

## Youth group FAQs

What can my youth come to?

Mostly everything! We love to have 6<sup>th</sup>-12<sup>th</sup> grade in Sunday School. We do break up our grades, like for EYC or retreats, but there is normally something offered for every grade.

What's DIVE?

DIVE is program for High Schoolers to dive deeper into their thoughts and beliefs. They normally meet in the youth room and talk about a topic assigned for the month. They meet twice a month.

What is Sunday School?

Sunday School is offered during the coffee hour at 10:00. We meet in the youth room and talk about something from the bible. We have a curriculum that builds on each week, but it's okay if you miss some weeks, we'll catch you up.

What's EYC?

EYC, or Episcopal Youth Community, is the group that meets on Sunday Evenings. Middle School meets from 4-5:30. We play games and have a little discussion. At 5 we eat a snack together with our high school friends. High School EYC meets from 5-6:30.

What should my youth bring for a snack?

It can be anything! It's a lot like a happy hour. They can bring enough to share with others or just something they'd like. We can keep things in the fridge, and heat things up in a microwave or an oven.

What's Confirmation?

We believe that confirmation is a person's mature and public profession of faith. A lot of youth are baptized as infants, which means their parents take the vows on behalf of the child. Confirmation allows the youth, or adult, to make a mature profession of their faith. Confirmation allows the youth to decide that they want to be Christian, and to follow the ways of the Episcopal Church. St. Teresa's offers a yearlong class to learn about faith, the Episcopal Church, and to encourage the youth to learn more about their own thoughts. Youth will even be paired with a mentor to help the process. Meg or Rev. Deby are available to answer more questions about the process, history, curriculum or any other questions about Confirmation.

When can my youth be confirmed?

Whenever your youth thinks they are ready to be confirmed is when they should start the process. This is typically in 8<sup>th</sup> or 9<sup>th</sup> grade. Our class is yearlong. The youth don't have to get confirmed at the end, that's part of learning what they believe. Our youth will get confirmed by the bishop at the Cathedral in late Spring.