole 5mm dia. Drill 60mm deep

Step 3: Relief hole 8mm dia. Drill all the way through the joist

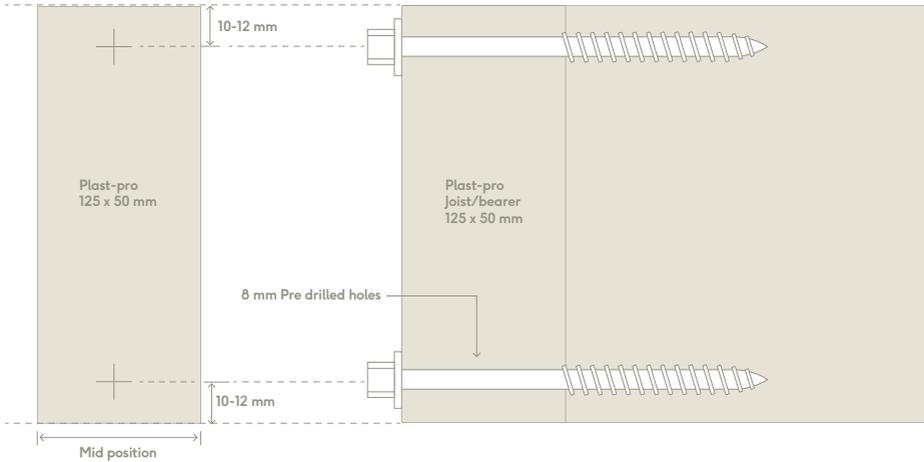
Step 4: Drive screw in

Visit website for up to date cad drawing [www.millboard.co.uk/downloads](http://www.millboard.co.uk/downloads)



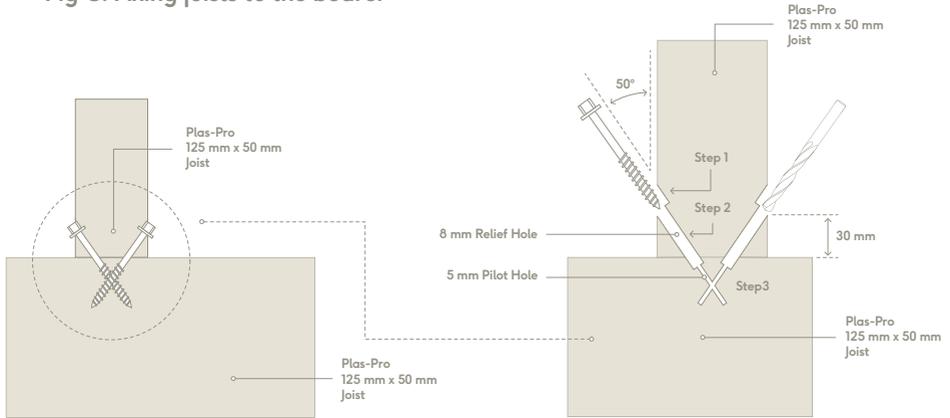
application  
 details

**Fig B. Cross section view**



NOTE: Screw fixing method using Durafix hex head screws is for braces or noggins. If a joist is to be fixed then the use of truss clips with screws is recommended

**Fig C. Fixing joists to the bearer**



## Plastic subframe material test data

| Technical data in an overview |                           | 125 X 50mm                       |                              |                   |                         |
|-------------------------------|---------------------------|----------------------------------|------------------------------|-------------------|-------------------------|
| Testing:                      | Standard<br>din en<br>iso | Result                           |                              |                   |                         |
| 3 Point bend                  | 178                       | Flexural stress                  | -5° C                        | Mpa               | 35.1                    |
|                               |                           | Bending e-modulus                |                              |                   | 2,261                   |
|                               |                           | Flexural stress                  | 23° C                        |                   | 24.0                    |
|                               |                           | Bending e-modulus                |                              |                   | 1,424                   |
|                               |                           | Flexural stress                  | 65° C                        |                   | 16.5                    |
|                               |                           | Bending e-modulus                |                              |                   | 856                     |
| Tensile                       | 527-2                     | Strength                         |                              | Mpa               | 15.6                    |
|                               |                           | Tensile e-modulus                |                              |                   | 1,490                   |
|                               |                           | Elongation                       |                              | %                 | 1.7                     |
| Timed tensile                 | 899-1                     | Tensile e-modulus                | 1 Hour                       | Mpa               | 1,043                   |
|                               |                           | Tensile e-modulus                | 24 Hours                     |                   | 975                     |
|                               |                           | Tensile e-modulus                | 100 Hours                    |                   | 852                     |
| Timed 3 point bend            | 899-2                     | Bending e-modulus                | 1 Hour                       | Mpa               | 1,159                   |
|                               |                           | Bending e-modulus                | 24 Hours                     |                   | 943                     |
|                               |                           | Bending e-modulus                | 100 Hours                    |                   | 816                     |
| Pressure characteristics      | 604                       | Compression strength             | 1% Stretch                   | Mpa               | 2.5                     |
|                               |                           |                                  | 2% Stretch                   |                   | 5.3                     |
|                               |                           |                                  | 10% Stretch                  |                   | 27.9                    |
|                               |                           |                                  | Compressive stretch at yield |                   | 29.0                    |
|                               |                           | Pressure e-modulus               |                              |                   |                         |
| Charpy test                   | 179                       | Impact resistance                |                              | Kj/m <sup>2</sup> | 12                      |
| Impact shore hardness         | 868                       | Shore hardness                   |                              |                   | 62                      |
| Density test                  | 1183-1                    | Density                          |                              | G/cm <sup>3</sup> | 1.0529                  |
| Water absorbtion              | 62                        | 23° C, 50%r.L                    |                              | %                 | <1                      |
|                               |                           | 23° C in water                   |                              |                   | <1                      |
|                               |                           | 100° C in water                  |                              |                   | <1                      |
| Resistance                    | 60093 <sup>4</sup>        | Surface resistance               |                              | Ω                 | 1.5 X 10 <sup>14</sup>  |
|                               |                           | Specific surface resistance      |                              |                   | 1.5 X 10 <sup>15</sup>  |
|                               |                           | Flow/contact resistance          |                              |                   | >2.0 X 10 <sup>14</sup> |
|                               |                           | Specificflow/contact resistance  |                              |                   | >8.4 X 10 <sup>14</sup> |
| Ball striking test            | 2039-1                    | Ball striking hardness           |                              | N/mm <sup>2</sup> | 39.52                   |
| Thermal expansion             |                           | Coefficient of thermal expansion |                              | 1/°C              | 0.0001510648            |
| Screw pull out force          |                           | Drilled material                 |                              | N                 | 8,230                   |
|                               |                           | Non pre-drilled                  |                              | N                 | 8,140                   |

## Plastic subframe material test data

| Technical data in an overview |                           | 50 X 50 and 100 x 100mm          |             |                   |                        |
|-------------------------------|---------------------------|----------------------------------|-------------|-------------------|------------------------|
| Testing:                      | Standard<br>din en<br>iso | Result                           |             |                   |                        |
| 3 Point bend                  | 178                       | Flexural stress                  | -5° C       | Mpa               | 21.2                   |
|                               |                           | Bending e-modulus                |             |                   | 1,289                  |
|                               |                           | Flexural stress                  | 23° C       |                   | 11.6                   |
|                               |                           | Bending e-modulus                |             |                   | 581                    |
|                               |                           | Flexural stress                  | 65° C       |                   | 4.6                    |
|                               |                           | Bending e-modulus                |             |                   | 162                    |
| Tensile                       | 527-2                     | Strength                         |             | Mpa               | 9.65                   |
|                               |                           | Tensile e-modulus                |             |                   | 659                    |
|                               |                           | Elongation                       |             | %                 | 13.8                   |
| Timed tensile                 | 899-1                     | Tensile e-modulus                | 1 Hour      | Mpa               | 316                    |
|                               |                           | Tensile e-modulus                | 24 Hours    |                   |                        |
|                               |                           | Tensile e-modulus                | 100 Hours   |                   | 202                    |
| Timed 3 point bend            | 899-2                     | Bending e-modulus                | 1 Hour      | Mpa               | 380                    |
|                               |                           | Bending e-modulus                | 24 Hours    |                   | 271                    |
|                               |                           | Bending e-modulus                | 100 Hours   |                   | 235                    |
| Pressure characteristics      | 604                       | Compression strength             | 1% Stretch  | Mpa               | 1.8                    |
|                               |                           |                                  | 2% Stretch  |                   | 3.3                    |
|                               |                           |                                  | 10% Stretch |                   | 13.3                   |
|                               |                           |                                  | 20%Stretch  |                   | 18.2                   |
|                               |                           | Pressure e-modulus               |             |                   |                        |
| Charpy test                   | 179                       | Impact resistance                |             | Kj/m <sup>2</sup> | 412                    |
| Impact shore hardness         | 868                       | Shore hardness                   |             |                   | 53                     |
| Density test                  | 1183-1                    | Density                          |             | G/cm <sup>3</sup> | 1.0062                 |
| Water absorbtion              | 62                        | 23° C, 50%r.L                    |             | %                 | <1                     |
|                               |                           | 23° C in water                   |             |                   | <1                     |
|                               |                           | 100° C in water                  |             |                   | <1                     |
| Resistance                    | 60093 <sup>4</sup>        | Surface resistance               |             | Ω                 | 3.2 X 10 <sup>13</sup> |
|                               |                           | Specific surface resistance      |             |                   | 3.2 X 10 <sup>14</sup> |
|                               |                           | Flow/contact resistance          |             |                   | 9.0 X 10 <sup>13</sup> |
|                               |                           | Specificflow/contact resistance  |             |                   | 4.5 X 10 <sup>14</sup> |
| Ball striking test            | 2039-1                    | Ball striking hardness           |             | N/mm <sup>2</sup> | 18.44                  |
| Thermal expansion             |                           | Coefficient of thermal expansion |             | 1/°C              | 0.00018993             |
| Screw pull out force          |                           | Drilled material                 |             | N                 | 7,500                  |
|                               |                           | Non pre-drilled                  |             | N                 | 7,500                  |

A photograph showing the installation of Millboard decking on a roof terrace. The decking consists of light-colored wooden planks laid over a black metal grid system supported by black plastic spacers. A small tree is planted in a planter box on the terrace. The background shows a building with large glass windows.

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