



Baby Bearded Dragon Care Guide

Presented by Custom Creatures Pet Shop

Basic Info

Species: *Pogona vitticeps*

Lifespan: 8-12 years

Adult Size: 18-24 inches

Native Habitat: Arid regions of Australia

Temperament: Generally friendly, docile, and interactive

Enclosure Setup

Tank Size:

- Start with a 20-gallon long minimum
- Upgrade to 40 gallons or larger as they grow

Lighting & Heating:

- UVB light: Required 10-12 hours daily (ReptiSun 10.0 T5 recommended)
- Basking spot: 105-110°F
- Cool side: 75-85°F
- Night temps: Can drop to 65-70°F
- Use a ceramic heat emitter if temps drop too low

Substrate:

- Babies: Use paper towels, reptile carpet, or tile

- Avoid loose substrates like sand to prevent impaction

Décor & Enrichment:

- Include basking rocks, branches, and hides
- Keep layout simple at first so they can find food easily

Diet & Feeding

Feeding Frequency:

- 3-5 times daily for babies under 4 months

Primary Foods:

- Live insects (70-80% of diet):
 - Small dubia roaches, pinhead crickets, black soldier fly larvae
 - Feed only insects smaller than the space between their eyes
- Fresh greens & veggies (20-30% of diet):
 - Collard, mustard, and dandelion greens
 - Shredded carrot, squash, bell peppers

Supplements:

- Calcium with D3: 5x/week
- Multivitamin: 2x/week
- Lightly dust insects - avoid overcoating

Water & Hydration:

- Mist lightly or offer water droplets on the nose
- Provide a shallow dish (though many won't use it)
- Occasional warm baths (5-10 minutes) can help with hydration and shedding

Handling & Behavior

Socialization:

- Handle gently and regularly once settled (after a few days)
- Support their full body - avoid grabbing from above

Shedding:

- Babies shed frequently - do not peel shedding skin
- Humidity around 30-40% is ideal

Signs of Stress or Illness:

- Lack of appetite, lethargy, closed eyes, tail twitching, or black beard
- Contact a reptile vet if symptoms persist

Supplies Checklist

- Enclosure (20-40 gallons or more)
- Basking light & UVB bulb
- Digital thermometer or temp gun
- Calcium & multivitamin powder
- Feeding tongs & insect keeper
- Fresh greens & insect supply
- Reptile-safe disinfectant

Contact Us

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We're here to help!