



# Hydro Air Physical Therapy Service and Pricing Guide

## A La Carte Services

Quick, focused treatments. Requires a prior PT Initial Evaluation and/or consultation.

Service	Cost	Session Time	Note
Quick Visit	\$59	~15 min	May include any one of the following: Stretching, Massage, Cupping, Scraping, Ultrasound, E-Stim, Kinesiotaping, & Dry Needling.
Shockwave Therapy (Storz Duolith SD1)	\$299	~10 min	Per session price & not included within standard PT visit.

## Standard PT Visit

These are comprehensive 1:1 patient treatment sessions with your physical therapist and can incorporate any of the above treatments except for Shockwave (individually priced). May also include initial evaluation, return to work/sport (therapy and doctor's note), vestibular rehab, post-op care, gait training, posture/flexibility/strength assessment, pain management, scar tissue mobilization, lymphedema management, blood flow restriction (BFR), neuro re-education (CVA, Parkinson's, balance, etc.), injury rehab/prevention, and fall prevention.

Session Type	Cost	Session Time	Note
30-Minute Session	\$99	30 min	Ideal for lower complexity/straightforward conditions.
60-Minute Session	\$189	60 min	Longer time for more comprehensive treatment.

## Dr. Petersen's Accelerated Recovery Protocol -

**Value >\$6,000, Non-Member Price \$3,599, Lab VIP Member Price \$2,999**

Ideal for those who are serious about recovery and want to expedite\*\* healing times. Includes 1 month of comprehensive, in-depth, and focused treatment geared towards specific functional goals. Rigorous time commitment required. Treatment involves 3 weekly 1-hr PT sessions, 1 weekly shockwave session, 4 weekly red light sessions, strict adherence to exercises, regular cryotherapy or contrast plunge, and other modalities for 1 month.

## Annual PT Maintenance Plan - Value \$1,100, Only \$899/Yr

Ideal for those who want to keep their physical function and mobility in peak condition. Similar to a dental checkup but for your functional mobility, strength, & flexibility. Includes 2 annual 1-hour PT visits, 1 quick (15 min) visit per month, and as needed video/phone or messaging consultation. Grants an additional 5% discount towards PT services & bundles.

### \*Discounts & Bundles

Discount Type	Details
5-Session Bundle	5% discount when bundling 5 sessions of any single service (e.g., 5 x Dry Needling sessions).
10-Session Bundle	10% discount when bundling 10 sessions of any single service.
Military/First Responder/Healthcare Worker	5% discount on PT services & bundles

Call/text (480) 716-3026 or visit [HydroAirPT.com](http://HydroAirPT.com) for more info.

*\*Discounts may not be combined with other offers and discounts. Discounts are not automatically applied when purchasing sessions or bundles. Please inform your cashier of a qualified discount prior to checkout.*

*\*\*Results are not guaranteed. The amount of recovery is highly dependent on diagnosis and prognosis.*