

ABOUT LSU AGCENTER HEALTHY COMMUNITIES

Healthy Communities is an LSU AgCenter program that makes Louisiana towns healthier places to live, work, and play. Local residents decide what the important issues are and come up with possible solutions. The community works together to make healthy foods accessible and affordable, and ensure that outdoor physical activity is safe, accessible, and fun for all!

HOW WE IMPROVE NUTRITION ENVIRONMENTS

- Implement healthy retail programs with food retailers.
- Work with communities to establish and/or promote farmers' markets.
- Work with partners to establish healthy food guidelines and food preparation techniques.
- Provide expertise regarding consumer marketing and acceptance of SNAP and WIC vouchers.
- Work with schools, early childcare providers, and churches to establish healthy nutrition standards.
- Provide nutrition education to community members.
- Produce educational nutrition and recipe videos.
- Work with community leaders to improve the local food environment.



HOW WE IMPROVE PHYSICAL ACTIVITY ENVIRONMENTS

- Paint physical activity stencils at parks, playgrounds, and schools.
- Develop local Complete Street plans.
- Paint crosswalks in locations with heavy pedestrian traffic.
- Enhance routes to everyday destinations. This may include providing benches, lighting, trees along pedestrian routes that connect more than one destination (school, library, grocery store, etc.)
- Enhance existing assets like parks and playgrounds.
- Wayfinding, safer parking, and much more!



FOR MORE INFORMATION

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The LSU AgCenter and LSU provide equal opportunities in programs and employment. Visit our website: www.LSUAgCenter.com.