



Hydro Air Physical Therapy Service and Pricing Guide

Signature Services

These 1:1 sessions with your PT may include initial evaluation, return to work/sport (therapy and doctor's note), vestibular rehab, post-op care, gait training, posture/flexibility/strength assessment, pain management, scar tissue mobilization, lymphedema management, blood flow restriction (BFR), neuro re-education (CVA, Parkinson's, balance, etc.), injury rehab/prevention, and fall prevention.

Session Type	Cost	Session Time	Note
Quick Visit (requires prior evaluation)	\$59	~15 min	May include any one of the following: Stretching, STM, Cupping, Scraping, Ultrasound, E-Stim, Kinesiotaping, or Dry Needling.
30-Minute Session	\$99	30 min	Ideal for lower complexity/straightforward conditions.
60-Minute Session	\$189	60 min	Longer time for more comprehensive treatment.
Shockwave Therapy (Storz Duolith SD1)	\$299	~10 min	Per session price & not included within standard PT visit.

Dr. Petersen's Accelerated Recovery Protocol -

Value >\$3,500, Non-Member Price \$2,399, Lab VIP Member Price \$1,799

Ideal for those who are serious about recovery and want to expedite** healing times. Includes 1 month of comprehensive, in-depth, and focused treatment geared towards specific functional goals. Dedicated time commitment required. Treatment involves 3 weekly 30-Minute PT sessions, 1 weekly shockwave session, 2 weekly red light sessions, list of therapeutic exercises, regular cryotherapy or contrast plunge, and other PT modalities for 1 month. **Total weekly commitment = ~2.5 hours**

Annual PT Maintenance Plan - Value \$1,100, Only \$899/Yr

Ideal for those who want to keep their physical function and mobility in peak condition. Similar to a dental checkup but for your functional mobility, strength, & flexibility. Includes 2 annual 1-hour PT visits, 1 quick (15 min) visit per month, and as needed video/phone or messaging consultation. Grants an additional 5% discount towards PT services & bundles.

*Discounts & Bundles

Discount Type	Details
5-Session Bundle	5% discount when bundling 5 sessions of any single service (e.g., 5 x Dry Needling sessions).
10-Session Bundle	10% discount when bundling 10 sessions.
Military/First Responder/Healthcare Worker	5% discount on PT services & bundles

To register and schedule a **FREE** consultation, scan below:



You may also call/text (480) 716-3026 or visit HydroAirPT.com for more info.
Walk-ins welcome at 3341 E Queen Creek Rd. Ste 103, Gilbert, AZ 85297.

**Discounts may not be combined with other offers and discounts. Some discounts are not automatically applied when purchasing sessions or bundles. Please inform your cashier of a qualified discount prior to checkout.*

***Results are not guaranteed. The amount of recovery is highly dependent on diagnosis and prognosis.*